

# Breakfast Menu

- Goat's Breakfast \$16  
2 Poached eggs, Goats baked beans, chorizo, wilted spinach & fetta loaf
- the Trainer's Breakfast (no carbs) \$14  
2 Poached eggs, mushrooms, wilted spinach & the Goat's baked beans
- Brekkie Special \$14  
2 Poached eggs on Sourdough, Tomato & Avocado with basil oil
- Brekkie Burrito \$12
  - Bacon, egg, cheese with spinach and tomato relishOr
  - Field mushroom, spinach, cheese, avocado and egg
- Brekkie Bagels (white or wholemeal) \$12
  - Smoked ham, egg and cheese with spinach and tomato relishOr
  - Smoked salmon, spinach, avocado and tomato
- Eggs on toast (Poached, Scrambled or Fried) \$13
  - Extras
    - Bacon \$5
    - Fetta cheese & dukkah \$5
    - Goat Beans \$6
    - Smoked salmon \$6
    - Ham \$5
    - Mushrooms \$4
    - Avocado \$4
    - Tomato \$3
- Croissant with smoked ham and cheese \$9
  - Plain \$4.5
- Toast \$4 per serve - Sourdough  
\$4.5 per serve - Rye  
\$4.5 per serve - Gluten free
- Fruit Toast \$4.5
- Bircher Muesli \$13

