

# Breakfast Menu

'Golden door' health muffin- No dairy, sugar or egg	5.0
Sourdough toast w. honey, jam, marmalade, peanut butter or vegemite	6.0
"Noisettes" fruit toast w. jam or butter	7.0
Porridge with poached seasonal fruit, maple & crunchy nut topping	9.5
Pancakes made thin with banana, honey & ice-cream	10.5
Bircher muesli, seasonal fruit, yoghurt & crunchy nut topping	9.5
Egg & Bacon Roll On Toasted Turkish Bread Roll	12.5
Eggs on toast- poached, scrambled or fried	8.5
Egg white omelette or egg omelette with spinach, Parmesan & fresh herbs	13.5
Avocado, feta, roasted tomatoes & basil on multigrain	13.5
Smashed avocado w. a poached egg & gremolata on toast	13.5
'The salmon stack' a hash brown <u>w</u> roquet, smoked salmon a soft poached egg drizzled with balsamic mayonnaise	16.0
'The DISH BIG brekkie' -2 eggs (poached/fried /scrambled) with bacon ,mushrooms, tomatoes ,spinach & chipolatas on toast	19.5

## Sides:

spinach/ mushrooms/ tomatoes	3.5
Bacon/avocado/smoked salmon/goats cheese/hash brown chipolatas/ additional egg	4.5

\*Half serves are available for \$1.00 less the original price.

\*Served until 12.00 pm mid- week and 1.00pm on Saturdays

\*Gluten free toast available for breakfasts add \$1.00 per slice