

Breakfast

Homemade Haloumi Hash	19
<i>baby spinach, bacon and two poached eggs with house relish on lightly toasted organic sourdough</i>	
Sweet corn and lentil fritters	19
<i>beetroot cured salmon and avocado salsa</i>	
Blueberry and Ricotta hot cakes	14
<i>maple syrup, strawberries and ice cream</i>	
Breakfast Burger	12
<i>baby spinach, tomato, cheese, fried egg, bacon, hashbrown and bbq sauce</i>	
Eggs Benedict	
<i>two poached eggs, baby spinach with ham on organic sourdough</i>	14
<i>or bacon</i>	15
<i>or smoked salmon</i>	16.5
Eggs fried, scrambled or poached on toast with choices of sides	7.5
- extra toast	2
- grilled tomatoes	3
- hashbrown	3
- smoked salmon	4
- grilled haloumi	4
- bacon	4
- extra egg	2.5
- sautéed spinach	2.5
- ham	3.5
- avocado	3.5
- sautéed mushroom	3.5
Toasted or Bircher Muesli with poached pear and yoghurt	10
Sourdough Toast	4.5
<i>(white, rye, quinoa & soya bean) served with jam, vegemite or peanut butter</i>	
Spelt and Honey Banana Bread served toasted with butter	4.5



Bacon & Eggs with house relish on a lightly toasted roll

9



CUP HALF FULL
— SURRY HILLS —

Lunch

(all burgers and sandwiches served with choice of salad or chips +3)

Lemon Pepper Prawn Linguini

18

fresh grilled prawns, lemon, pepper and garlic tossed with linguini in chicken broth and white wine

Falafel Burger

11

cos lettuce, tabouli and homemade eggplant puree

Beef Burger

12

homemade beef patty, fried egg, cheese, beetroot, lettuce, fresh tomato and house relish on lightly toasted milk bun

Chicken Burger

12

freshly grilled chicken breast fillet, avocado, lettuce, fresh tomato and homemade sweet chilli mayo on lightly toasted milk bun

Steak Sandwich

13

scotch fillet steak, caramelised onions, cheese, lettuce, fresh tomato and bbq sauce

Porkbelly Sandwich

10

crispy pork belly slices, homemade coleslaw

Quinoa and Brown Rice Salad

14.5

brown, white quinoa, seasonal vegetables and a poached egg

Haloumi and Poached Chicken Salad

15.5

mixed leaves, cherry tomatoes, avocado, snow peas and homemade citrus dressing



CUP HALF FULL
— SURRY HILLS —

Beverages

Coffee (extra shot, soy, decaf, syrup, honey + 50c)

Milk	small: 3.3	large: 3.8	(house blend)
Black	small: 3.3	large: 3.8	(single origin)
Hot Choc, Mocha	small: 4	large: 4.5	

Tea by Teacraft 4

Blends

Masala Chai – *authentic Indian spiced tea, ground & hand crushed spices*

Good Morning – *a unique blend of Yunnan Red, Assam & Ceylon Orange Pekoe*

Earl Grey Blueflower – *Ceylon infused with bergamot fruit oils & blue cornflower*

Green

Silver Jasmine – *silver tipped young jasmine tea plants gives a sweet fragrant scent*

Dragon Well – *hand pressed to give the spear-like form, savoury taste of chestnuts*

Herbal

Heal – *healing blend of calendula petals, lemongrass, ginger, mint & fennel seeds*

Digestif – *organic peppermint, organic spearmint, fennel seeds & lavender*

Chamomile – *nerve easing organic chamomile, promotes calm & ease digestion*



CUP HALF FULL
— SURRY HILLS —

Cold Pressed Juices 7

- Green Starter *lime, apple, kiwifruit, pineapple*
- Blood Cleanser *celery, carrot, beetroot, spinach, lemon, ginger*
- Orange Juice
- Watermelon

Smoothies 6.5

- Banana and Ginger *banana and ginger makes a good “queezies” remedy*
- Very Berry *energy packed smoothie involving all kinds of berries*
- Watermelon Wonder *watermelon is everyone’s summer favourite*
- Muesli *toasted muesli, banana, yoghourt*

Milkshakes 5

- Chocolate, Vanilla, Caramel, Banana

Soft Drinks 3.5

- Coke, Diet Coke, Coke Zero
- Lemon Lime and Bitters
- Sparkling



