

## Breakfast 8am - 11am

(Saturday 8am – 12pm)

## Eggs on Q

Scrambled, poached or fried free range eggs served with toasted sourdough, butter & our home-made chilli tomato jam

\$12 (GFO)

## Big Breakfast

Scrambled, poached or fried free range eggs, bacon, grilled tomato, grilled field mushrooms & chorizo with toasted sourdough, butter & our home-made chilli tomato jam

\$18 (GFO)

### French Raisin Toast

Wild Rye's fruit & nut bread, ricotta, toasted walnuts and mixed berries drizzled with organic local honey

\$12

**(V)** 

We suggest bacon or caramelised banana for \$3.50 extra

#### Avocado and Danish Smash

Poached egg, Avocado, Danish feta, sautéed spinach on sourdough

\$12

**(V)** 

GF add .50c

### Raisin, Sourdough or Gluten free toast

With your choice of home-made berry jam, vegemite, organic local honey or crunchy peanut butter

\$6

GF add .50c

### Add me on!

Avocado, bacon, sautéed mushrooms, sautéed spinach, grilled tomatoes, ham, smoked salmon, grilled chorizo

Add \$3.50 each

# Check out our Blackboard for Daily Specials

Please Order and Pay at Counter

Legend: V: Vegetarian, VG: Vegan, GF: Gluten free, GFO: Gluten Free Option available

## Lunch 11.15am – 2.30pm

## Soup of the Day

Served with a warm mini Panini roll

\$10

Takeaway \$8.5

## Lentil & Chickpea Burger

Lentil & chickpea patty served on a toasted Panini with charred capsicums, Danish feta, hummus, caramelised Spanish onions, baby spinach, zesty lemon Greek yoghurt & our home-made beetroot & pickled ginger relish

Takeaway \$15 (V, VGO)

## Also available as a salad \$18 Eat in or \$15 Takeaway (GF, V, VGO)

## Steak Sandwich

Tender rump steak, horseradish mayonnaise, grilled tomato, grilled mushrooms, rocket, hummus, caramelised Spanish onions on a toasted Panini served with a garden salad & our home-made chilli tomato jam

\$18

Takeaway \$15 (GFO)

### Herb Crusted Ling

Oven baked macadamia & herb crusted ling fillet served with our hand-cut oven baked potato wedges, garden salad & a homemade samphire tartare

\$18

(GF)

### Chicken and Blackberry Salad

Free-range chicken breast, Danish feta, roasted beetroot, candied walnuts, Roquette, spinach and dressed with a blackberry & balsamic reduction

\$15

(GF)

### Classic Caesar

Cos lettuce, croutons, parmigiana Reggiano, bacon, poached egg and a homemade Caesar dressing

\$15

(GF)

Add Chicken or Smoked salmon for \$3.50 extra

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## **Gourmet Sandwiches**

Sourdough, Panini Roll or Wrap \$9 Gluten free bread add .50c

#### Gourmet Ham

### **Gourmet Chicken**

horseradish mayonnaise

Roquette, Swiss cheese, caramelised onion & Avocado, grilled bacon, spinach & honey garlic mayonnaise

## Gourmet Roast Pumpkin

Danish feta, charred capsicum, baby spinach & hummus

## Make Your Own

Three fillings \$6.5 extra fillings add .50c each

Ham, Chicken breast, Smoked Salmon, Cheddar Cheese, Tomato, , Lettuce, Spanish onion, Spinach, Roquette, Avocado Cucumber, Carrot, Capsicum, Pineapple

## Kids Menu

(Ages up to 12 years only)

Homemade Chicken Nuggets and Wedges \$7.5

Homemade Ling Fish Fingers and Wedges \$7.5

Spaghetti in a Classic Italian Napoletana Tomato Sauce \$7.5 (V) (GFO)

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