

## All day Breakfast

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### **Bruschetta Eggs:**

Fresh cherry tomato bruschetta with 2 poached eggs,  
on a tomato reduction and balsamic drizzle. Served with grilled focaccia \$ 14.-

### **Eggs Parma:**

Two poached eggs with Prosciutto di Parma,  
marinated white anchovy and a rocket parmesan salad. Served with toast. \$ 16.-

### **Avocado Smash:**

Chunky avocado smashed with Persian feta & preserved lemon  
on a slice of 7 whole grain bread. \$ 11.50

**Optional:** Add two poached eggs \$ 4.50

### **Free Range Egg's Your Way:**

Poached, Scrambled or Fried on toast:  
multigrain, sourdough or gluten free. \$ 10.-

**Sides:** *grilled tomato, field mushroom, baby spinach.* \$ 3.-  
*bacon, avocado, pork & fennel sausage.* \$ 4.-

**Toast** with condiments. \$ 6.-

**Fruit Toast** with condiments. \$ 7.50

### **Flip Shelton Organic Bircher Muesli:**

with yoghurt and spiced apple syrup. \$ 10.50

### **11:11 Toasted Muesli**

with yoghurt and spiced apple syrup. \$ 10.50

**Optional: 11:11** gluten free muesli

### **Flip Shelton Organic Fruit and Nut Porridge:**

with fresh banana and honey. \$ 10.50

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Kitchen closed at 15:00 on weekdays

## Lunch (from 11:00)

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### **Caesar Salad:**

Baby cos lettuce leaves, parmesan, croutons & creamy caesar dressing.  
Topped with baked chicken, crisp pancetta, capers, anchovies & a poached egg. \$ 17.50  
Vegetarian option. \$ 12.50

### **Croque Monsieur:**

French style fried toastie, with free range corned beef and mustard béchamel.  
Topped with a fried egg and gruyere cheese. \$ 16.50

### **Caprese Salad:**

Fresh tomato, basil & buffalo mozzarella,  
finished with extra virgin oil and a balsamic reduction & Murray river pink salt. \$ 12.-

### **Rigatone Bolognese:**

Rich veal & beef Bolognese with fresh basil and pecorino cheese. \$ 16.90

### **Spicy Calamari:**

Warm, spicy calamari & rocket on eggplant carpaccio. \$ 14.90

### **Pulled Pork Sliders:**

18 hour slow cooked pulled pork, with fresh coleslaw.

1 slider with chips \$ 9.-

2 sliders with chips \$ 15.-

### **Bowl of Chips.** \$ 4.50

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## Quick bite, available all day

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### **Egg & Bacon Roll:**

Free range egg and bacon. \$ 6.-

### **Yoghurt Berry Muesli cup:**

Normal Muesli, or Gluten Free Muesli. \$ 4.50

### **Lasagne:**

Meat or vegetable option. \$ 7.50

### **Focaccias:** (ask staff for options)

Two meat options and one vegetable. \$ 10.40

### **Wrap:**

Pumpkin and Chicken whole. \$ 8.50

half a wrap. \$ 4.50

### **Shepherd's Pie:**

Mince, Mushroom and Mash. \$ 10.50

### **Croissant:**

Ham and Cheese, or Cheese and Tomato. \$ 7.50

### **Toasties:**

On Multigrain or Sourdough

Ham Cheese Tomato. \$ 8.50

Ham Cheese, or Cheese Tomato. \$ 7.50

### **Salad:** (ask staff for options)

meat option. \$ 10.50

vegetable. \$ 9.50

or mixed. \$ 10.-

### **Soup of the Day:**

served with a bread roll. \$ 9.50

## Drinks

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### **Fresh squeezed orange juice.** \$ 6.-

### **Cold Pressed Supagreens.** \$ 6.-

Kale, Cucumber, Green Capsicum, Cos Lettuce,  
Cloudy Apple and Lemmon Juice

### **Noah's Creative Juice.** \$ 6,-

- Apple, Peach, Kiwi fruit, Mango, Lime Juice Smoothie.

- Carrot, Apple, Ginger Veggie Juice.

### **SOHO organic juice.** \$ 4.20

- Orange Passion fruit Mango

- Cloudy Apple Juice

- Orange Juice

- Cola

- Lemonade

- Ginger Beer

- Passionfruit Sparkling

- Blood Orange Sparkling

- Pink Grapefruit Sparkling

### **SOHO sparkling mineral water.** \$ 3.70

### **HIGH LOW pure spring water** 600ml. \$ 3.50

### **Cocobella Coconut Water.** \$ 4.20

- Straight up, or Guave

### **Diet Coke / Coke Zero.** \$ 3.50

### **Beer and Cider** (bottles)

- Pale Ale \$ 8.-

- Light beer \$ 6.50

- Imported beer \$ 8.50

- Apple or Pear cider \$ 9.-

### **Wine** (glass / bottle)

- Marlborough Sauvignon Blanc \$ 8.- / 37.50

- Barossa Valley Shiraz \$ 8.50 / 40.-

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