

DRINKS MENU

7 DAY MENU SERVED DAILY

COFFEE			CHOCOLATE		
	 CUP	 MUG	 MEGA MUG		 MUG
Cappuccino	3.70	4.30	6.90	Hot Chocolate	4.20
Flat White	3.70	4.30	6.90	Gourmet Hot Chocolate	4.50
Mocha	3.70	4.30	6.90	Orange & Cinnamon	4.50
White Chocolate Mocha	3.70	4.30	6.90	Coconut	4.50
Latte	3.70	4.30	6.90	Mint	4.50
Chai Latte	3.70	4.30	6.90		
Espresso	3.70	4.30	6.90		
Long Black	3.70	4.30	6.90		
Macchiato	3.90				
(Traditional or Topped Up)					
Baby Chino	2.50				
TEA			MILKSHAKES		
	 POT FOR 1	 POT FOR 2		 TALL	 LARGE
English Breakfast	4.00	7.50	Chocolate, Strawberry, Banana, Vanilla, Spearmint, Caramel or Lime	6.00	7.00
Earl Grey	4.00	7.50			
Green	4.00	7.50			
HERBAL TEA			KIDS MILKSHAKES		
	 CUP	 CUP		 TALL	
Lemon & Ginger	4.50	Darjeeling 4.50	Chocolate, Strawberry, Banana, Vanilla, Spearmint, Caramel or Lime	4.00	
Ginger Twist	4.50	Organic Detox 4.50			
Chamomile Citrus	4.50	Organic Green 4.50			
White Orchard	4.50	Melon Peach 4.50			
			THICKSHAKES		
				 TALL	 LARGE
			Chocolate, Strawberry, Banana, Vanilla, Spearmint, Caramel or Lime	6.00	8.00
			ICED DRINKS		
				 TALL	 LARGE
			Iced Coffee	6.50	8.50
			Iced Chocolate		
			Iced Mocha		
			ORANGE JUICE		
				 SMALL	 TALL
				2.50	3.50
			A variety of refrigerated soft drinks are available in store.		



SUNRISE BREAKFAST MENU

7 DAY MENU SERVED DAILY FROM 7AM

White Toast	4.50	Eggs Benedict	16.90
<i>with butter & the choice of either jam, honey, vegemite or peanut butter</i>		<i>toasted turkish bread topped poached eggs, bacon, spinach & drizzled with hollandaise sauce</i>	
Fruit, Rye or Turkish Toast	4.90	Tassie Benedict	18.90
<i>with butter & the choice of either jam, honey, vegemite or peanut butter</i>		<i>toasted turkish bread topped with poached eggs, tasmanian smoked salmon, spinach & drizzled with hollandaise sauce</i>	
Toasted Croissant	6.00	Scrambled Eggs	18.90
<i>with butter & the choice of either jam, honey, vegemite or peanut butter</i>		<i>with smoked salmon, avocado & rye toast</i>	
Ham and Cheese Croissant	7.90	Vegan Special	16.90
Pancake Stack	15.50	<i>pan fried mushroom,grilled zucchini,aubergine,tomato & fresh spinach leaves, served with toast & OJ</i>	
<i>with seasonal fruits, maple syrup & whipped cream</i>		Lu Lu's "Veg Out"	18.90
<i>with wild berries, maple syrup & whipped cream</i>		<i>eggs, tomato, mushrooms, hash browns, baby spinach, baked beans toast & the choice of a coffee, tea or OJ</i>	
<i>with sliced bananas, maple syrup & whipped cream</i>		Medium Breakfast	13.90
American Pancake Stack	17.50	<i>bacon, eggs, sausage, tomato & toast</i>	
<i>with bacon, banana, hash browns, maple syrup & whipped cream</i>		Breakfast Special	18.90
Health Breakfast	12.00	<i>bacon, eggs, sausages, tomato, mushrooms, hash browns, toast & the choice of a cup of coffee, tea or OJ</i>	
<i>greek yoghurt & gremolata served with a side of seasonal fruit & glass of OJ</i>		Mega Breakfast	24.00
Egg on Toast	7.90	<i>bacon, eggs, sausages, tomato, mushrooms, hash browns, beans, black pudding, extra toast & the choice of a mug of coffee, tea or OJ</i>	
<i>poached or fried egg on toast</i>		The WORKS Breakfast	29.50
Scrambled Egg on Toast	10.90	<i>bacon, eggs, sausages, tomato, mushrooms, hash browns, beans, black pudding, extra toast, steak, chips, extra bacon & the choice of a mega coffee, tea or OJ</i>	
Bacon, Eggs and Toast	10.90		
Toasted Bacon & Egg Sandwich, Roll, or Bagel	9.00		
<i>with BBQ or tomato sauce</i>			
Breakfast Burger	15.90		
<i>bacon, tomato, hash browns, fried egg, spinach & aioli, skewered between toasted turkish bread</i>			
Breakfast Bruschetta	17.90		
<i>2 tiers of garlic bread topped with a tasty concoction of vine ripened tomatoes,fresh basil,sweet red onion & parmesan cheese, drizzled with balsamic glaze & finished with a poached egg and bacon</i>			

EXTRAS

<i>Jam,Honey,Vegemite</i>	<i>1.00 ea</i>
<i>Grilled Tomato</i>	<i>1.50</i>
<i>Baked Beans</i>	<i>2.50</i>
<i>Avocado</i>	<i>2.50</i>
<i>Mushrooms</i>	<i>3.00</i>
<i>Sausages or Hash Browns</i>	<i>3.00</i>
<i>Bacon, Black Pudding or Baby Spinach</i>	<i>4.50</i>
<i>Smoked Salmon</i>	<i>5.50</i>

LITTLE LU LU'S

Little Lulu's Breakfast	10.00
<i>eggs - scrambled, fried or poached, bacon, sausage & toast</i>	

HUNGER PANGS LUNCH MENU

7 DAY MENU SERVED DAILY FROM 12 NOON

TO SHARE

Garlic Bread	6.50
<i>3 slices buttery garlic toasts</i>	
Cheesy Garlic Bread	7.50
<i>3 slices of buttery garlic toasts topped with cheese</i>	
French Fries	7.50
<i>with your choice of sauce - tomato, BBQ or gravy</i>	
Seasoned Wedges	9.50
<i>with sweet chilli sauce & sour cream</i>	
Bruschetta	14.50
<i>garlic bread topped with a tasty concoction of vine ripened tomatoes, fresh basil, sweet red onion, parmesan cheese & drizzled with balsamic glaze</i>	

SALADS

Classic Caesar Salad	17.00
<i>baby cos, bacon, shaved parmesan, poached egg, croutons & smothered in creamy caesar dressing</i>	
<i>with grilled chicken</i>	<i>22.00</i>
<i>with garlic prawns, salmon or squid</i>	<i>23.00</i>
Thai Beef Salad	18.50
<i>pan seared beef with asian greens, vermicelli noodles & a fragrant thai dressing</i>	

PASTA

Chilli Prawn Fettuccini	24.00
<i>pan fried chilli prawns tossed through a chilli infused olive oil on a bed of fettuccine</i>	
Bucatini Pollo el Pesto	23.00
<i>pan fried chicken served with bucatini tossed with fresh basil pesto, finished with shaved parmesan & olive oil</i>	

SEAFOOD

Creamy Garlic Prawns	24.00
<i>lightly sautéed prawns in a creamy garlic sauce served with steamed jasmine rice, wilted spinach & crispy vermicelli noodles</i>	
Lemon Pepper Squid	18.50
<i>lightly dusted in lemon pepper & fried, served with salad & chips</i>	
Salt & Pepper Squid	18.50
<i>lightly dusted in salt and ground black pepper & fried, served with salad & chips</i>	
Fish & Chips	18.00
<i>beer battered fish & chips served with salad & tartare sauce</i>	
Fish of the Day	23.00
<i>grilled fish of the day served with chips, salad & tartare sauce</i>	
<i>add prawns or calamari</i>	<i>28.00</i>

CHICKEN

Chicken Schnitzel	23.00
<i>served with chips, garden salad & mushroom sauce</i>	
Chicken Stack	17.90
<i>grilled chicken breast, bacon, lettuce & vine ripened tomato, egg, aioli & tomato relish layered between toasted vienna bread, served with fries</i>	

LU LU'S BURGER SELECTION

<i>all burgers served with fries</i>	
Beef Burger	14.90
<i>with caramelised onions, lettuce & tomato</i>	
Beef Burger Deluxe	17.90
<i>with caramelised onions, egg, cheese, bacon, lettuce, tomato, aioli, tomato relish</i>	
Chicken Burger	17.90
<i>chicken breast with cos lettuce, tomato, bacon, aioli & tomato relish</i>	
Foreshore Fish Burger	17.00
<i>battered fish of the day with aioli, tomato, and lettuce & tartare sauce</i>	
Veggie Burger	15.90
<i>grilled eggplant, zucchini,field mushroom, avocado, tomato, brie, aioli, tomato relish</i>	
Open Steak Sandwich	21.50
<i>scotch fillet on toasted turkish bread with onion, cheese, tomato, aioli, bacon,egg gourmet lettuce & tomato relish</i>	

LITTLE LU LU'S

Grilled Chicken Tenderloin	12.50
<i>with chips, salad & a pop drink</i>	
Sausage	12.50
<i>with chips, salad & a pop drink</i>	
Battered Fish	12.50
<i>with chips, salad & a pop drink</i>	
Steak	12.50
<i>with chips, salad & a pop drink</i>	

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