

HOT DRINKS

COFFEE

Genovese Super Brazil

latte	reg	1ge	
flat white	3.80	4.80	
cappuccino			
mocha			
short black			
long black			
piccolo	extra shots	.50	
macchiato	decaf	.20	

TEA by SerendipiTea

	for one	4.50
	for two	6.50
Bard's Tempest (English Brkfst)		
Earl Grey		
Organic Mint		
Chamomile		
Temple of Heaven (Green Tea)		
East of Eden (Lemon & Ginger)		

MILKS

Full Cream		
Skinny		
Bonsoy		
Organic Coconut		+ .50
Organic Almond		+ .50

GOLDEN GRIND (tumeric blend)

Golden Latte (coco-quench)	4...5
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CHAI (calmer sutra blend)

Chai Latte	4.....5
Chai Choco-Latte	(pale) 6
Chai Tea Pot	4.50...5.50
Dirty Chai Latte	5.....5
	5.....6

Hot Chocolate	4.....5
Babycino1

COLD DRINKS

Milkshakes - Choc or Strawberrykids- 4 ...big kids- 5.50
Iced Chocolate6.50
Iced Coffee6.50
Iced Latte5

IN THE FRIDGE

PARKER'S ORGANIC JUICES-4.50
STRANGE LOVE ORGANIC SPARKLINGS-4.50
MOJO ORGANIC KOMBUCHAS-4.50
APPLEACIA APPLE CIDER VINEGARS-4.70
FIJI STILL WATER4
NAKD LUXURY SPARKLING WATER4

BREAKFAST all day

BREKKY WRAP

free range scrambled egg, spinach, tomato relish,
toasted in a tortilla (gf available).....12

THE NEST'S AVO SPECIAL

avocado, cherry tomato, feta,
housemade spiced seed mix on grain sourdough.....17
- plus prosciutto.....21

FANCY BANANA BREAD

housemade aromatic poached pear, mascarpone
with toasted almond flakes.....12

NEST'S NOURISHING PORRIDGE (until 11 am)

Almond milk, cinnamon spiced poached pear & honey
topped with golden almond flakes.....13
GF-15

ACAI BOWL

frozen mixed berries, banana, peninsula honey
topped with granola and fresh fruit (gf,vo).....13

SEASONAL COCONUT CHIA PUDDING (gf,v)

ham smoked by local butcher.....9

HAM & CHEESE CROISSANT

.....8

BREADS BAKED BY OUR LOCAL BAKER

- sourdough, grain.....6.50
- spicy fruit toast.....6.50

Preserves . Fig & ginger . Strawberry . Raspberry
Spreads . Honey . Vegemite . Peanut Butter

EXTRAS - gluten free bread/tortilla.....2
- hard boiled egg, smoked ham.....3
- prosciutto, smashed avocado.....4

KIDS

- Cheese & Vegemite Toasty.....6.50
- Ham & Cheese Toasty.....7.50
- Peanut Butter and Banana Bread.....6.50
- Simple Sandwich - your choice of spread.....6.50

LUNCH all day

TOASTED FOCACCIAS

Smoked ham, cheese, tomato, dijon mustard focaccia.....13
Roasted vegetables, homemade basil pesto, caramelized
onion, feta, pepitas on focaccia (vo).....14

SOUP OF THE DAY - served with toasted ciabatta

See our friendly and beautiful staff.....12

FROM THE HOT POT

See our friendly and beautiful staff.....19

CHILTON'S PATISSERIE

check the cabinet for this week's selection.....6.50
with your choice of salad.....12.00

WHOLESOME SALADS

check the cabinet for this week's selection.....8/15

SWEETS

check the cabinet for today's tasty treats including....

• RAW GALORE RAW TREATS

• HOPE FARM BAKERY

• HOUSEMADE MUFFINS

SMOOTHIES

PURPLE POWER.....8.50

acai, mixed berries, banana, peninsula honey,
coconut water

GROUND GREENIE.....8.50

kale, spinach, cucumber, banana, coconut water

NUTTY CHOC MONKEY.....8.50

peanut butter, cacao, dates, coconut cream, vanilla,
banana, coconut milk

COMMUNITY CARE

PETS

- pets are welcome outside the bulding.
Please ensure your pet is on a lead and near you at all times

BIKES

- bikes may be parked against the laneway wall
alongside the garden... please keep cafe entrance clear

SMOKING

- smoking is now banned near any restaraunt or cafe.
Perhaps head down to the beach?

EVENTS

- regular events are held in this cafe.
For more details, check out the Events Ladder by the wall,
visit our online schedule at beachlane.co or feel free
to ask staff about any upcoming events

NEWSLETTER

- sign up to Beach Lane's weekly newsletter at the front counter.

YOUR THOUGHTS?

- your suggestions, feedback or ideas are always welcome.
Complete a 'Thoughts?' card and place in the box on the bar.
Your comments will go direct to the owner. Thank you.

B E A C H L A N E

Welcome

Find yourself a cozy seat and please
order at the counter when you're ready...

Abbreviations: gf-gluten free, v-vegan, vo-vegan option available

Beach Lane is a community of local micro-businesses...
check out... beachlane.co

Beach Lane - is also available for...
private functions & innovative group sessions.
Phone (03) 9772 5745... or check us out on Facebook