

# Breakfast



## Toasted Sandwiches (The Absolute Best)

Generously filled with your choice...

- Roast chicken, Cheese & Chutney. \$7.50
- \* Ham, Cheese & Tomato. \$7.50
- Ham & Cheese \$7.00
- \* Bacon & Egg \$7.00
- \* Bacon, Egg, Cheese & Onion \$7.50
- If You Can't See The One You Fancy...Please Ask
- \* Served With Brian's Sensational World Famous Sauce
- Focaccia \$2.50 Extra ● Croissant \$2.50 Extra ● Additional Fillings \$1.00

## Baked Bean Jaffle with Bacon & Eggs

\$15.00

Scrumptious, plump Heinz Baked Beans in their own BBQ sauce, served in a wholegrain jaffle, accompanied by slices of lean & very tasty grilled KR Castlemaine free range, short cut Bacon, Along with two poached free range eggs coated with Swiss Cheese & Parmesan sauce. There is just one description for this dish "Simply Delicious"

## Breakfast Burger

\$10.00

250 grams of juicy prime grilled beef, topped with Grilled Onion, Bacon, Melted Cheese & Egg on a Toasted Bread Roll with Brian's Sensational Sauce.

## Noojee Breakfast

Bacon, Grilled Tomato & Two Eggs (Fried, Poached, or Scrambled) Served on Toast & includes a Cup of Coffee, or a Pot of Tea. \$17.50

- Mushrooms \$3.00 Extra
- Sausages \$4.00 Extra

## Vegetarian Polenta Stack

\$16.50

A medley of grilled vegetables. (Tomato, Egg Plant & Mushrooms), topped with slices of fresh avocado and Swiss cheese, Served on a bed of toasted polenta, with a dash of Brian's very tasty sauce.

## Breakfast Omellette

Generously filled with Mushrooms, Tomato & Grilled Cheese \$14.00

## Hot Golden Pancakes (2 per serve)

- With Maple Syrup, or Lemon (or Both) \$10.00
  - With Caramelised Banana, or Apple combined with Sultana's \$14.00
- Both served with either, A Dollop of Double Cream, or Creamy Ice Cream

## Freshly Baked Hot Scones (2 per serve)

\$8.00

Served with Strawberry Jam & Double Cream

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**PLEASE NOTE:** Your Meal Is Being Prepared & Cooked by Fussy Bastards. This May Sometimes Cause An Unavoidable Delay, Particularly During Busy Times. However, We Assure You That Your Patience Will Be Well Rewarded.

# LUNCH



## Gourmet Sandwiches

Choose any 2 fillings with your choice of the following additional combinations:

- Swiss cheese, salad & creamy sauce
- Swiss cheese, Swiss chutney & onions
- Ham, salad & creamy sauce
- Ham, Swiss cheese, sun-dried tomato & onions
- Ham, tomato, Swiss cheese and onions
- Roasted turkey, avocado, Swiss cheese & creamy sauce & onions

\$5.95  
\$6.95  
\$6.95  
\$7.95  
\$7.95  
\$8.95

Specialty sandwiches starting \$6.95 - **add \$1.00 for wrap, roll or bun**

## Red Parrot Speciality Dishes

### The Mountain Burger

A juicy cow patty of prime pulled beef, topped with lettuce, onion, pickles, tomato & double pulled cheddar on a kaiser roll with our very own special BBQ sauce. Served with baked french fries.

\$6.95

### Optimal Fresh Garden Salad

\$4.00

### Chicken & Champagne Val Ice Wine

Chunks of tender chicken accompanied by baby champagne mushrooms in a white wine & champagne sauce, served in a fishy pasta bowl with a leafy salad & croutons on top.

\$9.95

### Vegetarian Potatoes Stack

A stack of pulled vegetables (tomato, egg plant & mushrooms), topped with olive herb sauce and Swiss cheese. Served on a bed of roasted potatoes with a dash of brown very tangy sauce.

\$6.95

### The Red Parrot Biscuits Special

A whole tender golden breaded breast of chicken, served with our own special sauce on a kaiser roll with german cheese, tomato, lettuce, onion and baked french fries. Served with our own, unique the kaiser french fries.

\$9.95

\$10.95

### Crab Cakes Salad

Four chunks of locally grown crab cakes over a fresh garden salad with a tangy lemon ranch dressing & accompanied with a creamy cucumber sauce with a hint of ranch.

\$12.95

## Savory Pilgrims

Crab golden wings of potatoes topped with herbs & spices, served in a bowl with olive sauce and baked with dipping sauce.

\$4.95

**Pizza In A Bowl** A generous bowl of golden french fries, served in a bowl.

\$3.95

# LUNCH



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## Focaccia's

Choose from this selection of mouth watering fillings...

- Chicken, cheese & avocado
- Ham, tasty cheese & sun dried tomato
- Ham, cheese & pineapple
- Sun dried tomato, olives & egg plant

All focaccia's are served with a fresh garden salad

\$17.50

## Gourmet Pie

Delectably Delicious

- **Beef & Burgundy**

Tender chunks of prime beef in a rich, tasty wine Sauce, with a hint of pepper.

Served with...

Salad, herbed fries & Chutney ...

\$15.50

Herbed fries & Chutney ...

\$13.50

Salad & chutney ...

\$13.50

Fruit chutney ...

\$10.50

## Seafood

- **Tempura Fish Fillets**

Two fillets of fish in a tempura batter, cooked until golden and served with a fresh garden salad, herbed fries and a tasty tartare sauce.

\$19.50

## Delicious Deserts:

- **Cake & Cream**

Choose from our selection of freshly baked temptations.  
Served with a plentiful dollop of luscious thick fresh cream.

\$6.50

- **Hot Scones**

Two heavenly home made scones, served with two jams and a generous dollop of fresh cream.

\$8.00

- **Golden Pancakes**

Two scrumptious hot pan cakes served with fresh cream, ice cream and golden maple syrup.

\$10.00

Or, please see our cake display for our selection of Home Made treats!

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● Outside Diners Please Order & Pay at the Counter ●