

# The Sticky Fig

*Our salads and cakes change constantly, feast your eyes on our display fridge for today's selection!*

## 8.30-2pm

*2pm or later choose from our display*

**'a meal without wine is called breakfast'**

**Bircher Muesli** - green apple, berry, chia and organic yoghurt topped with our homemade granola  
**\$8.50**

**Fig and Walnut Toast** - 2 slices - Locally baked artisan sour dough with fruit and nuts  
**\$5.40**

**Croissant** - Cheese and Tomato or Nutella  
**\$5.30**  
Add Ham **\$1**

**Egg and Bacon Muffin** - Organic, free range egg with bacon with your choice of sauce  
**\$4.90**

**Breakfast Burger** - Local free range organic egg, bacon, spinach, fresh tomato, tasty cheese, tomato pickle and house mayonnaise served on a local artisan panini .  
**\$9.00**

**Baked Beans** - Homemade, hearty baked beans served on sourdough v  
**\$8.50**  
Add Egg or Bacon **\$2.50**

**Just Eggs on Toast** - 2 eggs fried or poached  
**\$10.00**  
Bacon **\$4**  
Grilled Tomato **\$2.50**

**Pancakes** -2 hot pancakes served with ice-cream and maple syrup  
**\$8.70**

**B-B-B Bruschetta** - Lightly toasted artisan bread topped with tomato, red onion, basil and parmesan. Lightly dressed with our red wine vinegarett  
**\$10.90**

**Saganaki** - pan fried haloumi served with a wedge of lemon  
Great to enjoy with a friend or a beer  
**\$9.90**

**Fritters** - seasonal vege (zucchini, cauli, sweet potato etc)  
and haloumi fritters served on a bed of rocket and topped with relish  
**\$11.50**  
add bacon or salmon **\$4**

**Lasagne** - Made from scratch in our kitchen from grass fed beef,  
served with garden salad  
**\$14.60**

**Quiche** - of the day, made here and served with garden salad  
**\$12.20**

**Frittata** - Just like a quiche without the crust served with garden salad  
veg gf  
**\$12.00**

**Quinoa Patties** - delicious quinoa and black beans, spiced with our own mexican blend served with sour  
cream, salsa and garden salad gf v  
**\$13.50**

**Quesadilla** - Chicken, cheese and spinach toasted between two tortillas with salsa for dipping and garden salad  
**\$14.60**  
Plain Cheese toasted between two tortillas served with sour cream, salsa and garden salad v  
**\$12.00**

**Triple Cheese Melt** - Sour dough topped with figgy relish and three cheeses served with dressed green salad  
**\$12.50**

**Open Sandwich** - Pulled chicken, blue cheese on sour dough, topped with rocket, julienne apple and our  
house herb mayo  
**\$13.00**

**House Salads** - choice changes daily.  
**Small \$8.20 Large \$10.50**  
Add protein Chicken, smoked salmon, roast beef, corned beef **\$4**  
Steak **\$5**

**Share platters** - cheese, bread, olives, smoked salmon  
dressed green salad, best washed down with your favourite tippie

2 people

**\$24**

4 people

**\$40**

## BURGERS

**Steak** - Rib fillet steak, red onion, tasty cheese, tomato, lettuce, beetroot, house mayo and tomato pickle

**\$12.90**

**Lamb** - Homemade lamb patty, haloumi, cucumber, lettuce, bbq sauce and spiced natural yoghurt

(Don't knock it, 'til you've tried it)

**\$13.50**

**Roast Vege** - Chargrilled zucchini, eggplant, capsicum, pumpkin, haloumi, pesto and our herb mayo

**\$12.50**

**Quinoa Mex** - Our own mexican spiced quinoa patty, tomato, lettuce, grated tasty, salsa and sour cream

**\$12.70**

*Low carb option, order your burger bunless!*

*Gluten free bread available*

## HOUSE SANDWICHES

White, Multigrain or in a wrap

**\$8.90**

Ham - Double smoked ham, house herb mayo, lettuce, tomato, tasty cheese

Roast Beef - House roasted topside, horseradish relish, caramelized onion, tomato, cheese, lettuce

Smoked Salmon - smoked salmon, tasty cheese, salsa verde, lettuce, red onion

Toasted Sandwiches - Your choice of fillings

Cheese, Tomato, Ham, Chicken etc

From **\$6.00**

*Gluten free bread available, if you must!*