

BREAKFAST MENU (Served all day)

- 1. Big breakfast** **\$17.50**
2 rashers bacon, 2 sausages, tomato, mushrooms, 2 free range eggs served poached, fried or scrambled, hash brown & 2 slices of white vienna toast, buttered.
- 2. Mega Breakfast** **\$21.95**
3 rashers bacon, 3 sausages, tomato, mushrooms, 3 free range eggs served poached, fried or scrambled, hash brown & 2 slices of white vienna toast, buttered
- 3. Eggs on toast** **\$9.95**
2 eggs served poached, fried or scrambled on 2 slices of white vienna toast, buttered.
- 4. Bacon & Eggs on toast** **\$11.95**
2 rashers bacon, 2 free range eggs served poached, fried or scrambled on 2 slices of white vienna toast, buttered.
- 5. Pumpkin & Fetta Open Omelette** **\$12.95**
An open omelette with roast pumpkin, basil pesto, Spanish onion & fetta topped with rocket and a side of tomato relish served with 2 slices of ciabatta.
- 6. Bacon & Mushroom Open Omelette** **\$12.95**
An open omelette with bacon, mushroom, Spanish onion & fetta topped with rocket and a side of tomato relish served with 2 slices of ciabatta.
- 7. Avocado & Fetta Smash** **\$9.95**
Smashed avocado & fetta served on 2 slices of white vienna toast, buttered.
- 8. Bacon & Egg English muffin** **\$6.50**
1 rasher bacon, 1 free range egg served poached, fried or scrambled on a buttered English muffin.
- 9. Benedict English muffin** **\$7.50**
Grilled Virginian ham, 1 free range egg served poached, fried or scrambled, cheese and hollandaise sauce served on a buttered English muffin.

- 10. Florentine English muffin** **\$7.50**
Sautéed baby spinach, 1 free range egg served poached, fried or scrambled topped with hollandaise sauce & grated parmesan served on a buttered English muffin.

- 11. Atlantic English muffin** **\$7.50**
Smoked Salmon, 1 free range egg served poached, fried or scrambled topped with hollandaise sauce served on a buttered English muffin.

- 12. Raisin Toast** 1 slice **\$3.50** 2 slices **\$4.95**
Served with butter.

- 13. Banana & Walnut Loaf** 1 slice **\$4.50** 2 slices **\$6.50**
Momentum fresh made. Served with butter.

(Kids breakfasts available see kid's meals)

Breakfast extras: Bacon (2 rashers) \$4, Chipolatas (2) \$4, Salmon \$4, Ham \$2, Mushroom \$2, Tomato \$2, Avocado \$2, Spinach \$3, Baked Beans \$3, Grilled onions \$1, Hash Brown \$2

OPEN SANDWICH, (served toasted)

Available in white, wholemeal, multigrain, rye, sourdough & gluten free

- 14. Ham, Tomato & Mustard** **\$9.95**
1 slice of Deli style bread, toasted, topped with sliced Virginian ham, sliced tomato served on a bed of salad mix, topped with housemade mayonnaise & seeded mustard.
- 15. Pumpkin & Fetta** **\$9.95**
1 slice of Deli style bread, toasted, spread with Basil Pesto, topped with oven roasted pumpkin, roasted Spanish onion, creamed feta & toasted pinenuts served on a bed of rocket.
- 16. Chicken & Avocado** **\$9.95**
1 slice of Deli style bread, toasted, topped with oven roasted Chicken Breast, Avocado & housemade mayonnaise served on a bed of salad mix.
- 17. Chicken Pesto** **\$9.95**
1 slice of Deli style bread, toasted, topped with oven roasted Chicken Breast, Basil Pesto, Sundried Tomato served on a bed of rocket
- 18. Smoked Salmon** **\$9.95**
1 slice of Deli style bread, toasted, topped with Smoked Salmon, cucumber, cream cheese served on a bed of rocket and a wedge of lemon.

LIGHT MEALS

- 19. Bruschetta** **\$8.95**
Tomato, Basil and Spanish onion served on 3 pieces of toasted ciabatta
- 20. Garlic Bread Pizza** **\$8.95**
Housemade pizza topped with garlic, mixed herbs, salt and mozzarella cheese
- 21. Potato wedges** **\$8.95**
Served with sweet chilli & sour cream
Add cheese \$1.00, Bacon Pieces \$2.00
- 22. Bowl of seasoned chips** **\$6.00**
Cooked golden brown and seasoned with the Momentum blend of herbs and spices.
Dipping sauces available on request: Aioli, Tomato, BBQ, Sweet Chilli, Sour Cream, Mayonnaise, Relish.
- 23. Bacon Deli Sandwich** **\$10.95**
Bacon, Swiss cheese, tomato, relish, salad mix served on Turkish Bread
- 24. Chicken Deli Sandwich** **\$10.95**
Chicken, Swiss cheese, avocado, mayonnaise, salad mix served on Turkish Bread
- 25. Curried Egg Deli Sandwich** **\$10.95**
Free range Egg, swiss cheese, mayonnaise, curry powder, salad mix served on Turkish Bread

KIDS MEALS

26. Kids Eggs on toast **\$4.50**

1 free range egg served poached, fried or scrambled on 1 slice of white vienna toast, buttered.

27. Kids Bacon & Eggs on toast **\$6.50**

1 rasher bacon, 1 free range egg served poached, fried or scrambled on 1 slice of white vienna toast, buttered.

28. Kids Combo **\$6.95**

3 Chicken nuggets, seasoned chips & tomato sauce

29. Ham & Pineapple Pizza **\$8.95**

Housemade pizza topped with homemade Napoli sauce, Virginian ham, pineapple pieces and mozzarella cheese.

30. Mini Hotdog & chips **\$8.95**

Beef chipolata served in our housemade bun, topped with tomato sauce & a side of seasoned chips.

31. Kids Plate **\$8.95**

Sliced Virginian Ham, Sliced tasty cheese, Cherry tomatoes, Cucumber and carrot

MAINS

- 32. Caesar Salad** **\$13.95**
Cos lettuce, bacon, shaved parmesan cheese and crunchy croutons topped with a poached free range egg cooked to your liking, tossed in our housemade Caesar dressing.
Add anchovies \$1.00, Add salmon \$4.00, Add Chicken \$4.00
- 33. Cajun Chicken Salad** **\$16.50**
Crispy Cajun chicken, rocket, pears, pinenuts & shaved parmesan cheese served tossed in an apple cider vinigerette
- 34. Warm Lamb & Feta Salad** **\$16.50**
Shaved leg of lamb, rocket, oven roasted pumpkin, Spanish onion, Danish fetta served tossed in an balsamic glaze.
- 35. Pasta carbonara** **\$14.50**
Fettuccini pasta (Momentum fresh made), bacon, onion, mushroom, parmesan cheese plus extra to serve.
- 36. Pesto Fettuccini** **\$14.50**
Fettuccini pasta (Momentum fresh made), served in a basil pesto sauce, sundried tomato, baby spinach, parmesan cheese plus extra to serve.
- 37. Peri Chicken Wrap** **\$16.50**
Warm Tortilla Wrap, Peri Chicken Tenderloins, Iceberg lettuce, Tomato, caramalised onion, Avocado, Peri Mayonnaise. Served with your choice of seasoned chips or garden salad.
- 38. Sweet Chilli Wrap** **\$16.50**
Warm Tortilla Wrap, Crispy Sweet Chilli Tenderloins, Iceberg lettuce, Tomato, Sweet Chilli Mayonnaise. Served with your choice of seasoned chips or garden salad.
- 39. Beer battered fish and chips** **\$16.50**
Crispy battered fish fillets Served with seasoned chips and tartare sauce.

- 40. BLT** **\$16.50**
Grilled bacon, Iceberg lettuce, tomato and housemade mayonnaise. Served with your choice of seasoned chips or garden salad.
Add Chicken Breast \$4.00, Add Egg \$1.50, Add Avocado \$1.00
- 41. Steak sandwich** **\$16.50**
Grilled porterhouse steak, mixed lettuce, tomato, caramelised onion, swiss cheese and barbeque sauce. Served with your choice of seasoned chips or garden salad.
- 42. Gourmet beef burger** **\$16.50**
Grilled beef Pattie (Momentum fresh made), mixed lettuce, tomato, caramelised Spanish onion, swiss cheese, relish and aioli served in a warm momentum made bun with your choice of seasoned chips or garden salad.
Add Bacon \$2.00, Chicken Breast \$4.00, Add Egg \$1.50, Add Avocado \$1.00
- 43. Gourmet chicken fillet burger** **\$16.50**
Grilled skinless chicken breast, mixed lettuce, tomato, caramelised Spanish onion, Avocado and Aioli served in a warm momentum made bun with your choice of seasoned chips or garden salad.
Add Bacon \$2.00, Add Egg \$1.50
- 44. Vegie burger** **\$16.50**
Grilled halloumi cheese, grilled Eggplant, grilled zucchini, oven roasted pumpkin, roasted peppers, rocket, harissa mayonnaise served in a warm momentum made bun with your choice of seasoned chips or garden salad.
- 45. Open Lamb Souvlaki** **\$16.50**
Marinated Greek lamb, served with Greek salad, seasoned chips, warm pita bread and garlic sauce.
- 46. Chicken Parmigiana** **\$19.95**
Crumbed chicken breast (Momentum fresh made), napoli sauce, shaved virginian ham, shredded mozzarella. Served with your choice of seasoned chips or garden salad.

DESSERTS

All our desserts are made fresh in our momentum kitchen. All desserts are displayed in the front counter.

(Cream and ice cream optional) **\$0.50**

47. Homemade Scones 1 scone **\$3.95** 2 scones **\$6.95**

Served with homemade jam and cream.

48. Biscuits **\$3.30**

Anzac, Cranberry & Macadamia Florentine, Viennese, Raspberry Melting Moments, Smartie Cookie.

49. Slices **\$4.00**

Apple Blueberry Crumble, Jelly, Macadamia Fudge Brownie, Mars Bar, Peppermint.

50. Single serve cakes

Blueberry friands(\$3.30), Carrot Cake(\$5.95), Lemon Meringue Pie(\$5.95), Red Velvet Lamington(\$6.50), Sticky Date Pudding(\$5.95).

51. Cheesecakes

Mango (\$4.00), Salted Caramel(\$6.50).

52. Gluten Free **\$5.95**

Apricot & Almond Sponge, Lemon & Poppyseed Sponge, Lemon Syrup Cake, Lime & Coconut Sponge, Orange & Almond Cake, Raspberry & Pear Sponge.

BEVERAGES

53. Iced beverages

Small \$3.00, Medium \$4.50 Large/Eat in \$5.50

Iced coffee, Iced Mocha, Iced Chocolate, Iced White chocolate, Iced Chai
(Cream optional) **\$0.50**

54. Milkshakes

Small \$3.00, Medium \$4.50 Large/Eat in \$5.50

Chocolate, Strawberry, Vanilla, Caramel, Blue heaven, Lime, Banana, Spearmint.

55. Thickshakes

Small \$3.50, Medium \$5.00 Large/Eat in \$6.00

Chocolate, Strawberry, Vanilla, Caramel, Blue heaven, Lime, Banana, Spearmint.

56. Smoothies (made with real fruit)

Small \$4.00, Medium \$5.50 Large/Eat in \$6.50

Banana, Berry, Mango, Passionfruit

57. Frappe's

Small \$3.00, Medium \$4.50 Large/Eat in \$5.50

Coffee, Chocolate, Mocha, Chai (Spiced or Vanilla), White Chocolate
(Cream optional) **\$0.50**

58. Ice Tea

Small \$4.00, Medium \$5.50 Large/Eat in \$6.50

Lemon & Honey, Peach & Mango, Raspberry & Pear

COFFEE

Cup \$3.80, Mug \$4.20, Small TA \$3.80, Medium TA \$4.50, Large TA \$5.10

Latte

Cappuccino

Flat White

Short Black *(\$3.00)*

Long Black

Short Macchiato *(\$3.30)*

Long Macchiato *(\$3.50)*

Piccolo *(\$3.30)*

Chai Latte *Available in Spiced or Vanilla (Mug)*

Hot Chocolate (Mug)

White Chocolate (Mug)

Mocha (Mug)

Babycino served with Marshmallows *(\$1.50)*

TEA

English breakfast, Earl Grey, Peppermint, Camomile, Spring Green, Honeydew Green, Chai, Lemongrass & Ginger.