



**“BREAKFAST MENU”**

**PANCAKES (G/F)**

MIXED BERRY	\$15.50	BANANA	\$15.50
MANGO	\$15.50	CRISPY BACON & MAPLE	\$15.50

**RAISIN BREAD, MUFFINS, CROISSANTS OR SOUR DOUGH**

TOASTED PLAIN Duo of jams & butter	\$6.00
TOASTED SOUR DOUGH Served with buttered mushrooms	\$11.50

**OMELETTE’S**

(Served with Toasted Sour Dough)

PLAIN	\$12.00
VEGETARIAN Mushroom, spinach & tomato	\$15.50
BREAKY Mushroom, bacon, spinach, spring onion & fetta	\$17.00
TASMAN Smoked salmon, fresh herbs & sour cream	\$17.00
SPANISH Pork sausage, rocket, fetta, potato, sundried tomato, Spanish onions & shallots	\$17.00

**BREAKFAST AT THE ROCKS**

(G/F \$1.00 extra)

FRUIT SALAD Seasonal fruit served with yoghurt	\$10.50
BREAKY WRAP Bacon, egg, spinach, hash brown & hollandaise	\$12.50
BIRCHER MUESLI Served with seasonal fruits, nuts & maple sweetened Labne	\$9.50
BIG ROCK BREAKFAST 2 eggs, 2 bacon, tomatoes, 2 pork sausages, mushrooms, 2 zucchini & corn fritters, baby spinach & minute steak	\$21.50
ZUCCHINI & CORN FRITTERS Served with crispy bacon, roasted tomatoes, spinach & 2 poached eggs	\$17.50
SMASHED BACON AVOCADO Served with crispy bacon, poached eggs & roasted tomatoes on ciabatta bread	\$17.50

<b>SMASHED SALMON AVOCADO</b>	<b>\$19.50</b>
Served with salmon, poached eggs & roasted tomatoes on ciabatta bread	
<b>BREAKFAST BRUSCHETTA</b>	<b>\$16.50</b>
Served with crispy bacon, cherry tomatoes, mushroom, ricotta, basil & poached egg on ciabatta bread	
<b>EGGS BENEDICT</b>	<b>\$18.50</b>
Poached eggs to order, ham, spinach, with Hollandaise sauce	
<b>TASMAN BENEDICT</b>	<b>\$21.00</b>
Poached eggs to order, smoked salmon, spinach, with Hollandaise sauce	
<b>BACON BENEDICT</b>	<b>\$18.50</b>
Poached eggs to order, bacon, spinach, with Hollandaise sauce	
<b>EGGS ON TOAST</b>	<b>\$9.50</b>
Eggs poached or fried, grilled tomato & toasted sour dough	
<b>BACON &amp; EGGS</b>	<b>\$17.00</b>
Eggs poached or fried, crispy bacon, grilled tomato, hash brown & toasted sour dough	
<b>LAMBS FRY ON TOAST</b>	<b>\$15.50</b>
Lambs fry mixed with mushrooms, bacon and onion served on toasted sour dough	

### **OPTIONAL EXTRAS**

<b>SALMON</b>	<b>\$4.00</b>	<b>HASH BROWN</b>	<b>\$2.00</b>
<b>BACON</b>	<b>\$3.00</b>	<b>HALOUMI</b>	<b>\$3.50</b>
<b>HAM</b>	<b>\$3.00</b>	<b>ONION JAM</b>	<b>\$3.00</b>
<b>TOMATOES</b>	<b>\$2.00</b>	<b>SOUR CREAM</b>	<b>\$2.00</b>
<b>SAUSAGE</b>	<b>\$3.00</b>	<b>AVOCADO</b>	<b>\$3.50</b>
<b>MUSHROOM</b>	<b>\$3.50</b>	<b>HOLLANDAISE</b>	<b>\$2.00</b>
<b>FETTA</b>	<b>\$3.00</b>	<b>MINUTE STEAK</b>	<b>\$4.50</b>
<b>EGG</b>	<b>\$2.00</b>		