Peanut Butter

Sourdough Toast with Diced Spanish Onions, cherry Tomatoes, Avocado, Topped with 2 Poached Eggs	
	12
SMASHED AVOCADO	
Sliced Tomatoes, Avocado on Sourdough Toast. With	15
House made Pedro Glaze and Goats Cheese (V)	
NEW: BOLOGNAISE MINCE ON TOAST WITH EGGS	
House made Slow Cooked Bolognaise Mince, Served on Sourdough Toast with Poached Eggs	15
CREAMY BIRCHER	
Oats Soaked overnight with Yogurt, Early Season Maple.	1
Dressed with Seasonal Fruits & Nuts and House made	
Berry Compote (V)	
CRUNCHY MAPLE GRANOLA	
Roasted Maple Oats with Almonds, Fresh Fruit & Berries,	1
House-made Berry Compote $(V)$	
EGGS BENNEDICT	
Toasted English Muffins, With Poached Eggs & Choice of	
Filling. Dressed with Yummy Hollandaise	
Options:-	ہ ا
Champagne Ham	\$
Smoked Salmon Bacon	\$
Florentine , (Fresh Baby Spinach Leaves with Sautéed	\$
Mushrooms) $(V)$	7
Extra Hollandaise Sauce	
OMELLETTE	
Champagne Ham, Tomatoes & Tasty Cheese	16
Baby Spinach Mushrooms & Feta Cheese (V)	
11, 1, 1, 11	1.
EGGS ON TOAST $(\overline{V})$	15
Sourdough Toasts, with	9
Poached Eggs x2	-
Fried Eggs x 2	
Scrambled Eggs	
RASIN TOAST $(V)$	
Thick Fruit Toast with Butter	(
OMEGA (V)	_
Sourdough Toast with Avocado Spread	6
TOAST W. CONDEMENTS (V)	
Choice of following with our Choice Bread in Sourdough,	į
Turkish Bread,:	
Organic HANKS's Tripleberry Jam	
Organic HANKS's Tripleberry Jam Organic HANKS's Marmalade	
Organic HANKS's Tripleberry Jam	

1			_
	CHICKEN SANGA		
RAPS	Chicken Breast, Coriander Feta, Tomato, Onions & Real Egg Mayonnaise	10.0	
	ROASTED BEEF		
	Sliced Rare Roast Beef, Cherry Tomatoes, Chipotle Aioli, Baby Spinach	10.0	
×	HAM,CHEESE,TOMATO & PESTO		
HES •	Sliced Champagne Ham, Sliced Tomatoes, Tasty Cheese and Home Made Pesto Paste	10.0	
VIC	PORK BELLY		
ξ	House Made Slow Cooked Pork Belly Grilled,	12.0	l
SANGAS • SANDWICHES • WRAPS	Tomato & Greens and Soy-Ginger Sauce in Panini		
	TURKEY		
	Sliced Turkey breast, Swiss Cheese Mixed Salad and Cranberry	10.0	
ΨV	TUNA		
S	Cooked Tuna, Capper Mayonnaise, Slice	10.0	l
	Tomatoes, Salad		_
	SALAD SANDWICH		
	Freshly Made Sandwich on Brown Rye Miche	10.0	
	Sourdough with Mixed Greens Salad, Carrot,		
	Beetroot, Well Aged Cheese and Avocado (V)		
		•	_

	(AVAILABLE AFTER 11:30AM)	
	SLOW COOKED LAMB SALAD GF	16.0
SS	The House Favourite, Lamb roasted slowly prepared with baby spinach, Roasted pumpkin, beetroot, French lentilsGoats cheese with special pedro glase	
JRGEF	ALANTIC SMOKED SALMON SALAD	15.0
DS•B1	Freshly made Salads from Seasonal Greens, dressed with Special Light Dressing with Smoked Salmon	
SALADS•BURGERSS	CHILLI CHICKEN BURGER Poached Chicken Breast, Avocado, Sriracha Chili Ranch Dressing	12.0
	NEW "BRISKY BRIAN"  Burger.Slow Cooked Beef Brisket with Apple Slaw in Miso Ranch Sauce.	15.0



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Wi th Any Coffee/ Tea / Meal Purchase, Ask Staff for Password Code

- SIDES -	Smoked Salmon Champagne Ham Bacon Sautéed Mushrooms Goats cheese Grilled Tomato Sautéed Baby Spinach	5.0 4.0 4.0 4.0 3.5 2.5 3.0
		-

OPTIONS
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Gluten Free Bread Option

1.0

If there are any Special Dietary needs, please advise our staff as some dishes may contain traces of Nut's or Gluten. We will try to assist in accommodating your needs. Thank you!

(V) Vegetarian

GF Gluten /free

	(AVAILABLE AFTER 11:30PM)	
& TREATS	HOUSE-MADE MUFFINS	4.0
	Check Display / staff for flavours of the day	
	HOUSE MADE GLUTEN FREE BROWNIES	
		5.0
RE.	Add ice-cream / chocolate	
∀	GLUTEN FREE BANANA BREAD	6.0
	BANANA BREAD	5.0
SWWETS	ALMOND CROISSANT	5.0
SW	HOUSE MADE SALTED CARAMEL ROCKY ROAD	5.0
	HOUSE MADE GLUTEN FREE BROWNIES	5.0
	GLUTEN FREE SEED BARS	5.50
	SWEET AND CAKES - IN DISPLAY	

		<u>OPEN</u>
	MON – FRI	7:00 AM to 4:00PM
HOURS	SAT	8:00 to 1:30PM
	SUN	8:30 to 12:30PM
	Deliveries are Available! fr	om 12:00PM by Deliveroo

Menu may subjected to Changed to New Season, and Alternations without Notice.