
Froth & Fodder

ALL DAY BRUNCH

Served until 3.00pm

SOUR DOUGH TOAST 4.5

With butter & vegemite, jam, nutella or peanut butter.

HOUSEMADE CRUNCHY GRANOLA 9.5

Nuts, seeds, oats and baked with honey, coconut & dried fruit, served with yoghurt and rhubarb compote. *Available gluten free

WINTER OAT PORRIDGE 12.5

With spiced banana compote, toasted almonds and brown sugar.

SALTED CARAMEL PANCAKES 14.5

Buttermilk pancakes - salted caramel with vanilla ice cream & pecan crumble.

FARMERS BREAKFAST 18.5

Eggs anyway you like with Balhannah bacon, grilled chorizo sausage, roast tomato, sauté mushroom, herbed potato & sourdough toast.

BENEDICT

Balhannah Bacon 17.5

Huon Smoked Salmon 18.5

Poached eggs on toast with hollandaise.

With your choice of bacon or smoked salmon.

SMASHED AVOCADO 17.5

Poached eggs, grilled haloumi, avocado, fresh rocket & toasted seeds on sour dough toast.

BREAKFAST BURGER 13.5

Balhannah bacon, fried organic & free range egg, avocado, cheddar cheese, baby spinach, tomato chutney & garlic aioli on a sour dough roll.

EGGS ANYWAY 8.5

Yes, you can have them anyway you like, served with sour dough toast.

Sides.....

You can add to any dish

Chunky thick cut fries served with aioli & ketchup 6

Balhannah Bacon 4

Grilled Balhannah chorizo 3

Huon Smoked Salmon 5

Sautee mushroom 3

Roast tomato 3

Fresh avocado 3

Herbed potato 3

Extra egg organic & free range 2

Catering and functions are available, please ask for details from our lovely staff.

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ALL DAY BRUNCH

Served until 3.00pm

GRAINS & GOODIES SALAD 15.5

Chicken 17.5

Huon Smoked Salmon 18.5

Freekeh, quinoa, toasted pepitas, cucumber, heirloom tomatoes, red onion, coriander & mint with fresh greens, labna & a lemon garlic dressing.

With your choice of chicken, salmon or as is.

F & F COBB SALAD 17.5

Grilled chicken, crisp bacon, diced tomato, feta cheese, fresh avocado, poached egg on salad greens & citrus aioli.

SMOKEY HAM HOCK BAKED BEANS 17.5

House made baked beans with slow cooked Balhannah smoked ham hock with poached eggs & sour dough toast.

ROAST PUMPKIN TOAST 13.5

Two pieces of toast served with fresh basil, pinenuts, caramelised onion and Onkaparinga chevre on garlic rubbed sour dough toast.

PORK & FENNEL BALLS 16.5

In a rich roast tomato & herb sugo served with fresh rocket & melted Monchago cheese toasts.

QUINOA & FALAFEL BURGER 16.5

Served with house made hommus, jalapeno green relish, feta cheese & fresh greens on a toasted sour dough roll.

Served with chunky thick cut chips.

F & F BURGER 17.5

Beef patty, melted cheddar, Balhannah bacon, dill pickle, fresh tomato, greens & chipotle aioli on a sour dough roll.

Served with chunky thick cut chips.

Froth & Fodder is strongly committed to supporting local produces and local suppliers. These are the business that help us deliver our vision from their paddock to your plate.....

- D'Angelo Coffee
- Tweedvale Milk
- Balhannah Junction Meats
- Almond Grove organic & free range eggs
- Rustico Sourdough Bakery
- Enzo's Gluten Free
- Say Cheese

Please be aware that all care is taken when catering for special requirements & food allergies. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi and dairy products. Customer's requests will be catered for to the very best of our ability.

The decision to consume a meal is the responsibility of the diner.
