

*I will find a more comfortable
way to do business*



“Beyond Expectations...Within Reach”

Mantra Kooindah Waters Golf and Spa Resort offers luxuriously appointed accommodation and full resort facilities just minutes from pristine waterways and beaches, and is just over an hour’s drive from Sydney.

Mantra Kooindah Waters Golf and Spa Resort is situated in a tranquil bushland setting 90 minutes north of Sydney’s CBD, and 60 minutes south of Newcastle. This 4½ star resort offers an 18 hole championship golf course, a purpose built endota spa with treatment rooms overlooking zen-style water gardens, purpose built conference and meeting facilities, spacious self-contained apartments or hotel accommodation and an exceptional dining experience.

Within five minutes of the resort is Tuggerah Lake and Wyong River, offering serene picnic spots and a plethora of water sports. Kayaks and bicycles are available to hire. Local National Parks boast a multitude of walking tracks and the Yarramalong and Dooralong Valleys offer horse riding, art galleries and charming villages to explore. The pristine beaches of the Central Coast are only half an hour away.

Property facilities

Purpose built conference facilities
18 hole championship golf course
Karinyas Restaurant & Wine Bar
endota day spa
Gymnasium
Two tennis courts
Heated 25m indoor lap pool
& outdoor leisure pool
Spa & sauna
Barbeque facilities
Mantra resort

Our experienced Conference Professionals will be able to assist you from the time of your enquiry though to the conclusion of your event.

Mantra Kooindah Waters
Meetings & Events
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Wyong NSW 2259

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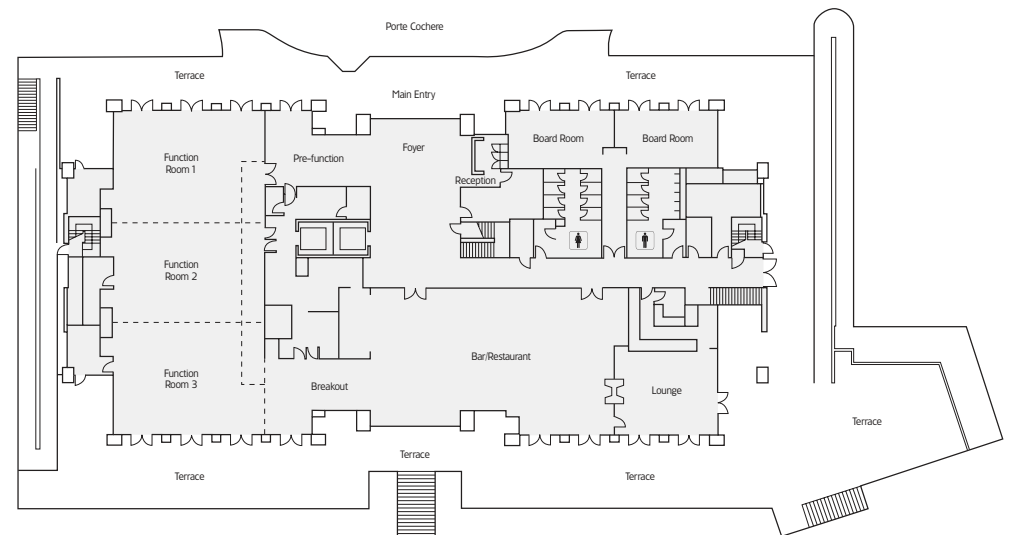
With 4 spacious meeting rooms and 2 large board rooms filled with natural light, our purpose built conference and event facilities cater for corporate events from 10 to 300 delegates. Ample free parking and free wireless internet access throughout the resort. Conference day and residential packages are available which can be tailored to suit your needs.

Function Room Capacities

Room	Approx Size (m)	Height (m)	Theatre	U-Shape	Classroom	Dining	Cocktail	Boardroom	Cabaret
Kooindah Ballroom	25.8 x 12	3.45	340	80	120	280	400	60	224
Kooindah 1	8.9 x 12	3.45	120	30	45	110	150	30	72
Kooindah 2	8 x 12	3.45	100	27	36	90	100	30	64
Kooindah 3	8.9 x 12	3.45	120	30	45	110	150	30	72
Boardroom 1	7.3 x 4.5	3.45	-	-	-	12	-	12	-
Boardroom 2	7.1 x 4.5	3.00	-	-	-	12	-	12	-

Mantra Kooindah Waters Golf and Spa Resort offer three key components to ensure a successful meeting or event:

1. A premier location, conducive to a relaxed environment and offering a range of activities, while still being within easy reach of both Sydney and Newcastle.
2. The provision of a complete function solution – a service that includes a nominated contact to provide ongoing professional and technical support at all stages of your event.
3. Several quality dining options offering world-class menus and service.



Mantra Kooindah Waters Golf and Spa Resort offers a range of accommodation from studios to villas and has a sleeping capacity of 192.

Studio Suites

Modern studio consisting of a king size bed (can be split into 2 singles), tea and coffee making facilities, bar fridge, ensuite, LCD television, in-house movies. This room overlooks the residential areas and our facilities. Studio Suites have either a terrace area or small balconies. Several of these rooms do have microwaves, kitchen sinks and DVD players.

Modern studio overlooking the 18 hole golf course. Consisting of a king size bed (can be split into 2 singles), tea and coffee making facilities, bar fridge, ensuite, LCD television, in-house movies. All Golf View Studio Suites have balconies and several also have microwave, kitchen sinks and DVD players. Some Studio Suites have views over the golf course. **Total - 34 Golf View Studio Suites.**

One Bedroom Apartments

Modern apartment consisting of a queen size bed, fold out sofa bed, separate living area, ensuite, coffee and tea making facilities, 2 x LCD televisions, in-house movies. Some have full kitchen and laundry facilities, DVD player, terrace area or balconies and overlook the golf course. **Total - 30 One Bedroom Apartments.**

Two Bedroom Villas

Luxuriously appointed 2 storey villa consisting of golf course views, 2 x queen beds, fold out sofa bed, large living area, full kitchen, dining area, 2 x bathrooms, powder room, laundry facilities, 2 x LCD televisions, DVD and CD player, balcony or terrace area.

Total - 16 two bedroom villas.

Three Bedroom Villas

Luxuriously appointed 2 storey villa consisting of golf course views, 3 x queen beds, fold out sofa bed, large living area, full kitchen, dining area, 2 x bathrooms, powder room, laundry facilities, 2 x LCD televisions, DVD and CD player, balcony or terrace area.

Total - 4 Three Bedroom Villas.

Accessible Suites and Apartments

Accessible Studio Suites, Golf View One Bedroom Apartments and a One Bedroom Suite are available with disabled facilities.

Total - 5 accessible Rooms.

Total Number of Accommodation Rooms 84

Total Number of Bedrooms 108

**Total sleeping capacity
(using 34 rooms with twin beds and 50 sofas) 192**

**All rooms have complimentary Foxtel channels
and wireless internet access**



Mantra Kooindah Waters Golf and Spa Resort caters for conferences and meetings of all sizes and purposes in a premier location within easy reach of both Sydney and Newcastle.

Conference and meeting package inclusions consist of:

- Arrival tea/coffee
- Morning/afternoon tea
- Full Buffet Lunch or Working Lunch & Soft Drinks
- Mints, iced water, pads & pens
- Screen, white board & flip chart

Day Delegate Package \$65.00 per person

Half Day Delegate Package \$55.00 per person

8am to 1pm or noon to 5:30pm

Half Day Delegate package includes Lunch and Morning Or Afternoon Tea

Conference Space

Your main meeting room hire is included in the conference packages listed above, based on a minimum of 25. If numbers are under 25 room hire of \$250.00 will apply.

AV requirements are available on request, price on application.

In-house services include state of the art equipment:

- Drop down screens & ceiling data projector
- Zone lighting activated from the lectern
- In-house sound system & a plasma screen in one of the boardrooms
- Onsite whiteboards & flip charts

Morning Tea

Monday

- Petite Apple Crumble
- Profiteroles with vanilla cream

Tuesday

- Lemon Meringue Pies
- Chocolate Eclair

Wednesday

- Chocolate Walnut Brownies
- Custard Fruit Tartlets

Thursday

- Panforte
- Baked Ricotta Cheesecake

Friday

- Carrot Cake
- Lamingtons

Afternoon Tea

Monday

- House-made Biscuits
- Sliced seasonal fruit platter

Tuesday

- House-made Biscuits
- Sliced seasonal fruit platter

Wednesday

- House-made Biscuits
- Sliced seasonal fruit platter

Thursday

- House-made Biscuits
- Sliced seasonal fruit platter

Friday

- House-made Biscuits
- Sliced seasonal fruit platter

All breaks are served with a selection of teas, freshly brewed coffee.
Morning and Afternoon Tea upgrades available from \$5.00 per person.

Menus are subject to change without notice.



Conference Packages

Lunch Options

Buffet Lunch in Karinyas Restaurant included in Delegate Package

Monday - Australian Backyard Buffet

- Home-made Damper Loaf
- Coleslaw salad
- Roast beetroot salad with lemon dressing
- Snapper fillets in bush tomato sauce
- Lamb Shank Shepherds Pie
- Corriander & Lime marinated chicken skewers
- Potato, nutmeg & cheddar bake
- Minted peas
- Pavlova
- Sliced seasonal fruit platter

Tuesday - Working Lunch

- A selection of baguettes, wraps and Turkish breads filled with:
 - Tasmanian smoked salmon, cucumber and caper mayonnaise
 - Honey glazed ham, tomato, seeded mustard & aged cheddar
 - Char grilled Mediterranean vegetables and baba ganoush
 - Roast chicken, bacon lardons and parmesan cheese
- Assortment of Cheesecakes and Slices
- Sliced seasonal fruit platter

Wednesday - Spanish Fiesta

- Dinner rolls with butter
- Cous cous & mixed leaf salad
- Chorizo, fetta & chickpea salad
- Braised Pork belly with smoked paprika sauce
- Lemon, garlic & saffron marinated chicken
- Green beans with toasted almond
- Cauliflower & manchego gratin
- Capsicum Pepperonata
- Orange & almond cake
- Sliced seasonal fruit platter

Thursday - Italian Feast

- Garlic ciabatta breads
- Bruschetta of tomato, basil and garlic
- Salad caprese
- Rocket, parmesan & balsamic salad
- Antipasto platter
- Beef lasagne
- Prawn pasta with basil pesto
- Steamed broccoli & fennel
- Tira Misu
- Sliced seasonal fruit platter

Friday - French Riviera

- Crusty baguette with butter
- Nicoise salad
- Prosciutto and melon salad
- Chicken 'coq au vin' with mushroom
- Braised Beef bourguignon
- Roast chateau potatoes
- Ratatouille
- Steamed snowpeas
- Apple strudel with cinnamon sugar
- Sliced seasonal fruit platter

Takeaway Lunch Box

\$16.00 per person

served in a package to go

Dinner Options

available upon request

Pre Dinner Canapés	\$15.00 pp
Banquet Buffet	\$45.00 pp
BBQ	\$55.00 pp
Plated 2 course Banquet	\$65.00 pp
Plated 3 course Banquet	\$75.00 pp
Plated 4 course Banquet	\$85.00 pp

A la Carte Menu available for 12 delegates or less.

Breakfast Packages

Continental Breakfast	\$15.00 pp
Full Buffet Breakfast	\$25.00 pp

Menus are subject to change without notice.



I will be refreshed and ready for anything

Beverage Packages

	Standard	Premium	Deluxe
1 hour	\$18.00	\$24.00	\$29.00
2 hours	\$23.00	\$29.00	\$35.00
3 hours	\$29.00	\$35.00	\$41.00
4 hours	\$36.00	\$41.00	\$49.00
5 hours	\$44.00	\$49.00	\$57.00

Standard Package Inclusions

- Rothbury Estate sparkling cuvee
- Rothbury Estate sémillon sauvignon blanc
- Rothbury Estate chardonnay
- Rothbury Estate cabernet merlot
- Carlton Draught
- Victoria Bitter
- Cascade Light
- Fruit Juice
- Soft Drinks

Premium Package Inclusions

- Seppelt fleur de lys sparkling
- Andrew Garrett sauvignon blanc
- Lindemans chardonnay
- Lindemans reserve cabernet sauvignon
- Carlton Draught
- Victoria Bitter
- Cascade Light
- Pure Blonde
- Fruit Juice
- Soft Drinks

Deluxe Beverage Package Inclusions

- Andrew Garrett sparkling
- Rosemount Diamond sauvignon blanc
- Orange country Ingolby chardonnay
- Penfolds Koonunga Hill "seventy six" shiraz cabernet sauvignon
- Crown Lager
- Pure Blonde
- Carlton Draught
- Victoria Bitter
- Cascade Light
- Soft Drinks
- Fruit Juice

Mantra Kooindah Waters Golf & Spa Resort practices responsible service of alcohol.
Menus are subject to change without notice.



Teambuilding activities focus on bringing out the best in a team to ensure self development, positive communication, leadership skills and the ability to work closely together as a team to problem solve. We have a range of options both on and off-site to bring out the best in your team.

Team Building Activities

Team building activities include:

Onsite

- endota spa
A range of treatments to relax and rejuvenate your delegates on site.
- Kooindah Waters Golf Club
Team golfing challenges and social activities for 4 – 300 delegates on-site.
Including:
 - Barefoot putting competitions,
 - 9 hole ambrose golf events
 - Putting, pitching and long drive competitions
 - Aqua Golf,
 - Full corporate golf days

Please note Kooindah Waters Golf Club has a strict Dress Code, and no Denim is allowed to be worn on the course.

- Movies under the stars
- Cooking School
- Corporate Olympics including golf, volley ball and logical thinking games
- Drumming and other exhibition style presentations

Offsite

- Tree Tops Adventure Park
www.treetopadventurepark.com.au
- Australian Walkabout Reptile Park
www.walkaboutpark.com.au
- Ocean Planet Kayaking Tours
www.kayaktours.com.au
- Glenworth Valley Horse Riding
www.glenworth.com.au
- Central Coast Reef & Game Fishing Charters
www.reefandgamefishing.com
- Long Jetty Catamaran
Website: www.cathire.bigpondhosting.com
- Paintball Pete's Mt White, NSW
www.paintballpetes.com.au

