

BREAD CHOICES ALL 4.9

Soy / Linseed and Quinoa Soundough

Rye Sourdough

All breads are organic, dairy free, lactose free and yeast free.

GLUTEN FREE SOY LINSEED BREAD 5.9

SPREADS

Choice of Butter, strawberry jam, vegemite, honey, peanut butter or Nuttella

SOMTHIN' SWEET

ORGANIC FRUIT LOAF TOAST 4.9

(two slices) Ciabatta Sourdough Contains apricots, figs, dates and sultanas

> **BANANA BREAD 5** (toasted)

> > **CROISSANTS**

PLAIN 4

WITH CHEESE 5.5

WITH HAM AND CHEESE 7.5

STRAWBERRY JAM 4.2

NUTTELA 4.9

