



YOGURT

APPLE & ORANGE GRANOLA \$7.5

Toasted granola, maple syrup, apple, orange, plain natural sweet yogurt cinnamon, coconut, full cream milk

BIRCHER MUESLI \$8.5

Apple, Chia, maple syrup, cinnamon, muesli, mix nut, plain natural sweet yogurt, kiwi, orange, raspberry

TOAST \$3.5

White, Whole meal, Dark rye, Multigrain, Sourdough, Quinoa soy linseed, Turkish, Raisin served with your choice of homemade berry jam or assorted spreads

ENGLISH MUFFIN \$3.5

Your choice of Sausage, Bacon & egg or Egg & cheese

BUTTER CROISSANT \$4.5

With Ham and cheddar cheese

MORNING WRAP \$5.0

Scrambled eggs, cheddar cheese, bacon, spinach

BACON & EGG ROLL \$5.5

Bread roll, double fried egg, double bacon, spinach

EGG ON TOAST \$6.0

Your choice of plain omelette, poach, scramble or fried eggs

CN BIG BREAKFAST \$12.0

Eggs your way with toasted bread, bacon, fresh tomato, grilled mushroom, spinach, smash avocado



BREAKFAST



ADD YOUR FAVOURITE

Tomato, mushroom or spinach	+\$1.0	Salmon	+\$3.0
Ham, bacon or cheese	+\$1.0	Chicken, beef steak or beef patty	+\$4.0
Egg, sausage or Avocado	+\$2.0	Pulled pork	+\$5.0



OPEN SANDWICH

HALOUMI BRUSCHETTA \$12.0

With sourdough, rocket, haloumi, mushroom, oregano, balsamic, garlic, poached egg

CHILI CHICKEN & LEMON MAYONNAISE \$13.0

With sourdough, rocket, lemon mayonnaise, avocado, hot chili chicken, caramelized onion, sour cream

BLUE CHEESE & STEAK \$13.0

With sourdough, seeded mustard, rocket, tomato, minuted beef steak, blue cheese, mozzarella, pickled onion

THE OCEAN \$15.0

With sourdough, mash avocado & feta, scramble egg, smoked salmon, Spanish onion, baby caper, lemon wedge



CHICKEN AVO WRAP \$8.5

Homemade schnitzel, lettuce, avocado, cheese, mayo

GRILLED CHICKEN WRAP \$8.5

Grilled oregano chicken, lettuce, grilled capsicum, avocado, sweet chili sauce

STEAK WRAP \$8.5

Grilled beef, lettuce, sundried tomato, grilled eggplant, cheese, seeded mustard, mayo

BURGER COMBO DEAL \$3.5

Chips + Can or Water Add \$3.5



GOURMET BURGERS

CLASSIC Beef / Chicken \$7.0

With lettuce, tomato, onion, cheddar, mayo

TERIYAKI Beef / Chicken \$7.5

With lettuce, tomato, onion, grilled capsicum, cheddar, teriyaki mayo

DOUBLE-DECKER Beef / Chicken \$10.5

Double Meats, lettuce, tomato, onion, pickled cucumber, Tasty cheese, Mayo & ketchup

CAESAR Beef / Chicken \$9

With lettuce, bacon, fried egg, tasty cheese, Parmesan cheese, Caesar dressing

CHICKEN CORN & KALE (Clean food) \$13.0

Black glutinous rice, corn, kale, pumpkin, onion, cucumber, capsicum, parsley, grilled chicken with oregano

CHICKEN QUINOA \$13.0

White and red quinoa, brown lentils, artichoke, black olive, onion, cucumber, capsicum, parsley, grilled chicken with oregano

GOURMET WRAPS

CAESAR WRAP \$8.5

Homemade schnitzel, lettuce, bacon, Parmesan cheese, Caesar dressing

BARRAMUNDI WRAP \$8.5

Homemade crumbed Barramundi, lettuce, fresh tomato, red capsicum, cheese, chili harissa mayo

SALMON WRAP \$8.5

Smoked salmon, lettuce, sun-dried tomato, avocado, caper, cream cheese

FALAFEL WRAP \$8.5

With hummus, lettuce, falafel, grilled capsicum, grilled eggplant, avocado

BIG BANG Beef / Chicken \$7.5

With lettuce, tomato, onion, grilled capsicum, cheddar, chili harissa mayo

THE LOT Beef / Chicken \$8.5

With lettuce, tomato, onion, fried egg, pineapple, bacon, cheddar, chipotle bbq

CHICKEN SCHNITZEL \$8.5

With lettuce, tomato, onion, cheddar, sweet chili mayo

VEGGIE \$8.5

With brown rice & kale patties, toasted seed, lettuce, tomato, avocado, chipotle BBQ

PULLED PORK \$9.5

7 hr slow cooked pork served with Asian slaw

BLUE CHEESE BURGER \$9.9

With juicy beef patty, lettuce, tomato, pickle onion, blue cheese, mozzarella

TONI PEPPERONI Beef / Chicken \$9

With lettuce, tomato, red capsicum, onion, grilled pepperoni, tasty cheese, Harissa Mayo

BLT Beef / Chicken \$8.5

With lettuce, tomato, bacon, Mozzarella cheese, rosemary mayo



HEALTHY SALADS

JAPANESE STYLE BEEF STEAK \$13.0

Rocket, tomato, cucumber, onion, red cabbage, white cabbage, carrot, coriander, sesame mayo, grilled marinated teriyaki beef steak

COUNTER SERVICE THANK YOU

JUICE BAR

- GINGER HAMMER – Apple, carrot, ginger
- RED ENERGIZER – Beet, orange, apple, mint, ginger
- CITRUS KICK – Orange, apple, pineapple, ginger
- GARDEN MEDLEY – Kale, celery, cucumber, apple, lemon

BEVERAGES

Coffee	Reg \$3.3 / Lrg \$3.8	Iced Coffee	\$6.0
Tea	Reg \$3.3 / Lrg \$3.8	Baby Cino	\$1.0
Fresh Juice	Reg \$5.0 / Lrg \$6.0		
Milkshakes	Reg \$5.0 / Lrg \$6.0		