

<b>BREAKFAST ALL DAY</b>					
<b>BREKKIE BOARD</b>	10	<b>EGGS ON TOAST</b>	10	<b>EGGS "CHARLIE"</b>	19
Buttered toast, poached egg, orange juice, avocado smash and a wee bowl of muesli		Free range Gippsland eggs, poached, scrambled or fried, your choice of toast		Poached eggs, potato rosti, grilled eggplant, roast field mushroom, heirloom tomato-herb salsa sourdough toast	
<b>CHOCOLATE OATMEAL &amp; CHIA PUDDING</b>	11	<b>SIDES</b>		<b>OCEAN TROUT</b>	20
Chocolate soymilk oats, pomegranate syrup, chia pudding, acai, berries, cacao nibs		Healthy Loaf gluten free toast	1	Seared beetroot-cured ocean trout fillet, poached egg, quinoa, broccolini, tabouleh, za'atar, hummus, pickled red onion, lime	
<b>GRANOLA BOARD</b>	10	Hollandaise sauce   Dukkah   Chutney   Spinach	2		
Cinnamon puffed rice, coconut flakes, hazelnuts, pepitas, goji berries, fresh figs, linseeds, sultanas, honeycomb, vanilla yoghurt, your choice of milk		Avocado   Winter mushrooms   Roast tomato	3	<b>MUSHROOMS, GOATS, PIGS &amp; TRUFFLES</b>	20
		Baked beans   Tomato & feta salad	3	Trio of winter mushrooms, multigrain toast, baked dukkah goats cheese, pork & fennel sausage, black truffle olive oil	
		Grilled kefalograviera   Smoked salmon	3.5	Add poached eggs + \$4	
		Bacon   Pork & fennel sausage   Potato rosti	4		
<b>PORRIDGE</b>	13	<b>AVOCADO SMASH</b>	16	<b>LUNCH FROM 11AM</b>	
Steel-cut oats porridge, bananas, yoghurt, mulled fruit		Avocado, feta, lemon, multigrain toast, chilli, herbs		<b>SEBASTIAN'S SCALLOP PIE</b>	17
<b>BIRCHER</b>	11	Add poached eggs + \$4		Scallops, asparagus, bacon pot pie, béchamel sauce, puff pastry, small salad	
Oats, coconut cream, milk, dried fruits, berries, poached pears, saffron syrup, labneh		Add bacon + \$4		<b>CHICKEN SANDWICH</b>	16
<b>CRUMBLE</b>	11	<b>EL GRANDE</b>	23	Poached chicken, herb mayonnaise, rocket, avocado, grilled sourdough	
Baked apples, quince, currants, roasted nuts, shortbread crumbs, honey labneh		Cheesy scrambled eggs, baked beans, avocado, grilled chorizo, toasted tortilla, corn salsa		<b>MARRAKESH SALAD</b>	16
<b>ALMOND RICOTTA PANCAKES</b>	13	<b>BENEDICT</b>	20	Warm roasted cauliflower, poached egg, grated turmeric, du puy lentils, almond slivers, dates, spinach, chickpeas, tahini-lime dressing	
Almond milk & ricotta pancakes, cherry-rhubarb compote, vanilla-macadamia ice cream		Pulled pickled pork, poached eggs, witlof salad, hollandaise sauce, multigrain toast		<b>PORK SLIDER</b>	24
<b>ADRIEN'S FRENCH TOAST</b>	13	<b>FRITTERS</b>	19	Pulled pork, pineapple chutney, pickled cabbage, rocket, mayo, toasted brioche, chips	
Cinnamon-vanilla bread, bananas, berries, maple syrup, pistachios, mascarpone		Corn & zucchini fritters, poached egg, dukkah, roasted tomato, avocado-pea-feta smash, cholula sauce		<b>SEVEN SPICE CALAMARI</b>	20
<b>OVERNIGHT OATS</b>	8	<b>HOT CAKE</b>	18	Squid, pickled vegetables, avocado hummus, rocket, spinach, cherry tomatoes, lemon vinaigrette	
See the specials board for today's version		Ricotta & buttermilk hotcake, blueberry compote, baked apple, quince, currants, maple syrup, mascarpone		<b>ROCKLING</b>	22
Small muesli, yoghurt, fresh fruit		<b>BACON BUTTY</b>	10	Lightly pan fried rockling fillet, potato rosti, tomato, lemon butter sauce, mixed herbs	
<b>TOAST &amp; PRESERVES</b>	6.5	Bacon, fried egg, baby spinach, Hampton barbeque sauce, toasted brioche		<b>Fat Boy CHIPS</b>	8
Multigrain, sourdough or GF bread, butter, your choice of berry jam, orange marmalade, peanut butter or vegemite (GF + \$1)		<b>HAMPTON BUTTY</b>	10		
<b>FRUIT TOAST</b>	6.5	Potato rosti, fried egg, baby spinach, Hampton barbeque sauce, toasted brioche		Gluten free options available, just ask our lovely staff	
Apricot & fig bread, butter		<b>SEBASTIAN BUTTY</b>	14		
<b>TOASTIE</b>	9	Bacon, potato rosti, fried egg, cheddar cheese, baby spinach, Hampton barbeque sauce			
Multigrain, sourdough or GF toast, ham, cheese, tomato					