



Smashed it

**Avo on toast
w/ poached eggs
and coffee**

\$15

mon - thurs
9 - 12

BREAKFAST

Toast And Toppings \$5

House Bircher \$8

rolled oats, sliced apple, craisins, apple juice, pecans, honey, cinnamon & fresh berries

Granola Cup \$7

toasted muesli, vanilla yoghurt, fresh strawberries

Croissants \$6 /// \$7

thick spread Nutella /// leg ham, sliced tomato, mature cheddar

Avocado On Sour Dough \$11

salted macadamia crumble, feta, lemon

+Bacon /// Halloumi /// 2 Poached \$4each

Bacon And Eggs \$14

free range poached or scrambled eggs with 3 rashers of short cut bacon served on sourdough

+Avocado /// Spinach /// Roast Tomato \$3each

Berries And Ricotta On Rye \$14

ricotta whipped with lemon, blueberries & strawberries, smothered on dark rye with banana, honey & chia

Pesto Scrambled \$12

free range scrambled egg mixed with pine nut pesto served on sourdough

Business Bagel \$14

bacon, avo, spinach, halloumi, tomato, egg, chilli jam

Breakfast /// Vego Wrap \$10

bacon, sausage, fried egg, BBQ, tomato, spinach, cheddar, tortilla /// (Vego) halloumi & mushroom

Pan Fried Halloumi w Scrambled \$16

locally sourced halloumi, served with sautéed spinach and buttery scrambled egg on rye sourdough

TOASTIES

Includes 2 Fillings /// Extras +\$1 \$6.50

leg ham, cheddar, salami, chorizo, bacon, bocconcini, haloumi, avocado, tomato, spinach, sun dried tomato, pesto, chilli jam

SANDWICHES \$8.50 /// \$10

See our cabinet for a daily choice of sandwiches & a wide selection of cakes & gluten free slices

HOT BEVERAGES

Bear Bones Badger Blend Arabica Espresso

Espresso \$3

Piccolo Short Mach \$3.5

Flat White Capp Latte Long Black

\$3.8 /// 12oz \$4.2 /// 16oz t/a \$5

Hot Chocolate /// Mocha

\$4 /// 12oz \$4.5 /// 16oz t/a \$5.50

white, milk, dark chocolate

Teas \$3.8

all sizes EB, EG, chai, peppermint, lemongrass & ginger, berry, ginger snap, green

Extras \$0.5

bon soy, almond, zymil, honey, extra shot, syrup, dirty chai, chai tea brewed on milk, chocolate

COLD BEVERAGES

Smoothies \$6.50

Banana & Oat banana, rolled oats, honey, vanilla yoghurt, skim milk

Berry & Chia mixed berries, chia seed, coconut water

Ice Latte \$5 /// Ice Coffee \$6 /// Ice Choc \$6

Milkshakes: 12oz \$4 /// 16oz \$6

vanilla, chocolate, strawberry, caramel, coffee

Noah's Juices \$4.5 /// Bundaberg \$3.5 /// Coconut Water \$4

*Food alterations are limited and may incur a cost. Please ask our friendly staff and we'll try to accommodate your dietary, allergy and any other concerns the best we can.

