



HOT DRINKS

Black | White | Mocha | Decaf
small \$3.8 | large \$4.8

Bulletproof Coffee
(MCT oil, butter, espresso)
small \$4.5 | large \$5.5

Chai Latte
small \$4.5 | large \$5.5

Golden Mylk
(Turmeric Latte)
small \$4.5 | large \$5.5

Hot Chocolate
(vegan available)
small \$3.6 | large \$4.6

Raw Love
cacao & mint
cacao, vanilla & cinnamon
small \$4.5 | large \$5.5

Organic Tea Selection
\$4

Babychino & Sultanas
\$1

COLD DRINKS

Iced Latte
(ice, milk, espresso, vanilla essence)
small \$4 | large \$5

Iced Coffee
(milk, ice cream, espresso,
vanilla essence)
small \$5.5 | large \$6.5

Iced Americano
(ice, espresso, water, dash milk)
small \$4 | large \$5

Iced Banoffe
(banana, milk, espresso, vanilla)
\$6.5

Milkshakes
Banana, blueberry,
strawberry, chocolate,
or vanilla flavours.
(Made with real fruit or cacao
with ice-cream and vanilla)
small \$4.5 | large \$6.5

Nectar Cold Pressed Juices
\$4.5

*all non dairy or
latose free
milks 50c extra
change hot/cold
\$1 extra*

DAIRY FREE SMOOTHIES

small \$6.5 | large \$8.5

Berry Good
Blueberries, banana, cashews,
vanilla, ice, water

Banana Cinnamon
Banana, cinnamon, cashews,
vanilla, ice, water

Choc Mint
Cacao, Eucommia bark & cordyceps
with mint, cashews, banana, ice

Cacao Pow
Cacao, blueberries, banana,
cashews, vanilla, ice, water



Takeaway & Pre-Orders
Call 0432 635 527



See our blackboard
for specials!

FEELIN' TOASTIE

B&C Bagel

Seeded baged toasted and filled with deliciousness
check blackboard for specials and prices

Toasted Bacon Bun **\$10**

Crunchy toasted linseed bun with bacon, tomato,
cheese and aioli (*sriracha available*)

Brioche Toasties **\$8.5**

Ham, tasty and mozzarella cheese and dijon mustard
gluten free bread available

Roast pumpkin, tasty and mozzarella cheese, spinach
and Cajun spices
(vegetarian, gluten free bread available)

Salami, tasty and mozzarella cheese, pickles and tomato
(chilli and gluten free bread available)

ADD ME

Avocado	\$3
Egg	\$3
Tomato	\$.5



BOWLS

\$14.00

Nourish Bowl

Roast pumpkin with crunchy broccoli, capsicum, greens and lentils topped with a sesame dressing, roasted seeds, and avocado
gluten free, vegetarian, dairy free also available on request

Super Goodness Bowl

Shredded veggies and quinoa with a creamy horseradish dressing topped with roasted seeds and avocado
gluten free, vegetarian

add ham, scrambled egg or salami \$2

mix our salad bowls for extra yumminess!

LITTLE PEOPLE

Toasties **\$6.5**

Either ham, avocado or vegemite with cheese

Kids Tasting Plate **\$6.5**

cheese, biscuits, sultanas and tiny hot chocolate

Pancakes **\$5**

Served with butter, banana, cinnamon and honey
add an extra pancake for \$2

Fruit Toast **\$3**

Served with butter

Milkshakes **\$4.5**

Made with real fruit or cacao. Choose from banana, strawberry, chocolate, blueberry or vanilla



CLASSICS

Classic Avocado **\$11**

Avo with sesame seeds and lemon on sourdough toast
vegan

Eggs on Toast **\$14**

Scrambled eggs on buttered sourdough
olive spread available for dairy free

Bruchetta **\$14**

Fresh and sun-dried tomatoes, spring onion,
capsicum, basil, hummus with roasted seeds, balsamic
and greens on sourdough
olive spread available for vegan

Brunch Plate **\$16**

A collection of your fav brunch items - Check our
blackboard for whats on the plate!
low carb option available



add egg
\$3



add avocado
\$3



add bacon
\$4

THAT'S SWEET

Fruit Sourdough

Thick cut sourdough stuffed
with figs and apricots toasted
with butter or olive spread

\$12

Waffles

Check our blackboard
for specials!

\$12.5