## HOT DRINKS



all non dairy or

milks 50c extra

change hot/cold

# COLD DRINKS

Black | White | Mocha | Decaf small \$3.8 | large \$4.8

**Bulletproof Coffee** 

(MCT oil, butter, espresso) small \$4.5 | large \$5.5

Chai Latte small \$4.5 | large \$5.5

> Golden Mylk (Tumeric Latte)

small \$4.5 | large \$5.5

**Hot Chocolate** 

(vegan available) small \$3.6 | large \$4.6

Raw Love

cacao & mint
cacao, vanilla & cinnamon
small \$4.5 | large \$5.5

Organic Tea Selection \$4

Babychino & Sultanas \$1 **Iced Latte** 

(ice, milk, espresso, vanilla essence)
small \$4 | large \$5

**Iced Coffee** 

(milk, ice cream, espresso, vanilla essence)

small \$5.5 | large \$6.5

**Iced Americano** 

(ice, espresso, water, dash milk)
small \$4 | large \$5

**Iced Banoffe** 

(banana, milk, espresso, vanilla) \$6.5

Milkshakes

Banana, blueberry, strawberry, chocolate, or vanilla flavours. (Made with real fruit or cacao with ice-cream and vanilla)

small \$4.5 | large \$6.5

Nectar Cold Pressed Juices \$4.5

# DAIRY FREE SMOOTHIES

## small \$6.5 | large \$8.5

#### **Berry Good**

Blueberries, banana, cashews, vanilla, ice, water

#### Banana Cinnamon

Banana, cinnamon, cashews, vanilla, ice, water

#### **Choc Mint**

Cacao, Eucommia bark & cordyceps with mint, cashews, banana, ice

#### Cacao Pow

Cacao, blueberries, banana, cashews, vanilla, ice, water



Takeaway & Pre-Orders Call 0432 635 527



FEELIN' TOASTIE



See our blackboard for specials!

## B&C Bagel

Seeded baged toasted and filled with deliciousness check blackboard for specials and prices

## Toasted Bacon Bun .....

\$10

Crunchy toasted linseed bun with bacon, tomato, cheese and aioli (sriracha available)

#### Brioche Toasties .....

\$8.5

Ham, tasty and mozzarella cheese and dijon mustard gluten free bread available

Roast pumpkin, tasty and mozzarella cheese, spinach and Cajun spices (vegetarian, gluten free bread available)

Salami, tasty and mozzrella cheese, pickles and tomato (chilli and gluten free bread available)



## ADD ME

Avocado Egg

Egg **\$3**Tomato **\$.5** 

\$3

## BOWLS

#### \$14.00

#### **Nourish Bowl**

Roast pumpkin with crunchy broccoli, capsicum, greens and lentils topped with a sesame dressing, roasted seeds, and avocado gluten free, vegetarian, dairy free also available on request

#### **Super Goodness Bowl**

Shredded veggies and quinoa with a creamy horseradish dressing topped with roasted seeds and avocado gluten free, vegetarian

add ham, scrambled egg or salami **\$2** mix our salad bowls for extra yumminess!

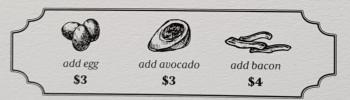
# LITTLE PEOPLE

Toasties	\$6.5
Either ham, avocado or vegemite with cheese	40.0
Kids Tasting Plate	\$6.5
Pancakes Served with butter, banana, cinnamon and honey add an extra pancake for \$2	\$5
Fruit Toast Served with butter	\$3
Milkshakes  Made with real fruit or cacao. Choose from banana, trawberry, chocolate, blueberry or vanilla	\$4.5



## CLASSICS

Classic Avocado	311
Avo with sesame seeds and lemon on sourdough toast vegan	
Eggs on Toast	\$14
Scrambled eggs on buttered sourdough	
olive spread available for dairy free	
Bruchetta	\$14
Fresh and sun-dried tomatoes, spring onion,	
capsicum, basil, hummus with roasted seeds, balsamic	
and greens on sourdough	
olive spread available for vegan	
Brunch Plate	\$16
A collection of your fav brunch items - Check our	
blackhoard for whats on the plate!	



# THAT'S SWEET

## Fruit Sourdough

low carb option available

Thick cut sourdough stuffed with figs and apricots toasted with butter or olive spread

## Waffles

Check our blackboard for specials!

\$12

\$12.5