



BREAKFAST / ALL DAY

TOAST / white sourdough, wholemeal, soy/linseed or gluten free
WITH jam, peanut butter, vegemite or nutella **4**

RAISIN TOAST / butter **4**

BANANA BREAD / butter **4**

ACAI BOWL / seasonal fruits, muesli, nuts **12**

HEALTHY BOWL / baked mushrooms, roast pumpkin, grilled halloumi, baby spinach, roast tomato, quinoa, 2 poached eggs **16**

EGGS ON TOAST / poached, scrambled or fried eggs, toast **8**

BACON & EGGS / bacon, poached, scrambled or fried eggs, toast **12**

BACON & EGG ROLL / two bacon, two eggs, milk bun **7**

SAUSAGE & EGG WRAP / italian sausage, scrambled eggs, cheese **7**

BREKKIE BURGER / grilled sausage, fried eggs, hash brown, cheese, baby spinach, hollandaise sauce **12**

CORN & ZUCCHINI FRITTERS / corn, zucchini & sweet potato fritters, baby spinach, avocado salsa, poached egg **16**

AVO SMASH / smashed avocado on soy/linseed, fetta, charred corn, beetroot jam, dukkah, olive oil **14** / + poached egg **2**

MUSHROOMS & CHILLI SCRAMBLE / sautee'd wild mushrooms on toast, scrambled eggs, marinated goats cheese, chilli oil **14**

EGGS BENNY / poached eggs on toast, baby spinach, hollandaise sauce, bacon **OR** smoked salmon **14**

BIG BREKKIE / eggs, bacon, italian sausage, mushrooms, tomatoes, hash brown, baby spinach, toast of choice **19**

EXTRAS

BACON / 4
HASH BROWN / 3
ITALIAN SAUSAGE / 3
AVOCADO SMASH / 3
MUSHROOMS / 3
GRILLED TOMATO / 3
SMOKED SALMON / 4

KIDDIES

PLAIN PANCAKES / 8
NUTELLA PANCAKE SANDWICH / 8
EGG ON TOAST / 5
PENNE NAPOLITANA / 8
CHICKEN NUGGETS & CHIPS / 10
CHEESEBURGER & CHIPS / 10

LUNCH

CHICKEN BURGER / fried buttermilk crispy chicken, avocado, cheese, aioli, chips **15**

BEEF BRISKET BURGER / slow cooked beef brisket, bacon, cheese, crispy onion rings, bourbon bbq sauce, chips **16**

DOUBLE CHEESEBURGER / double beef patty, double cheese, pickles, american mustard, ketchup, milk bun, chips **16**

LAMB BURGER / grilled lamb patty, halloumi, hummus, beetroot jam, spinach, chilli mayo, milk bun, sweet potato chips **16**

STEAK SANGA / grilled scotch fillet, fried egg, grilled onion, cheese, tomato, lettuce, aioli, soy & linseed, chips **16**

SPAGHETTI / king prawns, cherry tomatoes, baby spinach, basil, chilli, garlic, olive oil **17**

PENNE / chicken breast, sundried tomatoes, pesto, pine nuts, cream **15**

PAPPARDELLE / house-made pappardelle, lamb ragu, nap sauce, wild mushrooms, truffle oil, parmasen cheese **16**

FRESCA SALAD / mixed beans, lentils, raisins, avocado, celery, kale, pine nuts, buttermilk dressing **13**
+ chicken **4** / + grilled beef **5**

POLLO SALAD / grilled chicken, roast pumpkin, beetroot, walnuts, fetta, baby spinach, balsamic dressing **15**

SNAPPER FILLET / potato, pea & herb salad, red pepper & ginger marmalade **21**

SCHNITZEL / crumbed chicken breast, slaw, chips, gravy **16**

SCOTCH FILLET / grilled 250g scotch fillet, green beans, potato mash, onion rings, wild mushroom sauce **23**

CHIPS / aioli **4**

SWEET POTATO FRIES / aioli **5**

MIXED SALAD / mixed leaf, cherry tomato, olives, cucumber, balsamic dressing **7**

'SEE OUR SPECIALS BOARD FOR WEEKLY SPECIALS'

**SOUTHRIDGE PLAZA
SOUTHRIDGE STREET
EASTERN CREEK NSW**

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industrial harvest

WE CATER!
Enquire with in
our friendly staff.



BEVERAGES

COFFEE BY TOBY'S ESTATE
regular 3.5 | large 4

short black, long black, macchiato, piccolo, latte, flat white,
cappuccino, mocha, chai latte, iced latte

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decaf, bon soy, lactose free, almond milk +0.50
extra shot +0.50

HOT CHOCOLATE 4
NUTELLA HOT CHOCOLATE 5
BOUNTY HOT CHOCOLATE 5
AFFOGATO 7

TEA BY T2
bottomless 3.5

-
english breakfast, earl grey, chai, chamomile, peppermint,
sencha green, crème brulee

MILKSHAKES

TRADITIONAL / chocolate, strawberry, banana,
caramel OR vanilla 5.5

SMOOTHIES

ACAI / acai, strawberries, almond milk, honey,
toasted almonds 8.5

BANANA / banana, cinnamon, toasted oats,
skim milk, natural yoghurt, honey 7.5

BLUEBERRY / blueberry, coconut milk, honey,
banana, natural yoghurt 7.5

MANGO / mango, coconut, vanilla icecream,
milk, honey 7.5

PROTEIN SHAKES

CHOC BANANA / chocolate protein, banana,
cinnamon, chia seeds, manuka honey 9

COOKIE MONSTER / cookies & cream protein,
oats, banana, skim milk, manuka honey 9

COLD DRINKS

330ml coke variety 4
san pellegrino 500ml 4.5
iced tea 4
bottled spring water 3
ovi water 4
'capi' fruit soda 4
kumboucha 5.5

SEE DRINKS FRIDGE FOR A
VARIETY OF OTHER DRINKS

**FRESHLY
SQUEEZED
JUICE**

MAKE YOUR OWN 6.5

orange, apple, pineapple, carrot, kale,
cucumber, watermelon, celery, mint, ginger

ALCOHOLIC BEVERAGES

BOTTLED BEER/CIDER

peroni 'nastro azzuro' 6
james squire 'one fifty lashes pale ale' 6
corona 6
coopers pale ale 6
james boags 'premium light lager' 6
monteith's apple cider 6

WINE

PINOT GRIGIO / 'mc'williams' on the grape vine
2016 7.5 / 32

SAUVIGNON BLANC / 'oyster bay' marlborough
2016 8 / 34

CABERNET SAUVIGNON / 'penfolds' koonunga hill
2015 8 / 34

SHIRAZ / 'wynns' coonawarra
2015 8 / 34