

# Breakfast till 2pm

## Breakfast Extras 3

Bacon, Salmon, Fried tomato, Halloumi, Mushroom,  
hollandaise, Spinach

Rye sourdough 1.5, Gluten free bread

**Eggs on sourdough-** Poached, fried, scrambled 10

**Pitaya Bowl-** topped with granola, seasonal fruits DF, V 15.5

**Coconut Bircher-** Oats, chia, goji, shredded apple, yogurt,  
seeds topped with seasonal fruits 14

**Granola-** organic oats, nuts and seeds served with yogurt,  
seasonal fruit and berries 14

**Buttermilk pancakes-** pure maple, mascarpone, berries,  
roasted macadamias, passionfruit 15.5

**Vegan waffle-** Pure maple, pistachios, house made  
strawberry ice cream, berries, kiwi GF,DF,V 15.5

**Fruit salad-** seasonal fruits with Greek yogurt and almond  
flakes GF 12

**Deluxe Brekkie-** Sourdough toast, bacon, eggs, fried tomato,  
mushrooms, halloumi, spinach, relish 19.5

## **Breakfast till 2pm**

**Zucchini, halloumi and corn fritters-** cherry tomatoes, avocado, poached egg, hollandaise (GF available on request)

17

**Dukkah Eggs-** Sourdough toast, smashed avocado, poached eggs, dukkah, halloumi, lemon and rocket 17

**Smashed Avo-** sourdough toast, smashed Avo, feta, lime, rocket, black sesame seeds 15

**Eggs Benedict-** sourdough toast, spinach, poached eggs, hollandaise w/Bacon 15 w/Salmon 18

**Kids Pancakes-** maple, strawberries, ice cream, sprinkles 9.5

## **Breakfast till 2pm**

**Toast-** sourdough, white, wholegrain, fruit toast, gluten free  
5.5

Rye sourdough 6.5

**Banana bread-** GF 5.5

**Ham and cheese croissant** 7.5

**Bacon and egg Turkish roll-** bacon, egg, cheese, relish 10

**Scrambled egg and bacon wrap-** bacon, scrambled egg,  
tomato relish, spinach 10

## **Foccacias 10**

**Turkey-** cranberry, avocado, tasty cheese, spinach

**Veggie-** pumpkin, roasted capsicum, sundried tomato, basil pesto, feta, spinach

**Chicken and bacon-** tasty cheese, spinach, mayo, sundried tomato

**Sweet chilli chicken-** chicken, mayo, tomato, sweet chilli sauce, tasty cheese

**Roast beef-** seeded mustard mayo, onion, tomato, tasty cheese, spinach

## **Wraps 10**

**Chicken salad –** mayo

**Tuekey salad-** cranberry

**Roast beef salad-** mayo

**Chicken Caesar-** cos lettuce, bacon, egg, parmesan, chicken, Caesar dressing

**Chicken Schnitzel-** schnitzel, tasty cheese, spinach, tomato, sweet chilli sauce

## **Toasties**

Ham, cheese, tomato 7

Chicken, cheese, avocado 7.5

Roast beef, mayo, cheese, tomato 6.5

## **Salads 15**

**Sweet potato & Beetroot**- sweet potato, spinach, quinoa, snow peas, avocado, feta, roasted beetroot, seeds, tahini dressing

**Haloumi salad**- halloumi, avocado, lime, rocket, walnuts, pomegranate

**Chicken casear**- chicken breast, cos lettuce, bacon, parmesan, croutons, casear dressing

**Frittata w/ garden salad** 12.5

## **Drinks**

Black coffee cup 3.8 mug 4.2

White coffee cup 4 mug 4.5

Espresso 3.2

Piccolo 3.5

Short machiatto 3.5

Long machiatto 4

Affagato 4.5

Hot choc/white hot choc cup 4 mug 4.5

Nutella hot choc cup 4 mug 4.5

Prana chai tea latte 5

Turmeric latte cup 4.8 mug 5.2

Iced chocolate/ iced coffee 5.5

Iced latte 5

## **Extra .60c**

Soy milk, almond milk, coconut milk, lactose free, Flavoured  
syrup

## **Teas 4**

English breakfast/ Earl grey/ chai/ green/ Lemongrass and  
ginger/ peppermint

## Smoothies 8

**Green-** spinach, avocado, apple, mango, mint, coconut water

**Tropical-** mango, pineapple, strawberry, passionfruit, coconut milk

**Acai-** blueberries, banana, acai, honey, coconut milk

**Banana-** banana, Greek yogurt, milk, honey, cinnamon

**Watermelon-** strawberry, watermelon, coconut water, mint, lime

**Tumeric-** mango, passionfruit, banana, turmeric, coconut milk

## Milkshake 5.5 / Thickshake 6.5

### Kids milkshake 4

**Flavours-**Chocolate, vanilla, caramel, strawberry, banana

## Shakes 10

Cookie dough

Gaytime

Nutella brownie