

# DRINKS MENU

TAKE LIFE ONE CUP AT A TIME est. 2k16

## FRESH JUICES & SMOOTHIES

<b>ORANGE JUICE</b>	\$ 7
<i>Freshly squeezed</i>	
<b>APPLE JUICE</b>	\$ 7
<i>Freshly squeezed</i>	
<b>GREEN GOBLIN</b>	\$ 9
<i>Kale / spinach / GS apple / mint / celery</i>	
<b>MANGO &amp; PINEAPPLE</b>	\$ 9.5
<i>Mango / pineapple / coconut water</i>	
<b>BANANA-RAMA</b>	\$ 9
<i>Fresh banana / milk / vanilla yoghurt</i>	
<b>VIRGIN BERRY DAIQUIRI</b>	\$ 9.5
<i>Blackberry / blueberry / raspberry</i>	
<b>WATERMELOONE INSTEAD</b>	\$ 9.5
<i>Watermelon / raspberry / mint</i>	
<b>KIDS JUICES</b>	\$ 5

## PHAT SHAKES

<b>FRENCH VANILLA</b>	\$ 7.5
<b>SALTED CARAMEL</b>	\$ 8.5
<b>STRAWBERRIES &amp; CREAM</b>	\$ 8.5
<b>CHOCOLATE</b>	\$ 7.5
<b>NUTELLA</b>	\$ 9
<b>KIDS MILKSHAKES</b>	\$ 5
<b>SPRING WATER</b>	\$ 3.5

## LOOSE LEAF TEA

<b>WHITE PEONY</b>	\$ 4.5
<i>Type: White</i>	
<i>Flavours of: Young peach / Biscuit finish</i>	
<b>SILVER JASMINE</b>	\$ 4.5
<i>Type: Jasmine</i>	
<i>Flavours of: Fragrant Jasmine blossom</i>	
<b>RED MYSTIC</b>	\$ 4.5
<i>Type: Earl Grey</i>	
<i>Flavours of: Molasses / Malt / Vanilla</i>	

## SWOLE SHAKES

<b>HARAMBE HUMBLER</b>	\$ 10
<i>Banana / coconut milk / chia seeds / dates / whey protein / crushed ice</i>	
<b>BERRY-BERRY FIT</b>	\$ 10
<i>Mixed forest berries / skim milk / whey protein / crushed ice</i>	
<b>OCTANE TANK SLAPPER</b>	\$ 10
<i>Double shot espresso / chocolate / almond milk / whey protein / crushed ice</i>	
<b>MANIAC MAKER</b>	\$ 10
<i>Chocolate / peanut butter / coconut milk / whey protein / crushed ice</i>	

## COLD DRINKS

<b>COCA COLA</b>	\$ 4.5
<b>COKE NO SUGAR</b>	\$ 4.5
<b>SPRITE</b>	\$ 4.5
<b>BUNDY GINGER BEER</b>	\$ 4.5
<b>SAN PELLEGRINO</b>	\$ 4.5
<b>SAN PELLEGRINO 500ml</b>	\$ 7.5

<b>DRAGON WELL</b>	\$ 4.5
<i>Type: Green</i>	
<i>Flavours of: Roasted corn / Chestnuts / Pistachio</i>	
<b>ASSAM ORTHODOX</b>	\$ 4.5
<i>Type: English Breakfast</i>	
<i>Flavours of: Chocolate / Malt / Fruit buns</i>	

## COFFEE

<b>ESPRESSO</b>	\$ 3.5	<b>MOCHA</b>	\$ 4.5
<b>LONG BLACK</b>	\$ 3.5	<b>CHAI LATTE</b>	\$ 4.5
<b>MACCHIATO</b>	\$ 4	<b>HOT CHOCKIE</b>	\$ 4.5
<b>PICCOLO</b>	\$ 4	<b>AFFOGATO</b>	\$ 5
<b>FLAT WHITE</b>	\$ 4	<b>DIRTY CHAI</b>	\$ 5
<b>LATTE</b>	\$ 4	<b>ICE LONG BLACK</b>	\$ 5
<b>CAPPUCCINO</b>	\$ 4	<b>ICE LATTE</b>	\$ 5

\*\*\* Large / Extra shot / Decaf / Soy / Almond / Coconut / Lactose Free / Syrups .50c

## HERBAL BLENDS

<b>HEAL</b>	\$ 4.5
<i>Flavours of: Lemon / Cassia / Ginger</i>	
<b>DIGESTIF</b>	\$ 4.5
<i>Flavours of: Peppermint / Spearmint / Fennel / Lavender</i>	
<b>MASALA CHAI</b>	\$ 4.5
<i>Flavours of: Cinnamon / Star Anise / Black pepper / Cardamon</i>	
<i>Best served: with milk &amp; honey</i>	

## DESSERTS & SWEET TREATS

WHITE CHOCOLATE & PISTACHIO CHEESECAKE  
GINGER CRUMB / BITTER SWEET MEDALLION / PASSIONFRUIT SORBET  
\$ 15

BRAZILIAN PINEAPPLE CAPPACHIO  
COCONUT SORBET / SHORT CRUST CRUMB / FRESH LIME  
\$ 14

BELGIUM CHOCOLATE TART  
BLACKCURRENT SORBET / BERRY MEDLEY / CHOCOLATE CONE  
\$ 15

SEE OUR CABINETS & ASK ABOUT FOR OUR TASTY SELECTION OF PASTRIES