

DRINKS MENU

COFFEE

	Small	Med	Large
	\$3.50	\$4.00	\$5.00

Flat White

Cappuccino

Latte

Long Black

Hot Chocolate

Chai Latte

Turmeric Latte

Piccolo/Baby Chino \$3.50/ \$2.00

Macchiato Short \$3.50 Long \$5.00

Extras

Decaf/Mocha 50c

Syrups 70c

Almond milk, Soy milk, Coconut milk, Zymil
Small 50c Med/Large 70c

TEA \$4

English Breakfast, Chai, Earl Grey,
Chamomile, Lemon grass & Ginger,
Peppermint, Green.

Home Brewed Iced Tea (ask staff for today's flavour) \$6



LETS HELP MOTHER EARTH



Here at Happy Turtle Café we have made it our mission to create the most sustainable takeaway café possible. We have implemented the elimination of single use plastic and use only recyclable and biodegradable packaging. Chloe has a strong passion for health, wellbeing and sustainability. She has based the menu around seasonal, fresh produce to support this. Therefore we may not offer the biggest variety of juices and smoothies but rather focus on combinations that are seasonal and local. Our cold press juice is freshly pressed to maximize nutrient absorption offering a therapeutic benefit. All of our stock is sourced locally to support local growers, farmers and small businesses.

Please respect our Recycle Me cup system where you can return your cup to our collection station which is situated right next to the pick up window. The cups will be collected by Shred X and made back into paper which can be recycled up to 7 times. It is predicted that over 6 months, this system should save up to 14 trees from being chopped down!

Every time you bring your own cup or container we donate 20c to our charity Sea Life Trust. These guys are doing amazing things for our oceans right here on the Sunshine Coast.

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COLD DRINKS

Cold Pressed Juice (check for today's flavour)	Med \$7	Large \$9
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Smoothies

Seasonal flavour of the day Banana & Honey		\$9
Acai, Peanut Butter & Banana		

Iced Coffee— Espresso, ice, milk & ice cream	\$6	
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Iced Latte—Espresso poured over ice & milk	\$5.50	
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Iced Long Black	\$5	
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Espresso Frappe— espresso, ice-cream, ice, milk	\$7.50	
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Iced Chocolate/Iced Chai	\$6	
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Milkshakes—strawberry, chocolate, vanilla, caramel or hazelnut	Kids \$4.00	Lrg \$5.00
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Water – still/sparkling	Still \$2.80	Sparkling \$3.80
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Softdrink cans	\$2.80	
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Kombucha (Mojo)	\$5	
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Noah's Juice/Poppers	\$5.00/	\$2.80
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FOOD MENU

Cabinet Items

We take great pride in preparing a range of fresh items to fill our cabinet every morning. We make most of our own cakes, muffins, slices, biscuits and savoury & sweet pastries. Our salads can be made into a whole meal (nourish bowl). Tempeh, Halloumi or Grilled Chicken can be added. All of our sandwiches and wraps can be served fresh or toasted, with the option of a side of chips.

Assorted Sandwiches, Wraps & Bagels	Add a side of chips \$4.00 (after 11:30)
Healthy Salads	Large \$13 Small \$8
All made fresh each morning from local and seasonal ingredients served with a delicious dressing to match.	Add Chicken/Halloumi \$5 Add Tempeh \$4.00
Sausage Rolls & Pies	Check Cabinet for today's selection & prices
Frittatas & Quiches	Add Side Salad \$4 Add Side Chips \$4
Assorted Cakes	

ALL DAY MENU

7:00am-4:30pm

Acai Bowl	Large \$15.50 Small \$10.50
Acai Flow, granola, seasonal fruit & cocoa nibs	
Add Peanut Butter	\$1.50
Vegan, GF option	
Smashed Avo	\$14.00
Served on organic sourdough, cherry tomatoes, rocket, nuts & seeds, balsamic glaze & nutritional yeast.	Add Halloumi or Bacon \$5.00
Fresh Fruit Bowl (V)	\$13
Served with house made granola and coconut yogurt	
Toast with Condiments	\$6.00
Organic Sourdough w/ Butter, House Jam,	
Fruit Toast	\$6
w/ Butter, Jam or Honey	

ICE CREAM

Soft Serve Cone	\$4
Kiddies	\$3.50
Sundae Cup	\$5.50
Acai Cone-w GF Waffle Cone	\$6.50

LUNCH MENU

11:30am-4:30pm

Crispy Coated Hot Chips -GF, DF, Vegan option	Small \$4 Med \$6 Large \$10.50
Served with our special secret herbs and spices & aioli	
Seasonal Salad	Small \$8 Large \$13.50
Add Chicken, Tempeh, Halloumi or Bacon	

Nourish Bowl	\$14.50
Daily salad from the cabinet piped with mushroom braised brown rice, hummus, dressing, seeds & nutritional yeast..	
Add Chicken, Halloumi or Bacon \$5	Add Tempeh-\$4

BREAKFAST MENU

7:00-11:30am

Deluxe Breaky Burger	\$14.90
Bacon, fried egg, spinach, hash brown, caramelised onion, avocado, Swiss cheese, tomato relish & aioli	
Basic Breaky Burger	\$12.90
Bacon, fried egg, spinach, swiss cheese, tomato relish, aioli	
Vegan Breaky Wrap	\$12.90
Turmeric scrambled tofu, spinach, mushrooms, hash brown, caramelised onion, tomato relish & vegan aioli.	
Deluxe Breaky Wrap	\$12.90
Bacon, egg, spinach, hash brown, caramelised onion, swiss cheese, tomato relish & aioli.	
Halloumi Breaky Wrap	\$12.90
Halloumi, egg, spinach, mushrooms, caramelised onion, hash brown tomato relish & aioli.	
Bacon & Egg Muffin	\$10
Bacon, fried egg, bbq sauce & swiss cheese	
Ham & Cheese Croissant	\$7
Daily Baked Muffins w/butter or relish	\$6

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