FOOD

ALL DAY

BREAKFAST

SMASHED OMELETTE $16.5
SEASONAL VEGETABLES, PARMESAN CHEESE, BASIL PESTO, SOURDOUGH.

SAUTEÉD GREENS $15.5 DF GF
HERB INFUSED OLIVE OIL, DUKKAH AND POACHED EGG.

FRENCH TOAST $17
ROASTED APRICOTS, VANILLA MASCARPONE, TOASTED ALMONDS.

SMASHED AVOCADO $16
BEETROOT HOMMUS, FETA AND DUKKAH.

DELUXE SMASHED AVOCADO $19
BEETROOT HOMMUS, FETA, DUKKAH, BACON, SPINACH, POACHED EGGS.

FREE RANGE EGGS $11
POACHED, FRIED OR SCRAMBLED ON SOURDOUGH.

EGGS BENEDICT $18
POACHED EGGS, SPINACH, BACON, SOURDOUGH, HOLLANDAISE.

BIG BREAKFAST $22
POACHED, FRIED OR SCRAMBLED EGGS AND 4 EXTRAS OF YOUR CHOICE FROM BELOW.

EXTRAS

EXTRAS $4

BUTTERED MUSHROOMS
BALSAMIC TOMATOES
SAUTEED SPINACH
STREAKY BACON
GRILLED HALOUMI
FETA AND CHIVE HASH CAKE
SMOKED SALMON
BEEF SAUSAGE
AVOCADO
EGG(1) $2.5

BRUNCH

SWEET CORN PUMPKIN AND ZUCCHINI FRITTERS $18 GF
BACON, AVOCADO AND AIOLI.

POTATO CAKES $18 GF
SMOKED SALMON, SPINACH, GRILLED ZUCCHINI, LEMON DILL YOGHURT SAUCE AND POACHED EGGS.

FALAFEL BOWL $16.5 GF
FRESH GREENS,QUINOA, TOMATO, ONION, HALOUMI AND TZATZIKI.

BEEF BURGER $18
CARAMELISED ONION, BEETROOT, TOMATO, BBQ SAUCE AND FRIES.

CHICKEN SALAD $18 GF DF
SAUTÉED BEANS, CHICKPEAS, CHERRY TOMATOES, GREENS AND HONEY MUSTARD DRESSING.

GOODIE BOWL $18 DF GF
FRESH VEGETABLES, QUINOA, AVOCADO, BOILED EGG, WASABI MAYO YOUR CHOICE OF SMOKED SALMON, TOFU OR CHICKEN.

FRIES $6.5
AIOLI OR TOMATO SAUCE.

THE STAPLE WRAP $10
BACON, FRIED EGG, SWISS CHEESE AND TOMATO RELISH.

HAM AND CHEESE CROISSANT $7

TOASTIE $7
CHEESE AND TOMATO OR HAM AND CHEESE.

TOASTED SOURDOUGH $6.5
2 PIECES OF TOAST WITH JAM, VEGEMITE, PEANUT BUTTER, HONEY OR NUTELLA.

FRUIT AND NUT TOAST $6.5
WITH HOUSE MADE RASPBERRY JAM.

BREAKFAST ROLL $10
BACON, EGG, HALOUMI AND BBQ SAUCE.

PLEASE PAY AND ORDER AT COUNTER

DRINKS

FROM THE HOUSE

COLD BREW $ 5
Black or white served over ice.

ICED TEA $ 5
Please ask staff for today's brew options.

COLD PRESSED JUICES $ 7
Please ask staff for today's options.

ICED DRINKS

AFFOGATO $ 4
Double espresso and ice cream.

ICED CHOCOLATE S $5 L $7
Choose from ice or ice cream & cream served with house chocolate syrup and milk.

(Add an extra shot and make it a Mocha + .5)

ICED CHAI S $5 L $7
Choose from ice or ice cream & cream served with house chai syrup and milk.

(Add an extra shot and make it Dirty + .5)

ICED COFFEE S $5 L $7
Double espresso, ice cream, milk and cream.

ICED LATTE/ICED LONG BLACK S $4 L $5
Double espresso, ice and milk or water.

ICED JAFFA S $5 L $7
Choose from ice or ice cream & cream served with house chocolate syrup, Jaffa syrup and milk.

(Add an extra shot and make it a Mocha + .5)

SMOOTHIES $8

BANANA
Banana, ice cream, honey, milk and ice.

MANGO
Mango, ice cream, honey, milk and ice.

BERRY
Mixed berries, spinach, coconut cream, honey, ice and water.

SPINACH
Spinach, banana, avocado, water and ice.

EXTRAS

SCOOP OF PROTEIN POWDER	$1
ICE CREAM	.5
AVOCADO	$2
COCONUT CREAM	.5

FRAPPES & MILKSHAKES

FRAPPE	S $6	L $7
MILKSHAKE	S $5	L $6
THICK SHAKE	S $6	L $7

Caramel	Strawberry
White Chocolate Mocha	Lime
Chocolate	Jaffa
White Chocolate	Coffee
Hazelnut	Chai
Dirty Chai	Mocha
Jaffa Mocha	Vanilla

DRINKS

HOT DRINKS

DINE IN CUP $ 4 MUG $4.7

CAPPUCCINO
FLAT WHITE
LATTE
LONG BLACK
LONG MACCHIATO
MOCHA
DIRTY CHAI
HOT CHOCOLATE
TUMERIC LATTE
JAFFA HOT CHOCOLATE
JAFFA MOCHA

DINE IN $3.2

ESPRESSO
DOPPIO
RISTRETTO
DOUBLE RISTRETTO
SHORT MACCHIATO
PICOLO

KIDS HOT DRINKS

BABYCINO $ 1.5

BABY HOT CHOCOLATE $ 2

BABY CHAI LATTE $ 2.5

BABY JAFFA HOT CHOCOLATE $ 3

EXTRAS .5

DECAF
EXTRA SHOT
CREAM
BON SOY
MILK LAB
(also available for purchase by the bottle)
ALMOND
LACTOSE FREE
COCONUT
MACADAMIA

SYRUPS
CARAMEL
VANILLA
HAZELNUT
WHITE CHOCOLATE
JAFFA

TEA

TEA POT FOR ONE $ 4
ENGLISH BREAKFAST
EARL GREY
CHAI
LEMONGRASS AND GINGER
PEPPERMINT
JASMINE GREEN
CHAMOMILE

KIDS

FOOD

TOASTIE $5.5
HAM AND CHEESE OR CHEESE AND TOMATO ON WHITE BREAD.

AVOCADO ON TOAST $5.5
WHITE TOAST.

PANCAKES $9
ICE CREAM AND MAPLE SYRUP.

BACON AND EGG ON TOAST $7
POACHED, FRIED OR SCRAMBLED, BACON AND WHITE TOAST.

FRENCH TOAST $9
WITH BANANA, ICE CREAM AND MAPLE SYRUP.

FRIES $5
SMALL BOWL WITH TOMATO SAUCE.

CHEESEBURGER $9
WITH FRIES AND TOMATO SAUCE.

DRINKS

BABYCINO	$1.5
BABY HOT CHOCOLATE	$2
KIDS MILKSHAKES	$5
KIDS FRAPPE	$6
KIDS THICK SHAKE	$6

Flavours: Caramel, Vanilla, Strawberry, Chocolate, Lime, Hazelnut, White Chocolate, Jaffa or Chai.