

18

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12

14

(03) 7036 6247 www.lin20.com.au hello@1in20.com.au

# eat

sourdough toast	6	1 in 20 superfood salad bowl			
<pre>choice of: - ridiculously good peanut butter - basin backyard honey - raspberry chia seed jam - nutella</pre>		<pre>w/ roasted sweet potato, kale, spinach, quinoa, roasted peppers, avocado, edamame, black sesame, toasted almonds, orange &amp; beetroot dressing (v)</pre>			
sourdough fruit loaf	7	the reuben			
toasted w/ cinnamon maple butter		house made corned beef, dijonnaise, swiss cheese, pickled onions,			
eggs on toast	12	sauerkraut on rye w/ fat chips			
poached, fried or scrambled free ange eggs on sourdough or turkish		bbq pulled pork eggs benny			
bread		w/ spinach, chipotle hollandaise on turkish bread			
e & b burger or wrap	12	smokey bean & capsicum ragout			
<pre>smoked bacon, free range fried egg, tasty cheese, smokey tomato relish o brioche bun (gfo)</pre>	n	<pre>w/ chorizo, grilled halloumi (vo) (vegan option w/ vegan fetta)</pre>			
breaky burrito	16	japanese karaage chicken or bbq pulled pork burger			
<pre>smokey bean &amp; capsicum ragout, chorizo, scrambled egg, cheese (vo) (vegan option w/ vegan fetta)</pre>		<pre>w/ crunchy slaw, avo, sriracha aioli and togarashi salted sweet potato fries w/ kewpie mayo</pre>			
summer berry bircher	12	not just chips			
oats, coconut yoghurt, chia & goji berries, summer berries, freeze drie raspberries (v)	e d	<ul> <li>fat chips or sweet potato fries</li> <li>w/ kewpie mayo or relish</li> <li>bbq pulled pork loaded fries w/</li> </ul>			
house made banana bread french toast	14	<pre>smoked mozzarella - loaded sweet potato fries w/</pre>			
<pre>w/ peanut butter banana nice cream, smoked almond brittle (v)</pre>		smashed avo & chipotle aioli			
rocky road waffles	14	add sides:			

2

16

17

<ul> <li>chipotle hollandaise</li> <li>smokey tomato relish, kewpie</li> <li>mayo, egg, salad greens, hash</li> <li>brown, falafel, mushrooms,</li> <li>persian fetta, tomato</li> </ul>	2 3
- halloumi, smashed avo, smokey	4
<ul><li>bean ragout</li><li>chorizo, bbq pulled pork, free</li><li>range bacon, smoked salmon</li></ul>	5

v = vegan, vo = vegan option vg = vegetarian, vgo = vegetarian option gf = gluten free, gfo = gluten free option df = dairy free, duo = dairy free option \*We cannot accomodate menu changes during busy periods

# soft herb chilli scrambled eggs

w/ persian fetta on rye sourdough,

lemon, hemp seed dukkah (vo)

a belgium waffle, rocky road ganache,

vanilla ice cream, freeze dried

raspberries

extra waffle

avo smash

on toasted grain sourdough w/ persian feta, avocado green dressing (vg)





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# pizza

available from 11am to 2:30pm pre-orders available

11 inch lebanese turkish bread bases cooked in an italian stone oven

# contador 12

sugo base, basil, fior de latte (vo)

# porte 14

tomato sugo, mozzarella, triple smoked ham & pineapple

### froome 16

white cheese & caramelised onion base, portobello & swiss brown mushrooms, gorgonzola (vg)

# merckx 16

tomato sugo, sweet potato, capsicum, spinach, red onion, vegan fetta, basil pesto (v)

### lance 18

sugo, triple smoked ham, chorizo,
pulled pork, red onion, roasted
peppers, smokey bbq sauce, mozzarella

## gluten free base option 3

# grab n go

# fresh changing daily, please ask

-	pastries	3 - 7
-	salad	6
-	wraps	10

# house made toasted banana bread or fruit toast

w/ butter (vo)

# fat potato or sweet potato chips

6

5

kewpie mayo or smokey tomato relish
(v)

# ham & swiss cheese croissant or sourdough toastie

7

<u>kids</u>	
fresh fruit & coconut yoghurt (v)	8
waffle w/ strawberries, maple syrup & ice cream	10
bacon & scrambled egg on toast	10
pizza – tomato sugo, ham & cheese	12
chicken schnitzel & chips w/ ketchup	12





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# drink



# coffee by bean cartel

white	s 4 / I 4.5
black	s 4 / I 4.5
belgium hot chocolate	s 4 / I 4.5
milk / dark / white	
mocha	s 4 / I 4.5
chai	s 4 / I 4.5
wet / dry / dirty	

# iced coffee / chocolate w/ ice cream 6.5 extras: - syrups - vanilla / .5 caramel / hazelnut - alternative milks - .5 bonsoy / oatly / milk lab almond / coconut / macadamia

### tea by serenity

- english breakfast	S	4	/	1 4.5
- earl grey				pot 5
- peppermint				
- jasmine green				
-lemongrass & ginger				
- chamomile				

# karma soft drinks & juices

4.5

- lemmy lemon
- gingerella
- lemon lime bitters
- orange or apple juice

# remedy organic kombucha

5

- -ginger lemon
- mango passion
- wild berry
- raspberry lemonade

# coke (200ml)

3

classic / no sugar / diet

# c organic coconut water

4

# milkshakes

5

chocolate / strawberry / banana /
vanilla / caramel

# smoothies

9

### vanilla chai spiced banana

 chai spice mix, frozen banana, almond milk, honey, coconut yoghurt

## green colada

 banana, pineapple, spinach, kale, mint, coconut milk

# cocoberry

 blueberries, raspberries, strawberries, almond milk, coconut yoghurt & honey

## wake me up

- double espresso, almond butter, maple syrup, almond milk & df ice cream