



# foodspace



simple > fresh > fast

**PLEASE PLACE AND PAY  
FOR YOUR ORDER  
AT THE COUNTER**

## BREAKFAST 8am–11am

**Foodspace Eggs - house specialty 14.50**  
two poached eggs on potato + feta hash cakes topped with sautéed spinach and herbed hollandaise sauce

**Breakfast Burrito 10.50**  
two eggs scrambled with cheese and shaved ham in a warm tortilla

**Classic Breakfast 14.50**  
two eggs, bacon, grilled tomato and your choice of toast

**Build Your Own Omelette 14.50**  
two extra large eggs combined with your choice of favourite fillings, served with toast

Choose **two fillings** from the list below

*to customize your masterpiece additional fillings can be added for just 2.00 each*

**bacon, ham, cheese, mushrooms, onions, avocado, capsicum, green chillies, spinach, tomatoes, extra egg**



## TAKE A BREAK

### Merlo Coffee

**sm > 3.50 med > 4.50 lge > 5.50**

add a flavour > 0.50 add a shot > 0.50

make it on soy > 1.00

**>cappuccino >flat white >long black**

**>espresso >latte**

# foodspace

**Now opening at 8am**, it's a great place to stop on your way to work for breakfast and merlo coffee

Foodspace now also caters for lunch on the run with a delicious selection of gourmet takeaway food, simply phone or fax your order through and we'll have it ready for pick up

**4961-9719**



**NEW OPENING TIMES 8am–3pm**

**TUESDAY – SATURDAY**

(closed Sun & Mon)



## TRADITIONAL SANDWICHES

|                                       |              |
|---------------------------------------|--------------|
| <b>White or Wholemeal Fresh Bread</b> | <b>9.00</b>  |
| <b>Focaccia</b>                       | <b>11.00</b> |
| <b>Wrap</b>                           | <b>10.00</b> |

### Classic Chicken Salad

seasoned diced chicken tossed with light mayo and topped with fresh salad

### Apple Walnut Chicken Salad Sandwich

marinated chicken, crispy apple, walnuts in a light mayo

### Veggie Sandwich

cheese, carrot, tomatoes, capsicum, lettuce, guacamole and sunflower seeds

### Roast Beef

tender and lean roast beef with honey mustard and piled high with salad

### Ham & Salad

smoked champagne ham, cheese and salad

### Egg Salad Sandwich

egg salad with aioli

## HOT SANDWICHES

**12.50**

### Toasted Focaccia or Wrap

#### The B.L.T.

we load the bacon, lettuce and tomatoes on this classic

#### Chicken Cheese

tender chicken topped with tasty cheese, caramelised onion and capsicum with garlic aioli

#### Grilled Chicken Club

flame grilled chicken smothered with mozzarella cheese, crispy bacon, lettuce, tomato and our caesar sauce

#### Spicy Jamaican Chicken

jamaican seasoned chicken with our special peri peri sauce, lettuce, tomato and red onion

#### Portobello Mushroom Sandwich

grilled portobello mushroom marinated in balsamic vinaigrette with spinach and semidried tomato

#### Southwestern Roast Beef

slow cooked beef stacked high and smothered with our special hickory smoked bbq sauce and loaded with sautéed capsicum, onions and melted cheese

## GOURMET BEEF BURGER 15.50

chargrilled beef cooked to perfection with our special bbq sauce, pickles, sautéed onion, lettuce and tomato

*and you add your own choice of toppings  
for just 2.00 each*

**bacon, cheese, egg, mushrooms,  
avocado, capsicum, green chillies, spinach**

## DRINKS

|                                       |             |
|---------------------------------------|-------------|
| <b>Glass of House White or Red</b>    | <b>6.50</b> |
| <b>Gold, Hahn Light, Blonde Naked</b> | <b>6.00</b> |
| <b>Corona, Crown, Barecove Radler</b> | <b>7.00</b> |

|                                              |                                 |
|----------------------------------------------|---------------------------------|
| <b>Cap, FW, LB, Latte</b>                    | <b>3.50 &gt; 4.50 &gt; 5.50</b> |
| <b>Teas — flavoured or classic</b>           | <b>3.50</b>                     |
| <b>Latte, Chai Tea or Hot Chocolate</b>      | <b>5.50</b>                     |
| <b>Milkshakes — choc &gt; straw &gt; van</b> | <b>6.50</b>                     |
| <b>Iced Coffee or Iced Chocolate</b>         | <b>6.50</b>                     |



## SALADS

**15.50**

### The Mandarin

a wonderful combination of tossed greens topped with teriyaki chicken, mandarin, almonds, crisp noodles and sesame dressing

### Chicken Caesar Salad

lettuce, bacon and shredded parmesan topped with croutons, grilled chicken and creamy caesar dressing

### Spinach Salad

fresh spinach leaves, red onions, sliced hard-boiled egg topped with crispy bacon and a tangy dijon mustard dressing

### Apple Walnut Chicken Salad

mixed greens topped with apple, cucumber, red onion, walnuts, capsicum and tossed with cider dressing

### Thai Chicken Salad

this is a spicy one! tossed greens, carrots, crispy noodles then add grilled chicken marinated in a spicy thai satay sauce topped with roasted peanuts, coriander and mint

### Fajita Salad

mixed greens add grilled chicken, tomatoes, onions and capsicum, shredded cheese and tortilla strips, all topped with guacamole and sour cream

## QUESADILLAS 9.50

### Grilled Veggie

a vegetarian treat of roasted capsicum, green chilli, sautéed onion, semidried tomato, spinach and cheese

### Tex Mex Chicken

crisp tortilla, grilled chicken, onions, mexicana salsa and cheese with guacamole and sour cream on the side

### Triple Cheese

cheesy lovers delight filled with cheddar, parmesan and mozzarella grilled to a gooey perfection

## ON THE SIDE

**8.50**

### Salt + Pepper Crisps

ultra thin crisps served with a light curry dipping sauce

## SWEET ENDINGS

|                                           |             |
|-------------------------------------------|-------------|
| <b>Moist Chocolate Brownie—low gluten</b> | <b>6.50</b> |
| <b>Jumbo Carrot Cupcakes</b>              | <b>5.50</b> |
| <b>Muffin Of The Day</b>                  | <b>4.50</b> |
| <b>Cookie Of The Day</b>                  | <b>3.50</b> |
| <b>Orange Blueberry Scone</b>             | <b>5.50</b> |
| <b>Portuguese Tart</b>                    | <b>4.50</b> |