

ALL DAY MENU

Toast with condiments turkish soy linseed sourdough plain sourdough vegemite honey jam peanut butter ricotta marmalade biscoff	8.5	Little brekky boiled egg yoghurt with berries soy linseed sourdough jam & butter	16.9	Omelette mushroom spinach goats cheese turkish toast	24.9
Artisan fig & raisin sourdough ricotta berry compote almond & cashew crumble	15.9	Eggs on toast poached scrambled fried	16.9	Brekky wrap Bacon fried egg cheddar cheese avocado mayo spinach tomato relish	16.9
Banana bread or Pear & raspberry bread ricotta & honey	7.9 3	Winter breakfast bowl roasted cauliflower pumpkin beetroot chickpeas mixed leaves avocado toasted almond flakes dukkah beetroot hummus choice of 2 poached eggs, bacon, falafel or haloumi	24.9	Veggie brekky wrap haloumi fried egg avocado fresh tomato mayo spinach tomato relish	16.9
Nutty granola yogurt honey choice of mixed berries or rhubarb both mixed berries & rhubarb	15.9 4 6	Mexican scrambled eggs chorizo chilli spring onion roasted cherry tomatoes turkish toast	25.9	Bacon & egg roll add tomato relish	12.9 3
Blueberry banana overnight oats Oats oat milk maple syrup chia seeds coconut yogurt banana blueberries	15.9	Eggs benny soy linseed sourdough toast spinach hollandaise choice of ham smoked salmon bacon	25.9	Indulgence roll spinach poached egg hollandaise choice of ham smoked salmon turkish roll	14.9
Acai bowl granola strawberry blueberry banana coconut	18.9	Big breakfast eggs bacon chorizo spinach roast tomato mushroom turkish toast	27.9	Frittata smoked salmon ricotta dill or bacon roast tomato spinach	12.9
Fluffy buttermilk pancakes mixed berry compote maple syrup choice of ricotta, yogurt or ice-cream kid's size	21.9 14.9	Veggie big breakfast eggs haloumi spinach mushroom avocado beetroot hummus roast tomato turkish toast	27.9	Pumpkin & goats cheese tart spinach pumpkin caramelised onion rocket goats cheese add side salad	12.9 8.5
Mushroom haloumi burger Portobello mushroom haloumi fried egg rocket house made salsa verde turkish roll	14.9	Avocado smash Avocado poached eggs rocket haloumi roasted cherry tomatoes beetroot hummus dukkah soy linseed sourdough	27.9	Sausage roll minced beef caramelised onion haloumi add tomato relish	13.9 3
				Soup of the day crusty turkish roll butter	14.9

PLEASE ORDER AND PAY INSIDE

EXTRAS

bacon chorizo ham smoked salmon	6
haloumi goats cheese avocado	5
roast tomato mushrooms spinach	4
extra egg	3
hollandaise tomato relish ricotta	3
gluten free bread	9
side salad	

SANDWICHES

BLT	16.9
bacon lettuce tomato mayo	
avocado	3

Club sandwich	19.9
chicken bacon rocket tomato avocado	
mayo sourdough	

Ham & cheese croissant	12.9
free range leg ham swiss cheese	

Selection of freshly made sandwiches
please check cabinet for prices

DRINKS

Coffee by allpress

regular	4.5
large	5.3
decaf almond soy oat lactose free	0.8
espresso	3.6
piccolo macchiato	4
babycino	3
iced coffee chocolate mocha	7
add ice-cream	2

Tea

english breakfast earl grey peppermint	4.5
lemongrass & ginger chamomile green	

Specialty lattes

choice of honey spiced chai powdered chai	6
golden turmeric matcha	

Milkshakes

chocolate caramel vanilla strawberry	9
kid's size	6

Smoothies

choice of banana mango mixed berries	9
with yoghurt honey milk	
almond soy oat	2
coconut yoghurt	2
protein powder vegan protein powder	2

Super green smoothie

spinach banana avocado oat milk honey	11.9
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Acai smoothie

acai banana coconut water	12.9
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Freshly squeezed juices

The Orange One [orange, carrot, ginger]	9
The Red One [carrot, beetroot, apple, orange]	9
The Green One [cucumber, apple, lemon, ginger]	
The Tropical One [pineapple, watermelon, apple, mint]	
Straight OJ	8
Straight apple	8
kid's size	5

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Please note: 10% surcharge is applied on Sundays and 15% on public holidays to cover staffing costs as we pay according to Fairwork NSW guidelines

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