

Exotic

Wok & Grill

Exotic Wok & Grill is a unique Asian dining experience that offers sophisticated & high quality cuisine.

This creative menu which spans from Hakka Chinese to Cantonese style chinese food has been brought to you with much love & dedication to gastronomy by Joseph & Jenny Lee who have been in the hospitality industry for more than 20 years with Chinese Hakka, Swedish and Cantonese background.

We welcome you to our exciting journey where we will guide you through the colours and flavours of our unique menu that have been created for you



Chef's Creations

01.	Stir fried honey pepper chicken or beef	\$18.9
02.	Chicken curry laksa	\$16.9
03.	Grilled chicken or beef bedded with warm vegetables in Terriyaki sauce.....	\$19.9
04.	Grilled sirloin steak & veggies in creamy pepper sauce	\$19.9
05.	Pad Thai chicken	\$17.9
06.	Sizzling chicken or beef in spicy Hoisen sauce 	\$19.9
07.	Crispy beef in Peking sauce 	\$19.9
08.	Crispy glazed honey chicken	\$18.9
09.	Crispy glazed honey prawns	\$21.9
010.	Stir fried Thai chicken or beef in green or red curry sauce 	\$19.9
011.	Sizzling chicken or beef in chili basil 	\$19.9
012.	Sizzling duck fillet in Peking sauce 	\$22.9
013.	Chicken or beef in Thai satay sauce 	\$19.9
014.	Sizzling prawns in spicy Hoisen sauce 	\$22.9
015.	Lemon chicken fritters	\$18.9
016.	Deep fried, battered duck in plum sauce	\$22.9
017.	Crispy pork in chili plum sauce 	\$18.9
018.	BBQ Roast duck (1/2)	\$24.9
019.	Stir fried scallops w bakchoy in garlic oyster sauce	\$24.9
020.	Ginger garlic scallops bedded w broccoli in Hoisen sauce	\$24.9

Starters

1.	Pork spring roll (4)	\$8.9
2.	Vegetarian spring roll (4)	\$8.9
3.	Hakka fried chicken (6)	\$7.9
4.	Elegant prawns (4)	\$11.9
5.	Hakka fried prawns (4)	\$11.9
6.	Buffalo wings (6)	\$9.9
7.	Dim Sims (4) Steamed or fried	\$8.9

Gluten free and vegan options are available

D	Pork dumpling (6) Steamed or panfried	\$8.9
P	Prawns toast (4)	\$10.9
W	Fried wonton (6)	\$7.9
M	Mixed entree (4)	\$11.9
	<i>Spring rolls, dim sims, elegant prawn & prawn toast</i>	
S	Salt & Pepper Soft shell crab (2)	\$15.9
T	Thai satay skewers (6)	\$9.9
V	Veggie Curry Puffs (3).....	\$8.9

Soups

8. Hot & Sour Soup 
As the name suggest hot chili, sour & vinegar flavoured

Chicken	\$9.9	Prawn	\$9.9
Vegetables	\$7.9	Chicken & Prawn ...	\$9.9

9. Sweet Corn Soup
A creamy broth bound with whisked egg

Chicken	\$7.9	Crab	\$8.9
Vegetables	\$7.9		

10. Tom Yum Soup 
Lemon grass, galangal, lime leaves & lime juice with spicy flavor

Chicken	\$7.9	Prawn	\$9.9
Vegetables	\$7.9		

11. Hong Kong Style Wonton Soup
 \$8.0 |
| | *Hand wrapped dumplings with minced pork in our house special stock* | |

12. Hong Kong Style Noodle Soup
 \$8.9 |
| | *Fresh egg noodles with chicken & veg in our special house stock* | |

From the Wok

13. Chili

Stir fried with fresh hot chillies, spring onions, onions in chef's special sauce

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Lamb	\$20.9	Vegetables	\$17.9

14. Manchurian

Tossed in flavoured sauce with garlic, ginger, chillies and coriander

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Lamb	\$20.9	Vegetables	\$17.9

15. Sweet and Sour

Arguably the most popular Chinese dish in the world

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Pork	\$18.9	Vegetables	\$17.9

16. Garlic

Tossed fresh garlic seasoned in garlic sauce

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Lamb	\$20.9	Vegetables	\$17.9

17. Kung Pao

Hot chili garlic sauce wokked with vegetables

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Lamb	\$20.9	Vegetables	\$17.9

18. Szechuan

Tossed chili, ginger, garlic with spicy sauce and vegetables

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Lamb	\$20.9	Vegetables	\$17.9

19. Oyster Sauce

Stir fried fresh broccoli and garlic flavored in oyster sauce

Chicken	\$18.9	Fish	\$18.9
Prawn	\$21.9	Vegetables	\$17.9
Beef	\$20.9		

Gluten free and vegan options are available

From the Wok

20. Black Bean

Stir fried green peppers in black bean sauce

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9

21. Cashews

Stir fried assorted garden vegetables with cashew nuts in savory sauce

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9

22. Curry

Stir fried vegetables with home made curry sauce

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Fish	\$18.9
Lamb	\$20.9	Vegetables	\$17.9

23. Mongolian

Stir fried in a savory chefs signature sauce with a touch of spice

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Lamb	\$20.9
Vegetables	\$17.9		

24. Salt and Pepper

Lightly battered, fried to perfection, sprinkled with sea salt & black pepper

Squid	\$19.9	Pork	\$18.9
Prawn	\$21.9	Tofu	\$18.9

25. Omelett

Fluffy wok omelett drizzled with home made savory sauce

Plain	\$12.9	Chicken	\$16.9
Prawn	\$19.9	Beef	\$16.9
Vegetables	\$16.9	Combination	\$19.9

CS Chinese Satay

Stir fried w fresh vegetables, tossed w satay sauce

Chicken	\$18.9	Beef	\$18.9
Prawn	\$21.9	Lamb	\$20.9
Vegetables	\$17.9		

Rice and Noodles

26.	Fried Rice All fried rice comes with eggs		
	Chicken	\$12.9	Prawn
	Vegetables	\$12.9	Special
	Beef	\$12.9	\$13.9
			\$13.9
SF.	Salty Fish Chicken Fried Rice		\$13.9
NG.	Nasi Goreng (Spicy) 		\$13.9
CN.	Coconut Rice		\$9.5
EF.	Egg Fried Rice		\$8.5
	Steamed Rice		\$4.5
27.	Cantonese Chow Mein		
	<i>Stir fried vegetables with crispy noodles</i>		
	Chicken	\$16.9	Beef
	Vegetables	\$16.9	Special
	Prawn	\$19.9	\$16.9
			\$18.9
28.	Hakka Chow Mein		
	<i>Stir fried soft noodles with eggs and vegetables</i>		
	Chicken	\$16.9	Beef
	Vegetables	\$16.9	Special
	Prawn	\$19.9	\$16.9
			\$18.9
29.	Chow Fun		
	<i>Stir fried thin rice noodles with eggs & vegetables</i>		
	Chicken	\$16.9	Beef
	Vegetables	\$15.9	Singapore (Spicy)...
	Prawn	\$18.9	Special
			\$16.9
			\$17.9
			\$18.9
30.	Original Chicken Hakka Chow Mein.....		\$17.9
31.	CHIPS		
BB.	Beer Battered Chips		\$6.0
SB.	Sweet Potato Chips		\$7.0
PW.	Potato Wedges		\$7.0

Gluten free and vegan options are available

Dinner Deals

DINNER FOR TWO	\$49.9
<i>Spring Rolls (4), Sweet and Sour Pork, Beef and Black Bean Sauce, Special Fried Rice</i>	
DINNER FOR FOUR	\$99.9
<i>Spring Rolls (4), Fried Dim Sims (4), Sweet and Sour Chicken, Szechuan Beef, Honey Prawns, Mongolian Lamb, Special Fried Rice</i>	
DINNER FOR SIX	\$149.9
<i>Vegetable Spring Rolls (6), Elegant Prawns (6) Hakka Fried Chicken (6), Chicken and Vegetables with Cashews, Crispy Beef Glazed in Peking Sauce, Manchurian Lamb, Curry Prawns, Vegetable Hakka Noodles, Special Fried Rice, Egg Fried Rice</i>	

Desserts

Deep Fried Ice cream.....	\$8.9
Fried Banana Fritters with Ice cream.....	\$8.9
Fried Pineapple Fritters with Ice cream	\$8.9
Sweet Coconut Rice with Fresh Mango & Ice cream	\$8.9
Brownie Bites	\$8.9
Baked, light Cheesecake with Ice Cream	\$8.9
Ice cream with Chocolate, Strawberry or Caramel Topping	\$4.9

Hot Drinks

Latte	\$4.0	Espresso	\$4.0
Flat White	\$4.0	Mocha	\$4.0
Cappuccino	\$4.0	Hot Chocolate.....	\$4.0
Long Black	\$4.0		
Tea in the Pot			\$4.0
<i>Jasmine, Oolong, Lipton, English Breakfast, Earl Grey, Peppermint</i>			

Cold Drinks

SMOOTHIES.....	\$8.9
<i>Gymer Bounce: Mixed berries, apple juice, greek yogurt & ice</i>	
<i>Yummy Mango: Mango cheeks, mango juice, greek yogurt & ice</i>	
ICE FRAPPES (Dairy free).....	\$7.9
<i>Pina Colada: Tropical pineapple & coconut flavour with a hint of coconut cream</i>	
<i>Lemon Quench: Lemon & orange juice & ice.</i>	
JUICES.....	\$4.9
<i>Choice of Orange, Mango, Apple, Pineapple</i>	
FIZZY DRINKS	\$4.0
<i>Lemon, lime & bitters, Coke, Fanta, Sprite, Diet Coke, Mineral Water & Still Water</i>	
MILK SHAKES	\$5.9
<i>Choice of Strawberry, Mango, Chocolate, Vanilla, Banana, Caramel & Lime</i>	
THICK SHAKES	\$7.9
<i>Choice of Strawberry, Mango, Chocolate, Vanilla, Banana, Caramel & Lime</i>	

All Corkages \$2.50 per head