

# Manolas Bros

Est. DELICATESSEN 1994

BREAKFAST 8:00 -11:00

## HEARTY

CAJUN MUSHROOMS (V) - crumbled feta, avocado, poached eggs, toasted sourdough.	19
BRUSCHETTA (V) - cherry tomato, red onion, avocado, toasted sourdough, poached eggs, balsamic glaze and evoo.	19
CINNAMON & VANILLA PANCAKES (V) - mixed berry compote, honeycomb butter, maple syrup.	20
MOROCCAN SAVORY LAMB MINCE (GFO) - sautéed spinach, poached eggs, sourdough.	24
BREKKY BURGER (GFO) - bacon, cheese, fried eggs, tomato chutney, pesto, greens, toasted milk bun.	18
BROCCOLI FRITTER (GF) (V) - poached eggs, salsa verde, smashed avocado, charred corn salsa.	20
EGGS BENEDICT (GFO) - sourdough, poached eggs, hollandaise sauce w/ your choice of ham/bacon/avocado or w/salmon.	22/25
HASH STACK (V) - toasted sourdough, avocado, fresh tomato, rocket, hash browns, fried egg, aioli.	20

## LIGHT

PORRIDGE - mixed berry compote, poached apples, maple syrup	16
MINI BREKKY (GFO) (DF) – sourdough, poached eggs.	12
Add - bacon/sausage /mushrooms /hash browns /haloumi /chorizo	5
- avocado	4
- 1 egg /tomato /slice of toast	3
DUKKAH AVOCADO (V) – charred sourdough, housemade dukkah, smashed avocado, poached eggs, marinated feta, balsamic glaze.	18
ACAI BOWL (V) - Irrewarra toasted granola, seasonal fruit, toasted coconut.	18
SALMON SCRAMBLED (GFO) – scrambled eggs, Spanish onion, Atlantic salmon, dill, sourdough.	22

## SIDE NOTES

(V) Vegetarian - (GF) Gluten Free - (GFO) Gluten Free option - (DF) Dairy Free

To avoid holding up the kitchen we can not accept any variations or substitutions to the menu.

**Dinner Service Wed to Sat**  
**Share Plates & Pizza from 3pm - 5.30pm**

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## CAFE'

HOT	
Cappuccino/ Flat White	5/6
Piccolo	4.5
Long Black	5/6
Short Black	4
Macchiato /Long Macchiato	5/6
Mocha	5/6
Hot Chocolate	5/6
Chai Latte/ Latte	5

Affogato 5

Baby Chino 2

## COLD

Iced Americano	6.5
Espresso semifreddo - whipped double shot espresso, ice.	6.5
Iced Coffee, Iced Choc, Iced Mocha	7

## TEA

English breakfast, lemongrass & ginger, peppermint, 5

## MILKSHAKES

Chocolate, Vanilla, Strawberry, Salted Caramel 8

## ADDITIONS

soy /almond /oat /lactose free milk /coffee shot /decaf .70

Coffee Syrups - vanilla /hazelnut /caramel 1

## COLD PRESSED JUICE

GREEN BLEND Apple, Pineapple, Cucumber, Celery, Avo 9

PINEAPPLE SPLASH Pineapple, Orange, Apple 9

PINK PASSION Watermelon, strawberry, passionfruit 9

HEALTH + Carrot, orange, celery, beetroot, parsley, mint 9

## SMOOTHIES

BANANARAMA Banana, honey, cinnamon, yogurt, milk 11

FUNKY MONKEY Banana, mango, strawberry, yogurt, milk 11

AMAZON KICK Amazon Power Acai berry, banana, apple 11

CHOC PEANUT POWER peanut butter, cocoa powder, banana, protein powder 11

## ADDITIONS

Amazon Power Acai (Brazil) /Choc Protein Powder 3

## ACQUA & SODAS

San Pel Sparkling /Acqua Panna 750ml 9

San Pel - Chinotto, Limonata, Aranciata, Rossa 6

Coke, Coke no Sugar, Sprite 6

Bundaberg Peach, Lemon lime & bitters, Passionfruit 6

Pink grapefruit, Ginger beer 6

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