

Sunnyside.

Your Friendly Neighbourhood Café

Coffee by Symmetry

Black, White or Iced	4.5
Single Origin Coffee	4.8
Filter / Cold Brew	5.5
Dark Hot Chocolate	4.5
Mocha	4.8
Golden Grind Turmeric, Matcha Chai Latte / Pot	5 5/7
+Soy, Almond, Oat Milk	70c
+Lactose free or Coconut Milk	50c
+Syrup - Vanilla, Caramel & Hazelnut	70c
+Medium/Large	50c/1
+Xtra Shot/Strong	30c
Iced Coffee/Chocolate	6.5
Iced Mocha	7
Affogato	5

Tea by Project T.

English Breakfast, Earl Grey, Peppermint, Lemon Grass and Ginger, Chamomile, Green	4.5
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Juices

Orange/ Apple Juice	6
Green Machine w Apple, Carrot, spinach & Kale	7
Fitwist w Beetroot, Carrot & Apple	7
BonBon	3.5

Shake It Off

Cookies & Cream, Chocolate, Strawberry, Vanilla Caramel & Blue Heaven	Adults 8.5 Little Adults 5
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Smoothies

Option: extra \$1.5 for plant based milk

Green Booster Go green with Booster - combining spinach and lime juice (for an added kick), with a mango and banana base.	9
Funky & Fabulous Mango, pineapple, Banana, OJ & Coconut water	9
Banoffee Banana, Coffee Shot, honey, Chia seeds, Oats and Milk	9
Detox The perfect blend of blueberries, boysenberries and banana, with dates added for natural sweetness. One of our top sellers, and sure to be one of your favourites.	9
Energiser Energiser is banana free, and uses an apple and pear base along with strawberries and pineapple to create a super refreshing smoothie, with dates for added sweetness. Perfected with coconut water.	9
Berrylicious Mixed Berries, Oats, Banana, Honey, Chia Seeds & Coconut water	10
Sun Kissed Dragon fruit, Mango, Strawberries, Peach Pineapple & Coconut water	10
Power Blast Organic Peanut Butter, V & GF protein, Organic Cacao, Banana, espresso shot, Coconut water & Coconut Milk	11.5
Kombucha	6
San Pellegrino	4.5
Mineral Water	5
House-Made L L B	5.5
Red Bull	4.5
Coconut Water, Ginger Beer	4.5
Coke, Coke No Sugar, Sprite, Pepsi, Solo, Lemonade & Water Bottle	3.5



ALL DAY DELICIOUS

Eggs on Toast

Poached / Fried / Scrambled 10/10/11
Sourdough or Multigrain or GF

Add ons & SIDES

Hollandaise/ Chilli Jam/ Relish/ Beetroot Hummus 2.5ea
Free Range Eggs/ Falafel/ Fetta/ Hash Brown/ Sauerkraut 4ea
Smashed Avo/ Roasted Mushrooms/ Roasted Tomato/
Sautéed Spinach/ Grilled Halloumi 4.5ea
Smoked Bacon/ Grilled Chicken/ Grilled Chorizo 5ea

Toast

Sourdough, Multigrain or GF 6.5
(Peanut Butter, Vegemite, Nuttex or Jam)

Fruit Toast (two slices) w butter & jam 7

Sandwiches & Burgers

B & E Roll 11
+relish/cheese/mixed greens/bbq sauce +\$1ea

Grilled Halloumi & Mixed Veggie Sandwich 14
Grilled halloumi, mushrooms, peppers & Mixed greens on Ciabatta

Chicken mix Sanga 16
With Avocado, mayo, tasty cheese, tomato & mixed greens.
+chips \$4

Sunnyside Chicken Burger 20
Cajun spiced chicken with slaw, fresh tomato, pickle, Spanish onion, & sriracha mayonnaise all layered inside milk bun served with shoestring fries & tomato sauce on side.

Sunnyside Veggie Burger 19
Vegan falafel, & fritter sitting in the middle of charcoal bun with chilli jam, roquette, beetroot hummus, sauerkraut, Jalapeño & pickle served with a side of fries & tomato sauce on side.

Bowl of Fries 7.5

Kids Menu

One Egg One Toast 7

Kids Avo on toast 7.5

Nuggets and Chips 9

Kids Muesli 8.5

Bircher Muesli (V, VG) 14.5
Rolled oat, chia seed mixed with orange juice, coconut yoghurt, dried cranberries and shredded apple topped with figs, pumpkin seed, almond and passionfruit.

Avo and his mates (VG, GF – option) 18.5
Smashed Avo sitting on top of sourdough topped with Danish fetta and beetroot hummus & lemon wedge on side with two poached eggs on top.

Crazy Waffle (VG, GF –option) 17.5
Stack of toasted Belgian waffles topped with ice cream, berries, raspberry mascarpone, fresh fruits, and fairy floss drizzled with chocolate syrup

Boyz and the hoods (V, GF–option) 19.5
Roasted mushrooms with balsamic – soy glaze sitting on bed of multigrain bread with smashed avocado drizzled with home made olive dressing and lemon wedge on side.

Spice Girls (GF & VG option) 19
Spanish Omelette with chorizo, olives, roquette, sundried tomato, peppers, onion, and side of zaatar bread

Maze Runner (V, GF) 19.5
Corn and zucchini fritters with guacamole, smashed peas and cherry tomato salsa, chilli jam, coconut minted yoghurt, lemon wedge and sprinkles of sumac

Benny Benito (GF– option) 19.5
Bulls eye bbq marinated pulled pork sitting on the edge of multigrain bread with two poached eggs, hollandaise sauce, and shredded apple on top

Soba Noodle Salad (V & VG – Option) 19
Soba noodle with mixed green, slaw, pickle ginger, wasabi peas and grilled chicken with homemade salad dressing

Peter Rabbit (V, GF–option) 19
Lentils and tossed snap peas salad with roquette, fetta, asparagus, baby carrot, pickle turnip and sriracha mascarpone dressing with zaatar bread on side

La bamba (V, GF) 19
Our house made Buddha bowl with a fresh mix of a peas and cherry tomato salsa, charred sweet corn, basmati rice, roasted mushroom, smashed avocado, sauerkraut, topped with crunchy corn chips

MAKE A BOOKING –

FOR BOOKINGS & CATERING PLEASE SPEAK TO OUR FRIENDLY STAFF OR CONTACT US THROUGH :

FACEBOOK: SUNNYSIDE HEIDELBERG HIGHTS
INSTAGRAM: SUNNYSIDE.HH
EMAIL: SUNNYSIDE.HH@OUTLOOK.COM
MOB: 0492 071 125

Fresh & Delicious Pastry Selection Available in Display Fridge