



BREAKFAST FAVOURITES

Ethically Sourced | Premium Quality



FIG & RAISIN ORGANIC SOURDOUGH (VE) /5

Served with butter & honey

ORGANIC SOURDOUGH /3.5

With apricot, strawberry or raspberry jam

Add vegemite or peanut butter +1

Add sliced avocado +4

BERRIES & BANANA BREAD /8

Served with fresh berries, maple syrup & butter

YOGHURT FRUIT BOWL (V) /12

Greek yoghurt, slow baked granola & fresh fruit

Vegan (Coconut Yoghurt) +3

HAM & CHEESE CROISSANT /8.5

Or Ham, cheese & tomato

BERRIES & PANCAKES /8

Served with berries & maple syrup

Ice-cream scoop +3

AVOCADO SMASH (VE) /14

Smashed Avocado | Cherry tomatoes | Feta Cheese |

Balsamic drizzle |

Served on organic sourdough toast

BRUNCH | LUNCH

Also check our Express Fridge Items



BACON OR HALLOUMI & EGG ROLL /10.5

Free range fried egg | bacon or halloumi |

Served on a bread roll

MUSHROOM & SPINACH /12

OMELETTE (VE)

Baby Spinach | Mushrooms | Feta Cheese | Cherry Tomatoes

CHICKEN SCHNITZEL WRAP /12

Served with a salad greens

SMOKED SALMON BAGEL /11.5

Salmon | Cream Cheese | Capers | Baby spinach | Spanish

Onions

Served on a poppyseed bagel

QUICHE OF THE DAY /10.5

Served with salad greens | Upon availability

TOASTIES

Cheese Toastie /6.5

Cheese & Tomato /7

Cheese & Ham /7.5

Cheese, Ham & Tomato /8

STYLE MY PLATE

Extras to finish your meal



Organic Sourdough Toast /3.5

Bacon /4

Free Range Egg /3

Sliced Avocado /4

Grilled Halloumi /4.5

Gluten Friendly Bread +/2

EXPRESS MENU

Selection changes weekly



GOURMET WRAPS

GOURMET ROLLS & SANDWICHES

SALADS

SWEETS & SLICES

PROTEIN BALLS & COOKIES

HOT BEVERAGES



Small 4.5 Regular 5 Large 5.5

Flat White | Latte | Cappuccino |
Black | Chai Latte | Turmeric Latte
Hot Chocolate | Mocha |
Dirty Chai +/- 50c
Babyccino / 1

Alternate Milk /1 :
Soy | Almond | Oat | Lactose Free

Syrups /1
Hazelnut | Vainilla | Caramel

LOOSE LEAF TEAS



Our teas are ethically sourced in Australia and
blended by our in-house naturopath for
therapeutic benefits.

Sweet Rose (hibiscus, rose & rooibos)
Warm Up (lemongrass & ginger)
Calm Tea (chamomile & lavender)

Green Tea | Peppermint | Black Tea
English Breakfast | Earl Grey |
Black Chai ALL /5

ABOUT US

100% of profits support our Survivor School
&

rehabilitates victims of slavery.
We source fresh produce from local
businesses & social enterprises that are
actively combatting modern slavery in their
supply chain.

We offer our business partners
complementary modern slavery training,
and help them enhance their strategies
So, by regularly choosing our cafe, or
booking your next event in our space, you
are helping create positive change for
survivors and the community.

OUR COFFEE STORY

We partner with social enterprises to
provide rich, full-bodied coffee for our cafe
and wholesale.

Coffee beans are an everyday product that is
frequently connected with forced and child
labour across the world.

Our Freedom Fighter blend is picked &
processed under the best practice controls to
ensure it is slavery-free.

The partnership extends to supporting the
local community in welfare such as clean
water programs, health clinics & supporting
the rescue and rehabilitation of child
soldiers.

COLD BEVERAGES



Iced Black Coffee	5
Iced Latte Chai Chocolate	6
Iced-Mocha	6.5
Iced- Caramel Macchiato	7
Affogato	6

Kombucha	7
Aunty's Ginger Tonic	6
PS Apple or Orange Juice	6
Karma Selection	6.5
Freedom Hub Spring Water	4.5
Coconut Water	5
Still Mineral Water 500ml.	4.5

MILKSHAKES



Chocolate	6.5
Strawberry	
Caramel	
Vanilla	

SMOOTHIES



Acai Energy (VG)	9.5
Banana Buzz	
Mango Madness	