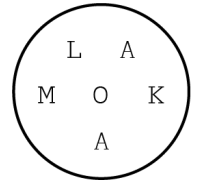


LA MOKA



BREAKFAST MENU

BREAKFAST

SCRAMBLED EGGS ON TOAST 15.9

scrambled eggs, cherry tomatoes, sourdough toast,
choice of: smoked salmon, Parma prosciutto or sauteed mushrooms

ITALIAN BAKED EGGS (GF) 16

Two free range eggs baked in Napoletana sauce with Italian sausage

AVOCADO ON TOAST 12.9

smashed avocado, fetta, cherry tomatoes, mixed leaves, toasted sourdough

HOUSE MADE GRANOLA 12.9

house made granola, vanilla yoghurt, seasonal fresh fruit

TOAST OR FRUIT TOAST 6.5

choice of: butter, jam, peanut butter, vegemite, nutella

GOURMET TOASTIES

"LOVE ME MUSHROOM" 11

sautéed mixed mushrooms, double cheese, garlic, parsley
*vegan option available \$12.50

PROSCIUTTO PARMA TOASTIE 11

seeded mustard, Italian parma prosciutto, cheese, roasted capsicum,

HAM AND CHEESE TOASTIE 9

Italian ham and cheese

SNACKS & PASTRIES

HOUSE MADE CAKE OF THE WEEK 6.5

*ask staff for today's cake

PASTRIES 6.5

choice of: almond croissant, custard croissant, sultana scroll, danish

BANANA BREAD/CARROT CAKE 5.0

fresh or toasted with butter

ZEPPOLE 5.2

Italian doughnut

ALMOND FLAKE 3.5

gluten free

NUTELLA BISCOTTI 4

nutella and almonds

MUFFINS 5

choice of: chocolate, blueberry, apple & cinnamon

LEMON & POPPYSEED FRIAND 5.5

gluten free

DATE, NUTS & SEED SQUARE 5.5

gluten free

APRICOT, GOJI & ALMOND BAR 5.5

gluten free

CHOCOLATE & MACADAMIA 5.5

BROWNIE

gluten free

BREAKFAST SPECIAL BREAKFAST & SMALL COFFEE/TEA

\$12.5

*Choice of: Egg & Prosciutto Roll, Ham & Cheese Croissant
or Cheese & Tomato Croissant*

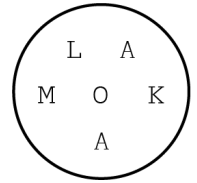
excludes: alternative milk and extras

EXTRAS: tomato \$1, cheese \$1, smoked salmon \$4, prosciutto \$4, chicken \$3, avocado \$4, GF bread \$2

Please inform us of any food allergies or special dietary requirements!

LA MOKA

LUNCH MENU



MAIN COURSES

LASAGNA BOLOGNESE 18

Traditional beef ragú, light béchamel & napoletana sauce, parmesan

LASAGNA VEGETARIAN 18

seasonal mixed vegetables, tomato and béchamel sauce, mozzarella

MEATBALLS & SAUCE (GF) 16

pork, veal and Italian spicy sausage meatballs in napoletana sauce, served with bread* and parmesan

*gluten free bread available \$2

MINISTRONE SOUP (V, GF) 16

Celery, potatoes, carrots, onions, zucchini and green beans in a vegetable tomato stock, served with bread and parmesan (optional)

FRESH SALADS

LA MOKA CAPRESE SALAD

tomatoes, fresh bocconcini and basil on a bed of toasted ciabatta bread, drizzled with SA premium extra virgin olive oil

optional:

\$2 Italian Parma prosciutto entrée,

\$4 Italian Parma prosciutto main

ENTRÉE 10

MAIN 15

MEDITERRANEAN BEAN SALAD 16

red kidney beans, mixed leaves, roasted cauliflower, cherry tomatoes, cucumber, pine nuts, quinoa, Italian vinaigrette, feta cheese

optional: \$2 tuna

*vegan option available \$2

QUICK BITES

CHICKEN SCHNITZEL WRAP 13.5

spinach, tomato, cheese, chicken schnitzel, burger sauce

FOCACCIA PROSCIUTTO 13.5

rocket, Italian Parma prosciutto, tomatoes, fresh bocconcini

FOCACCIA VEGETARIANA 13.5

rocket, mushrooms, tomatoes, fresh bocconcini, avocado, basil pesto, kalamata olives

LUNCH SPECIAL

SALAD & SMALL COFFEE OR TEA

\$ 18

MAIN COURSE & WINE* OR PINT

\$ 25

excludes: alternative milk and extras

EXTRAS: tomato \$1, cheese \$1, smoked salmon \$4, prosciutto \$4, chicken \$3, avocado \$4, GF bread \$2
*ask for our wine special

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