

MENU



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| ORGANIC SOURDOUGH TOAST | 6.5 |
| (White, Multi Grain, Sour Cherry & Raisin) (Jam, Peanut Butter, Vegemite) | |
| BOWL OF GOODNESS | 15 |
| Sweet Greek Yoghurt, Homemade Granola, Walnut, Almond, Cranberry, Pepitas, Chia seeds, Fruits, Coconut Flakes | |
| ACAI BOWL | 16 |
| Homemade Granola, Banana, strawberry, Chia seeds, Coconut Flakes + Add Peanut butter | 1.0 |
| THE USUAL B&E ROLL | 12 |
| 2 Fried Free range Eggs, Bacon Rasher on Milk Bun w/ Tomato Relish or BBQ Sauce + Tasty Cheese 1.0 + Hash Brown 3.0 | |
| GRILLED HALOUMI ROLL | 12 |
| Free range Fried Egg, Avocado, Aioli on Milk Bun | |
| BREKKY WRAP | 16 |
| Bacon Rasher, Scrambled Eggs, Sautéed Mushroom, Hash Brown, Iceberg, Hollandaise on Tortilla wrap | |
| CHEESY MUSHROOM TOASTIE | 15 |
| Roasted Button Mushroom, Swiss cheese, Mozzarella, Truffle Mayo on Toasted Sourdough | |
| MORNING CROISSANT | 17 |
| Double Smoked Leg Ham, Scramble Egg, Pecorino Romano, Hollandaise on Toasted Croissant | |
| SMASHED AVOCADO | 15 |
| Marinated Cherry Tomato & Onion Salsa, Persian Fetta, Balsamic Glaze on Toasted Sourdough. + Poached Egg | 3.0 |
| EGGS BENEDICT | 15 |
| 2 Free Range Poached Eggs, Sautéed Spinach, Hollandaise on Toasted Buttered Sourdough + Crispy Bacon + Smoked leg ham + Grilled Halloumi | 5.0 |
| BIG BREAKFAST | 28 |
| 2 Poached Eggs, Bacon, Chorizo, Grilled Haloumi, Crushed Avocado, Grilled Tomato, Hash Brown, Roasted Mushroom, Toasted Sourdough | |
| EGGS YOU LIKE ON TOASTED SOURDOUGH | 10 |
| Poached, Fried or Scrambled See Extras to Add | |

EXTRAS

| | |
|------------------------------------|-----|
| Bacon / Chorizo / Grilled Halloumi | 5 |
| Crushed Avocado | 3.5 |
| Grilled Tomato / Sautéed Mushroom | |
| Spinach / Hash Brown | 3 |

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| SHAKSHUKA | 18 |
| 2 Free range Poached eggs in Homemade Tomato sauce, Mushroom, Bell Pepper, Onion. Topped w Marinated Feta, Serve w Toasted Sourdough | |

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| OMELETTE | w/ Toasted Sourdough |
| - Mushroom, Tomato, Onion, Mozzarella | 14 |
| + Chorizo + Leg ham + Diced bacon | 5 |
| - Spinach, Mushroom, Marinated Persian Fetta | 15 |

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| "CROFFLE" (CROISSANT- WAFFLE) | 14 |
| Vanilla Ice Cream, Belgian Choc Drizzle, Strawberry, Banana | |

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| FRENCH TOAST | 17 |
| Traditional Brioche French Toast, Maple Syrup, Banana and berries, Vanilla Ice cream, | |

SANDWICHES & WRAPS

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| HOUSE POACHED CHICKEN | 15 |
| Avocado, Iceberg, Tasty Cheese, Aioli on Toasted Sourdough or Tortilla wrap | |

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| HOUSE MADE CHICKEN SCHNITZEL | 16 |
| Tomato, Iceberg, Tasty Cheese, Aioli on Panini or Tortilla wrap | |

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| GRILLED PERI PERI CHICKEN | 17 |
| Tomato, Avocado, Iceberg, Aioli on Tortilla wrap | |

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| "BULGOGI" CHEESE STEAK SANDWICH | 17 |
| Korean Stir Fried Beef, Roast Capsicum, American Cheese, Aioli on Panini Roll | |

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| B.L.A.T | 15 |
| Bacon, Lettuce, Crushed Avocado, Tomato, Mayo on Toasted Sourdough | |

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| FALAFEL | 14 |
| House pickled red cabbage, Tomato, iceberg, Hommos, Mayo on Tortilla wrap | |

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| BOWLS | 18 |
| Served w Warm Brown Rice & Quinoa, Crushed Avocado, Mesclun Salad, Cherry Tomato, Sweet Corn, Balsamic Vinaigrette Dressing | |

Choose from...

House Poached Chicken Breast fillet

Grilled Peri Peri Chicken Tenderloin

"BULGOGI" Korean Stir Fried Beef

Grilled Haloumi Cheese



ESPRESSO BAR

S (4,8oz) R (12oz) L (16oz)
Only available T/A cup

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| Espresso | 4 | | |
| Macchiato | | | |
| Piccolo | 4.3 | | |
| Cappuccino | 4.3 | 5 | 5.7 |
| Flat White | | | |
| Latte | | | |
| Long Black | | | |

BELGIAN CHOCOLATE

| | | | |
|---------------|-----|-----|-----|
| Mocha | 4.8 | 5.5 | 6.2 |
| Hot Chocolate | | | |

SPECIALTY

| | | | |
|-----------------|-----|-----|-----|
| Chai Latte | 4.3 | 5 | 5.7 |
| Green tea Latte | | | |
| Sticky Chai | | 5.5 | |

ORIGIN TEA

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| English Breakfast | 4.3 |
| Chamomile | |
| Sencha Green | |
| Peppermint | |
| Lemon Grass & Ginger | |

EXTRA

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| Extra shot, Decaf, Soy, Almond, Oat, Lactose free, Flavoured Syrup | 0.7 |
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ICED ESPRESSO

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| Iced Long Black | 5.5 |
| Iced Latte | 6 |
| w/ Ice Cream + 0.5 | |

FRAPPE

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| Coffee | 7.5 |
| Chai | |
| Green Tea | |
| Mocha | 8.0 |
| Belgian Chocolate | |

MILKSHAKE

| | |
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| Vanilla | 6.5 |
| Chocolate | |
| Caramel | |
| Strawberry | |
| Kid's size | 4.5 |

SMOOTHIE

8.5

MANGO YOGHURT
Mango, Banana, Yoghurt, Milk

TROPICAL PASSION (DF)
Mango, Pineapple, Passion Fruit

WELLNESS GREEN (DF)
Spinach, Celery, Avocado, Apple, Banana, Coconut, Honey

SUNRISE (DF)
Organic Strawberry, Mango, Pineapple, Kiwi Fruit

ACAI (DF)
Organic Acai, Guarana, Banana, Cane Sugar

SPARKLING ADE

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|-----------------|-----|
| Green Grape | 6.5 |
| Pink Grapefruit | |