Welcome to 7A57E Elements

Take a Moment and Taste it

Cantonese Cuisine is one of the main cuisine streams in China, it is renowned around the world for using fresh ingredients and especially seafood. At Taste Elements Cantonese, we bring you our menu with plenty of exquisite dishes for your enjoyments including our Seasonal Tasting menus.

Lead by our Executive Chef Domenic Tong, our veteran Hong Kong Chef with a wealth of experience in Cantonese and provincial Chinese Cuisine. Having worked in well known establishments including the pinnacle of Chinese Cuisine in Australia the legendary multi award winner Flowerdrum Restaurant in Melbourne, multi Catering Institute's Gold Plate award winner Orchid Room Cantonese Restaurant Darwin, and as Executive Chef of Shanghai and Suzhou Renaissance Hotels. Surely Chef Domenic will be pleased to create the dishes of your desire.

At Taste Elements, we also believe in the combining good food, good wines and good service to make a complete dinning experience. Should your favourite dish is not in our menu, please do not hesitate to let our service team member knows and we will endeavour to accommodate your requests pending on ingredients availabilities.

Bon Appetite

ENTRÉE / STARTERS

SAN CHOI BOW 生菜包

Selected ingridients with Chinese Pork Sausage, onions, spring onion, bamboo shoot and waterchestnut

shoot and waterchestnut	
Chicken	6 ea
Duck Meat	8 ea
Seafood	10 ea
ROEI ABALONE CRYSTAL NOODLES 招牌粉皮鲍鱼仔	
Pan Fried with Chef's BBQ Sauce, served on bed of Crystal Mungbean Noodles	18 ea
toss in Seasame Sauce	18 ea
POTATOE PEAR 炸啤梨	
Fried Pear Shape potatoe croquette with hand minced quail and chicken meat,	
finely diced chinese duck sausage, mushroom, bamboo shoot and	10 ea
waterchesternut	
CHICKEN SPRING ROLLS 鸡丝春卷	
br <mark>ai</mark> sed s <mark>h</mark> redded chicken, celery, woodear mushroom, bamboo shoot and	4 ea
carrots with herbs and spices	4 ea
VEGE <mark>T</mark> ARIAN SPRING ROLLS 素春卷	
braised celery, woodear mushroom, bamboo shoot, carrots and vermicelli	3 ea
ROAST QUAIL 椒盐鹌鹑	
marinated with Chef Domenic's special blend of herbs, roasted and wok fried in	
chilli and spicy salt	18 ea
PRANCE CAS A PRINCE	
PRAWN HAR GAO 水晶虾饺	5 ea
SPINACH & PRAWN HAR GAO 碧绿波菜饺	5 ea
PORK SIU MAI 烧卖	5 ea

SOUP

PRAWN WON TON 鲜虾云吞汤	
wrapped Prawn, pork, bamboo shoot in clear chicken broth	12
CHICKEN SWEET CORN SOUP 鸡肉粟米羹	
Sweet corn, minced chicken and egg white in chicken brothe	10
HOT and SOUR 四川酸辣汤	
tofu, bamboo shoot, woodear fungus, chilli and chiangkang vinegar	12
WESTLAKE BEEF SOUP 西湖牛肉羹	
Minced Scotch fillet, shiitake mushroom, coriender, spring onion and egg white	12
DUCK MEAT SOUP 北姑鸭丝羹	
shredded roast duck meat, shiitake mushroom and bamboo shoot	12
DELICACIES	
WA GREEN LIP ABALONE 西澳青边鲍鱼	
BRAISED SLOW COOKED ABALONE 蚝皇原只青边鲍鱼 4头	
Slow cooked in rich stock for 16 hours, rich in flavour served in your choice of sliced or whole with Whole Shiitake Mushroom and Veg	188
FIRMENIE	100
W <mark>O</mark> K F <mark>R</mark> IED SLICED ABALONE 姜葱爆鲍片	
sliced green lip abalone, wok fried with ginger, shallots and onion	108
GREEN LIP ABALONE JAPANESE STYLE - 8 hours advance notice required 日式冻鲜鲍鱼-提前8小时预定	
Whole Green Lip Abalone, infused with juices of Bonito Flakes, premium soy	
and sake wine, served diced on bed of shaven ice	188
NEW ZEALAND DRIED TOOTHFISH FISHMAW 新西兰花胶	
metabolism, nourish the body to preserve vital energy, it is a flavourite dish in has very high potein and very low fat content values.	Asia. It
STEWED FISH MAW IN ABALONE SAUCE 鲍汁花胶	
Fish Maw, Shiitake Mushroom and Veg served in Abalone Sauce	48/pp
FISH MAW, ABALONE AND SEA CUCUMBER HOT POT 红烧花胶辽参鲍片煲	
Fish maw, sliced slowed cooked abalone and sea cumber braised with	
ginger, shallots, ShaoXing Wine, Soy Sauce served in Hot Pot	108

MSA GRASS FED RIB EYE FILLET

Wok Fried Sliced Scotch Fillet 炒肉眼牛柳片 200gm	36
in choice of Ginger & Shallot Sauce 姜葱 Szechuan Chilli on Hot Plate 铁板川味 With Seasonal Vegetables 时菜炒 Creamy Black Pepper Sauce on Hot Plate 铁板黑椒汁 Braised Slowed cooked Hot Pot 红烧牛腩煲 Chilli and Numbing 水煮牛肉	
Scotch Fillet Medallion Steak 牛柳件120gm/pc	20/pc
in Choice of Cantonese sauce 中式汁	20/ pc
Szechuan 四川汁	
Black Pepper 黑椒汁	
CHICKEN FILLET	
CHICKEN MARYLAND FILLET 鸡髀肉球 200gm	
in choice of	
with Chinese Vegetables 时菜	30
in Szechuan Numbling Sauce 川味麻辣	30
in Garlic Butter Sauce served on Hot Plate 铁板蒜香牛油	
in Satay Sauce with crushed peanuts 花生沙爹汁	
CRIS <mark>PY</mark> SKIN CHICKEN 脆皮炸子鸡 half	28
CANTONES E whole	52
THREE CUPS CHICKEN with Shaoxing wine, seasame oil and premium Soy Sauce served in Hot Pot 三杯鸡煲	30
SAUTE CHICKEN FILLET HOT POT with Ginger, spring onion, shallots and basil	
finished off in a claypot with a shot of Chinese baiju wine 啫啫鸡 煲	30
LAMB 羊肉	
CUTLETS in Cumin and Chilli 孜然羊排 4pcs	38
CUTLETS IN HONG KONG TYPHOON SHELTER STYLE with Fried Garlic,	
Chilli and Scallions 避风塘羊排	38
Anna	

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SEAFOODS

WA CRAYFISH 西澳龙虾	M.P
WA SNOW CRAB 西澳水晶蟹	M.P
MUD CRAB 泥蟹	M.P
Our Fresh Seafoods can be cooked in number of Following ways, please	
engage our wait staff to choose your preferred choice	
Braised in Ginger and Spring Onion 姜葱, Black Bean 豉汁, XO Chilli with Conpoy and vermicelli 瑶柱XO酱粉丝, Hong Kong Typhoon Shelter Style 避风塘, Supreme Broth and butter上汤牛油	
Addition to above:	
ManTou 馒头	3/pc
E-Fu Noodles 伊面	13
Egg Noodles/Rice Noodles FRESH LIVE FISH 游水鱼	10 M.P.
Steamed with Ginger and Spring Onion 姜葱蒸, Black Bean 豉汁蒸,	IVI.P.
WA SCALLOPS 西澳带子	48
WA RANKIN COD Fillet 班片	
KING PRAWNS 大虾球	42
	36
SQUID 鲜鱿	28
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Braised in Ginger and Spring Onion 姜葱, Black Bean 豉汁, XO Chilli with Con 瑶柱XO酱, Garlic and Butter 蒜蓉牛油, Mandarin Sauce 京都汁, Satay Sauce crushed peanuts 花生沙爹汁	-
VEGETABLES	
CANTONES	
DAILY GREENS with Shiitake Mushroom in Abalone Sauce 鲍汁花菇扒时蔬	24
VEGETARINAN MA PO TOFU Tofu, minced Strawmushroom, woodear fugus, Carrot, spring onion in Chilli and Numbing Sichuan Sauce 素麻婆豆腐	20
BUDDHA GARDEN Daily Greens, Shittaki Mushroom, Woodear Fugus and Fried Tofu 罗汉斋	22
KAILAN Braised in Ginger and ShiaoXing Wine 姜汁绍酒芥兰	20
TOFU	
STEAMED TOFU with Shiitake mushroom, Tofu and Black Truffle Sauce 黑松露蒸豆腐	22
Braised with Char Siu , Shiitake Mushrooms, WaterChestnuts, Ginger and Onion 红烧豆腐煲	28
MINCED PRAWN MEAT fresh tofu with king prawn paste, cooked in Claypot with Vegetables and Chicken Broth 东江豆腐煲	32
MA PO TUFU fresh Minced Chicken Strawmushroom, Chilli and Numbing Oil 麻婆豆腐	28

PORK 猪肉

HONEY SPARE RIB Pork Ribs slow braised in honey, soy sauce and onion 蜜汁黑椒猪排	32
CHAR SIU BBQ Pork collar fillet brushed with Jarrah Honey 明炉蜜汁叉烧	30
CRISPY GARLIC RIB fresh Pork Rib bone on, deep fried and wok tossed with	
garlic and onion with spicpy garlic salt 蒜香骨 4pcs/4件	28
SWEET & SOUR PORK diced pork fillet, onion, capsicum, pineapple wok tosse	d 28
in Sweet & Sour Sauce 果香咕噜肉	28
HONG KONG ROASTS 港式烧味	
ROAST GOOSE Hong Kong Style roast goose 24 hours advance notice required	
明炉 <mark>烧鹅 half</mark>	65
CANTONESEWHO	ole 130
CANTONESE ROAST DUCK Roast Duck served with sour plum sauce	
明炉烧鸭	
half	38
who	ole 68

NOODLES 粉面

32
30
30
28
20
28
20
22
22
20
30
20
30
28
28 24

DESSERTS

CHOCOLATE PEACH White Chocolate Coating with Mango and vanilla	
Icecream served with Crushed Berries Sauce 巧克力芒果雪糕桃	15
DEEP FRIED ICE CREAM with Crushed Berries Sauce 炸雪糕	13
RED BEAN SOUP with Black Seasame filled Glutinous Rice balls	
红豆沙芝麻汤丸	13
FRESH FRUIT with vanilla icecream 水果・雪糕	10

* Cakeage charge \$2 per person, maximum Charge \$20 自带蛋糕每位收费\$2 (收费上限 \$20)

