

Mabels

CAFE MENU

TOAST W/ SPREADS	10
SOURDOUGH/MULTIGRAIN/RYE SERVED W/ SPREADS	
GLUTEN FREE/FRUIT TOAST +\$2	
EGGS ON TOAST	15
POACHED/FRIED OR SCRAMBLED	
AVOCADO ON TOAST	20
W/ FETA, DUKKAH & POMEGRANATE SERVED ON RYE	
BACON, EGG & CHEESE	17
BACON, SCRAMBLED EGGS, CHEESE, AIOLI & BROWN SAUCE S/O POTATO BUN	
BLAT	18.5
BACON, LETTUCE, AVOCADO, TOMATO, AIOLI S/O POTATO BUN + SWAP BACON FOR HALLOUMI	
CHILLI SCRAMBLE	21
S/W GOATS CHEESE & CHILLI JAM	
EGGS BENEDICT	23
HAM, SPINACH, EGGS, HOLLANDAISE S/O ENGLISH MUFFIN	
EGGS ROYALE	26
HOUSE SMOKED SALMON, SPINACH, EGGS, HOLLANDAISE S/O ENGLISH MUFFIN	
EGGS FLORENTINE	22
SPINACH, MUSHROOMS, EGGS, HOLLANDAISE S/O ENGLISH MUFFIN	
SUPER SALAD	22
QUINOA, SHREDDED GREENS, NUTS & SEEDS, PICKLED SHALLOTS, SOFT HERBS, POMEGRANATE & LEMON DRESSING + GRILLED CHICKEN \$8 + FETA \$5 + AVOCADO \$6	

SIDES

STREAKY BACON \$6	AVOCADO \$6
HOUSE SMOKED SALMON \$8	FRESH TOMATO \$4
GRILLED CHICKEN TENDERLOINS (3) \$8	FETTA \$4
HASHBROWN (1) \$2.5	FREE RANGE EGG (1) \$3
MUSHROOMS \$5	HOLLANDAISE \$3.5
HALLOUMI \$5.50	TOMATO RELISH \$3