

# Mabels

## CAFE MENU

juices		smoothies	
ORANGE	9	BANANA	13
APPLE	9	BANANA, YOGHURT, OATS, CINNAMON, HONEY	
MORNING JUICE	11	MIXED BERRY	13
ORANGE, APPLE, CARROT, LEMON, GINGER		MIXED BERRIES, YOGHURT, HONEY, CHIA SEEDS, CINNAMON	
GREEN JUICE	11	MANGO	13
APPLE, CELERY, CUCUMBER, LEMON		MANGO, YOGHURT, HONEY, COCONUT MILK	
DETOX	11	PLANT BASED OPTION +\$2	
BEETROOT, APPLE, CARROT, CELERY, GINGER		GREEN	13.5
		SPINACH, BANANA, MIXED BERRIES, COCONUT MILK, DATES, CHIA & SPIRULINA	
milkshakes		drinks	
CHOCOLATE	10	FIJI WATER	4.5
VANILLA	10	SPARKLING WATER	5
CARAMEL	10	CHI	5
STRAWBERRY	10	COCA COLA	4.5
		KOMBUCHA	6

10% SURCHARGE ON WEEKENDS  
15% SURCHARGE ON PUBLIC HOLIDAYS

✉ [INFO@MABELS.COM.AU](mailto:INFO@MABELS.COM.AU)

📷 [MABELS.HAWKS BURN](https://www.instagram.com/mabels.hawksburn)

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