

ALL HEART CAFÉ

SINCE 2018

**Please advise of any dietary requirements
you may have when ordering*

MENU

SOMETHING LIGHT

THICK CUT TOAST (GF & VGO)

with Jam/ Vegemite/ Peanut Butter or Nutella

Available on Multigrain, White, Sourdough, Croissant or Turkish Bread

Gluten Free Bread or Sourdough extra \$2

TOASTIES - FROM \$7

Your Choice of - Cheese & Tomato, Ham & Cheese & Tomato, Ham & Cheese, Sucuk & Halloumi, Halloumi & Tomato & Spring Onion

Gluten Free Bread or Sourdough extra \$2

BACON & EGG ROLL

Crispy Bacon and Fried Eggs on Turkish Bread, with Cheese and your Choice of Sauce. **Add Hollandaise for \$2**

BIRCHER MUESLI (VGO)

Apple and Cinnamon Soaked Oats, Strawberry & Coconut Yoghurt and Fresh Berries

YOGHURT BOWL W/ MUESLI & BERRIES

Delicious Thick Vanilla Yoghurt served with Granola and Fresh Berries, Berry Compote and Lightly Drizzled with Maple Syrup

SWEETHEARTS

FRENCH TOAST, PANCAKES (VGO) OR WAFFLES

Option 1 - with a Berry Compote, Fresh Berries, Vanilla Ice-cream and Maple Syrup

Option 2 - with Caramelised Banana, Crushed Nuts, Vanilla Ice-cream and Maple Syrup

Option 3 - with Crispy Bacon, Vanilla Ice-cream and Maple Syrup

Or Try David's Special - French Toast with Options 1 and 2 Together !!

ADD EXTRAS - \$5 EACH

HASH BROWNS (2)

GRILLED HALLOUMI

BEEF SAUSAGES

BACON

SMOKED SALMON

GARLIC MUSHROOMS

SAUTEED SPINACH

AVOCADO

ROAST TOMATOES

SUCUK

VGO = VEGAN OPTION AVAILABLE GF = GLUTEN FREE AVAILABLE

BREAK THAT FAST

EGGS YOUR WAY - FREE RANGE (GF)

Scrambled, Poached or Fried Eggs on your choice of Toast

VEGIE OMELETTE (GF & VGO)

Sauteed Mushrooms, Capsicum, Spinach & Cheese, served on Sourdough Toast. **Add Ham or Bacon \$3**

TURKISH SCRAMBLE (GF & VGO)

Sauteed Onion, Tomato, Parsley, Pepper Paste & Eggs, with Turkish Bread. **Add Chilli to take it to the next level.**

AVO ON TOAST

Freshly Chopped Avocado, Heirloom Tomatoes, Fresh Basil & Basil Oil, w/ Poached Egg on Sourdough

THE CLASSIC SMAVO

Smashed Avocado served with Poached Egg, Smoked Paprika, Sesame Seeds, Pomegranate, Cherry Tomatoes, Whipped Feta, Radish, Beetroot Hummus Served on Toasted Sourdough

BENNY FOR BREAKFAST

Option 1 - Ham, Poached Eggs on English Muffins with Spinach, Garlic Mushrooms, Paprika & Hollandaise - **\$24**

Option 2 - Sucuk, Poached Eggs on Turkish with Spinach, Garlic Mushrooms, Paprika & Hollandaise - **\$25**

Option 3 - Pulled Beef, Poached Eggs on Roti stuffed with Spinach, Garlic Mushrooms w Paprika & Hollandaise - **\$27**

Option 4 - Smoked Salmon, Poached Eggs on Roti stuffed with Spinach, Garlic Mushrooms w Paprika & Hollandaise - **\$27**

REAL HUNGRY?

BIG VEGETARIAN BREAKFAST

Eggs your way, Garlic Mushrooms w/ Sautéed Spinach, Grilled Halloumi, Roasted Tomatoes & Hash Brown on Sourdough

BIG HEARTY BREAKFAST

Eggs your way, Beef Sausages, Sucuk, Garlic Mushrooms, Roasted Tomatoes & Hash Brown on Sourdough
Replace Sucuk with Bacon for an additional \$1

**Please turn over for our Brunch and Lunch Options*

A surcharge of 10% applies on Saturdays and a surcharge of 15% applies on Sundays to ensure our staff are paid what they deserve

ENTREES AND SIDES

- HOT CHIPS W/ SAUCE** 10
Tomato/ BBQ/ Mayo/ Sweet Chilli or Sweet Chilli Mayo. *Add Gravy for \$3*
- HANDCRAFTED POPCORN CHICKEN** 14
Crispy Chicken Served with Siracha Aioli
- LEMON PEPPER CALAMARI** 15
Served With Lemon & Housemade Aioli
- CRISPY ONION RINGS** 12
Crispy Onion Rings w Your Choice of Sauce

BRUNCH AND LUNCH

- CRISPY CHICKEN BAO BUNS** 22
Nam Jim Dressed Slaw, Crispy Chicken, Spicy Mayo, Pickled Cabbage, Coriander and Sesame Seeds
- POKE BOWL (GF OR VGO)** 24
Crispy Chicken Tenderloin or Halloumi or Tofu with seasoned Brown Rice, Avocado, Pickled Red Cabbage, Edamame, Toasted Seaweed, Spicy Mayo, Carrot and finished with a Miso Ginger Dressing
- NOURISH BOWL (GF OR VGO)** 22
Seasoned Tri-Quinoa with Beetroot Hummus, Falafel, Beetroot Tahini, Pickled Red Cabbage, Cherry Tomato, Spinach & Crispy Lebanese Flatbread
Add Poached Egg \$3
- SOUTHERN FRIED CHICKEN ON WAFFLES** 22
Crispy Fried Chicken on a Belgian Waffle topped with Maple Syrup, Sriracha Mayo, Pickled Red Cabbage and Spring Onion
- CALAMARI MAIN** 23
Lemon Pepper Seasoned Calamari served with Garden Salad, Tartare Sauce & Chips

FROM THE GARDEN

- HALLOUMI SALAD BOWL (GF)** 21
Grilled Halloumi, Cherry Tomatoes, Capsicum, Olives, Edamame, Pepitas Cucumber and Mixed Lettuce Topped with our Pomegranate Molasses Dressing
- COUS COUS SALAD** 22
Soft Cous Cous with Tomato, Carrot, Spring Onion, Pomegranate Molasses Dressing, Cucumber, Feta, Lemon and Parsley
Add Sliced Scotch Fillet \$6, Add Grilled Chicken \$5
- THAI BEEF SALAD (GF)** 24
Pan Seared Premium Scotch Fillet Strips served with Mixed Lettuce, Cherry Tomatoes, Cucumber, Bean Shoots, Shredded Carrot, Coriander, Sesame Seeds and Topped with a Soy Ginger Dressing
- GRILLED CHICKEN SALAD** 22
Coconut Marinated Grilled Chicken Served with Mixed Lettuce, Carrot, Cucumber, Avocado, Cherry Tomatoes and Finished with a Pomegranate Molasses Dressing

VGO = VEGAN OPTION AVAILABLE

GF = GLUTEN FREE AVAILABLE

SCHNITZ & GIGGLES

- ALL HEART SCHNITZEL ROLL** 16
Your choice of Tomato, Lettuce, Cucumber, Carrot, Onion & Cheese. Choose from Tomato/ BBQ/ Sweet Chilli Mayo or Sweet Chilli Sauce
- SCHNITZEL & GRAVY ROLL** 18
Chicken Schnitzel with Caramelised Onion, Cheese and Chips, Topped with a Rich Gravy
- SCHNITZEL & CHIPS** 18
With your Choice of Sauce or Beef Gravy, Garden Salad & Cabbage Pickle
- CHICKEN PARMA** 24
Crumbed Chicken Schnitzel, with our famous Napoli Sauce and Melted Cheese, Served with Side Salad and Our Crunchy Hot Chips
Add Ham for \$2

SANDWICHES & BURGERS

All of our Burgers and our Steak Sandwich come with Chips and a free Soft Drink

- B.L.A.T** 18
Crispy Bacon, Lettuce, Tomato, Avocado and Mayo on Sourdough
- THE RUEBEN** 16
Pastrami packed Sourdough, with Sauerkraut, Cheese, Pickle topped with a Spicy Mayo *Add Chips \$5*
- THE ALL HEART BURGER** 22
Lettuce, Tomato, Cheddar Cheese, Beef Patty, Pickles, Onion Rings, Tomato Sauce & Aioli Sauce with Chips on a Seeded Brioche Bun
- VEGIE BURGER** 23
Grilled Halloumi, Spinach, Portobello Mushroom, Avocado Smash, Truffle Mayo, on Seeded Brioche Bun with Chips
- SOUTHERN FRIED CHICKEN BURGER** 23
Our Awesome Southern Fried Chicken, with Cheese, Mixed Lettuce, Slaw, House-made Chili Jam and Aioli on a Seeded Brioche Bun with Chips
- STEAK SANDWICH (GFO)** 29
Pan Seared Premium Scotch Fillet, house-made Tomato Relish, Caramelised Onion, Rocket, Pickle, Cheese & Aioli on Toasted Sourdough & Chips
- HOUSE MADE LASAGNE** 24
Sam's Delicious Beef Lasagne, made with love and heaps of Vegetables accompanied with a Fresh Garden salad



Check Out our Display for Our Gozlemes, Borek & Focaccias

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