

## OUR COFFEE

The Shed Blend is sweet, rich and creamy. A duet of Colombia (60%) and Guatemala (40%) roasted to deliver flavours of Cacao, dried fruits and nougat.

<b>Black / White</b>	4.2
<b>Alternative Milks</b>	0.7
Almond, Lactose Free, Bonsoy, Oat	

## CHOCOLATE

A powerful chocolate with cocoa sourced from the exclusive West African regions. A rich flavour with lovely tones of berries, malt + vanilla.

<b>Hot Chocolate</b>	4.2
<b>Mocha</b>	4.7
<b>White Chocolate Mocha</b>	4.7
<b>Nutella Latte</b>	4.7

## CHAI

<b>Chai Latte</b>	4.2
<b>Dirty Chai</b>	4.7

## LOOSE LEAF TEA

English Breakfast, Earl Grey, Chamomile, Peppermint, Chai, Green, Lemongrass & Ginger	4.2
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## EXTRAS

Decaf, Mug, Syrups, Extra Shot	0.5
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COFFEE HAS MY BACK

theshed.®

www.theshedcafe.com.au

MILKLAB®

## KIDS MENU

Kids under 12 only

<b>Kids Pancakes (V)</b> 2152 KJ	13.5
Topped with Maple Syrup, Ice-Cream & Fruit	
<b>Kids Waffle (V)</b> 1638 KJ	12
Served with Strawberries, Nutella Sauce & Ice Cream	
<b>Kids Breakfast (VO, GFO, DFO)</b> 2804 KJ	10
1 Scrambled Egg, Toasted Slider Bun, Hashbrown, and 1 Rasher of Bacon	
<b>Kids Nuggets &amp; Chips</b> 3566 KJ	10
5 Chicken Nuggets & Fries, with Tomato Sauce	
<b>Kids Cheeseburger Slider &amp; Chips</b> 2102KJ	10
Beef Slider with Cheese, Chips and Tomato Sauce	
<b>Kids Fruit Salad (V, VG, GF, DF)</b> 503 KJ	8.5
Mixed Seasonal Fruit and Berries	

## PLEASE ORDER & PAY AT THE COUNTER

## ALLERGEN INFO

All items are processed in an area that is exposed to dairy, nuts, gluten, chilli, pork + eggs.

Please notify staff if you have any allergies, dietary requirements or if you are pregnant.

### THE SHED PARRAMATTA

8/45 Macquarie St, V By Crown Building,  
Parramatta NSW 2150

parramatta@theshedcafe.com.au

## LET'S GET SOCIAL

Check in and tag us in your food snaps!



@THESHEDPARRAMATTA

#THESHEDCAFE @THESHEDCAFEAUSTRALIA

WWW.THESHEDCAFE.COM.AU

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PARRAMATTA

## BREAKFAST

Served all day

<b>Bacon &amp; Egg Burger (VO, GFO, DFO)</b> 2434 KJ	10
Seeded Burger Bun, Bacon, Fried Egg, American Cheese, Barbeque Sauce	
<b>Add Hashbrown</b>	+2.5
<b>Loaded Bagel (GFO, DFO)</b> 3622 KJ	16.5
Toasted Everything Bagel w/ house-made Chicken Sausage Patty, Scrambled Egg, Cheese, Tabasco & a Hashbrown	
<b>Eggs Your Way (V, GFO, DFO)</b> 1899 KJ	11.5
2 Slices of Buttered Sourdough, with 2 Eggs of Your Choice (Poached, Fried Or Scrambled)	
<b>Corn Fritters (V)</b> 3424 KJ	19.5
Zucchini & Corn Fritters, Smashed Avocado, Haloumi, Zucchini Salad, Lemon Aioli, topped with a Poached Egg	
<b>Add Bacon</b>	+5.5
<b>Classic Smash (V, VGO, GFO, DFO)</b> 1738 KJ	14
Sourdough Toast, Topped with Smashed Avocado, Feta, Pomegranate, Housemade Zataar	
<b>Mushroom Tartine (V, VGO, GFO, DFO)</b> 3026 KJ	18.5
Sauteed Portobello & Button Mushrooms On Toast w/ Labneh, Pomegranate, Walnuts And Poached Eggs	
<b>Vegetarian Breakfast (V, VGO, GFO, DFO)</b> 2572 KJ	19
Poached Egg, Avocado, Asparagus, Grilled Haloumi W/ Romesco And A Kale Couscous Salad	
<b>Add Sourdough</b>	+2
<b>Omelette (V, GFO)</b> 2678 KJ	18.5
3 Egg Omelette with Mushroom, Spinach, Cherry Tomato, Feta and Toast	
<b>Add Chicken or Chorizo</b>	+3.5
<b>Eggs Benedict (VO, GFO, DF)</b>	
Sauteed Spinach, 2 Poached Eggs, and Hollandaise On Sourdough, with Your Choice of:	
<b>Bacon</b> 3575 KJ	21
<b>House-made Pulled Ham</b> 2912 KJ	21.5
<b>Smoked Salmon</b> 2326KJ	22.5
<b>Bruschetta (V, GFO, DFO)</b> 2210 KJ	18.5
Soy-Linseed Sourdough with Smashed Avocado, Diced Tomato & Onion, Mint, Feta & 2 Poached Eggs	
<b>The Big One (VO, GFO, DF)</b> 4237 KJ	24.5
2 Eggs, Bacon, Chorizo, Spinach, Cherry Tomato, Mushrooms, Hashbrown on Sourdough	
<b>Add Avocado</b>	+5

## THE SWEET STUFF

<b>Chicken &amp; Waffles</b> 1779 KJ	21
Belgium Waffle, Fried Chicken, Maple-glazed Hand-cut Coleslaw, Diced Apple, Topped with a Fried Egg and Chilli Aioli	
<b>Add Bacon</b>	+5.5
<b>Apple Crumble Pancakes (V)</b> 3785 KJ	18.5
Buttermilk Apple Pancakes, With Apple Compote, Cinnamon Ice-Cream, Maple Syrup and Roasted Almonds	
<b>Ricotta Toast (V)</b> 3431 KJ	19
Toasted Thick-Cut Brioche, Topped With House-Made Whipped Ricotta & Mascarpone, Berry Compote, Honey And Mint	
<b>Acai Bowl (V, VG, DF, GF)</b> 2706 KJ	19.5
Tropical Brazil Acai, with Housemade Granola, Chia Seeds & Seasonal Fruit	
<b>Add Peanut Butter</b>	+1

## LUNCH

### SALADS

<b>Moroccan Chicken (GF, DFO)</b> 1846 KJ	18.5
Grilled Moroccan Chicken Breast, Cos Lettuce, Pepita, Cherry Tomato, Feta, Beans & Pomegranate	
<b>Salmon Salad (DF, GFO)</b> 1660 KJ	22.5
Smoked Salmon, Pickled Apple, Pomegranate, Fried Pita, Mixed Leaves, Asparagus & Lemon Vinegarette	
<b>Add 1 Poached Egg</b>	+2.5
<b>Lamb Kofta (GFO, DF)</b> 2055 KJ	20
Lamb Kofta Skewers, Cos Lettuce, Cherry Tomato, Sumac Onion, Pomegranate, Herbs and Fried Pita	
<b>Pumkin Feta (V, VGO, GFO, DFO)</b> 3001 KJ	17
Zataar Pumpkin, Mixed Leaves, Feta, Walnuts, Couscous, Pomegranate, Beetroot Hummus	
<b>Add Haloumi</b>	+5.5

## BURGERS

All on our Seeded Burger Buns, served with Fries

<b>Wagyu Beef (GFO, DFO)</b> 150g 5813 KJ	19.5
150g Wagyu Beef (Cooked Medium), Pickle, Cheese, Lettuce, Tomato & Our Secret Burger Sauce	
<b>Southern Fried Chicken (DFO)</b> 4463 KJ	19.5
Fried Chicken Tenders, Coleslaw, Pickle, Cheese & Chipotle Mayo	
<b>Fried Mushroom Burger (V, VG, DF)</b> 3212 KJ	18.5
Fried Portobello Mushroom Patty, Pickle, Lettuce, Tomato, House-Made Smoked Romesco	
<b>Peri-Peri Chicken (GFO, DFO)</b> 5169 KJ	18.5
Chargrilled Portuguese Chicken Breast, Cheese, Lettuce, Tomato & Chilli Aioli	
<b>UPGRADE Sweet Potato Fries</b> 1341 kJ	+2.5
<b>Mini Sliders w/ Fries (DFO)</b>	17.5
Two milk-bun sliders and fries with your choice of	
<b>Marinated Moroccan Chicken</b> 3888 KJ	
<b>Pulled Ham and Coleslaw</b> 2705 KJ	
<b>Fish &amp; Chips</b> 2857 KJ	18.5
Fresh Barramundi Nuggets lightly battered in Panko, served with Fries, Coleslaw & Lemon Aioli	

### SHED BOWLS

<b>Barramundi Bowl (GFO, DFO)</b> 1566 KJ	23
Fresh 150g Humpty-Doo Farm Barramundi Fillet, Romesco, Couscous & Bean Salad, Charred Asparagus & Lemon	
<b>Vegan Bowl (V, VG, GFO, DF)</b> 1909 KJ	20
Smashed Avocado, Romesco, Pumpkin, Coleslaw, Pita Bread, Pickled Mushroom, Mushroom Fritters & Charred Asparagus	
<b>Add Falafel</b>	+5
<b>Protein Bowl (GFO, DFO)</b> 2809 KJ	20
Marinated Portuguese Chicken, Labneh, Mixed Leaf Salad, Soy-Linseed Toast, Smashed Avocado and a Poached Egg	
<b>Add Extra Chicken</b>	+5.5
<b>Large Bowl of Fries (V, VG, GF, DF)</b> KJ	9.5
Served with your choice of Aioli, Chilli Aioli, Tomato Sauce or BBQ Sauce	
<b>UPGRADE Sweet Potato Fries</b> 1341 kJ	+2.5

## EXTRAS

Hashbrown, Fresh Cucumber or Tomato	2.5
Sautéed Spinach, Sautéed Mushroom, Roasted Pumpkin, 2 Eggs	4.5
Avocado, Falafel, Fried Mushroom Fritters	5
Grilled Chicken Breast, Grilled Haloumi, Smoked Salmon, 2 Bacon Rashers,	5.5

## COLD DRINKS

<b>Milkshakes</b>	7
Chocolate, Strawberry, Banana, Vanilla, Caramel, Nutella	
<b>Iced Latte</b>	6.5
<b>Iced</b>	7
Mocha, Coffee, Chocolate	
<b>Frappes</b>	7
Coffee, Mocha, Chocolate	
<b>48 Hour Cold Brew</b>	6.5
<b>Still Water</b>	3
Mount Franklin	
<b>Sparkling Water</b>	3.5
<b>Soft Drink 390mL</b>	4.5
Coke, Coke No Sugar, Sprite	

## SMOOTHIES

<b>Breakfast Buzz</b> 2424 kJ	8
Fresh Banana, Granola, Ice Cream, Milk, Ice & Honey	
<b>Add Espresso Shot</b>	0.5
<b>Mixed Berry</b> 1602 kJ	8
Mixed Berries, Milk, Honey & Ice Cream	
<b>Banana &amp; Strawberry</b> 2238 kJ	8
Banana, Strawberry, Honey, Milk, Ice Cream & Ice	
<b>Acai Power</b> 1603 kJ	10
Acai Berry & Banana	
<b>Add Vanilla Whey Protein</b> 482 kJ	+3

## FRESH JUICE

<b>The Shed</b> 862 kJ	8.5
Watermelon, Pineapple, Orange & Apple	
<b>Cleanse Your Soul</b> 1112 kJ	8.5
Apple, Cucumber, Pear, Pineapple Lemon & Ginger	
<b>Sunrise</b> 696 kJ	8.5
Watermelon, Pineapple, Lime & Strawberry	
<b>Fresh Orange</b> 709 kJ	8.5
<b>Design Your Own</b> (Choose up to 4)	8.5
Orange, Apple, Watermelon, Pineapple, Pear, Lemon, Ginger	

**A surcharge of 10% applies on Public Holidays & Sundays**

V Vegetarian | VG Vegan | GF Gluten Free | VO Vegetarian Option  
VGO Vegan Option | GFO Gluten Free Option | DF Dairy Free  
DFO | Dairy Free Option

We also cater for other requirements, such as Halal and allergies. Please make staff aware prior to ordering of any dietary requirements.