

Drinks

Kombucha \$6

Ginger Tonic, Lemon Lime Bitters,
Passionfruit, Lemon Lime Mint, Wild Berry

Light Sparkle \$6

Pineapple, Passionfruit, Lemon Lime Bitters, Amazon Lime, Blood Orange, Lemonade, Raspberry Lemonade.

Organic Wild Juice \$6.50

Orange, Apple, Lean & Green, Pineapple, Apple Guava, Banana Mango Apple.

Smoothies

\$12

Smooth Operator

Mango | Mix Berry |
Banana
Coconut Milk | Honey | Ice
Cream | Coconut Yogurt

Pash & Go

Mango | Passionfruit | Ice
Cream | Milk

Snickers

Peanut Butter | Chocolate &
Caramel Syrup | Ice Cream |
Milk

Kick Start

Mix Berries | Banana |
Peanut Butter | Almond
Milk

Honey Jumble

Banana | Honey | Peanut
Butter | Almond Milk |
Dates

Add Protein \$1

Add Espresso \$1

Add Malt \$1

H2o Coconut Water \$6

Lychee | Watermelon | Coconut

Enrgpro Energy Drink \$6

Protein Water Tropical or Rapid Charge with Caffeine

Coke \$5 / Wild Water \$4 / Aloe \$5 / San Pellegrino \$6

Milkshakes

THE CLASSICS \$7.50

Vanilla
Chocolate
Caramel
Strawberry

THE DECADENTS \$8.50

Nutella
Choc Mint
Biscoff
Bubblegum
Strawberry Marshmallow
add Malt \$1

Fresh Housemade Juices \$8.50

Green Me

Lemon | Super Greens | Apple | Ginger | Celery

Sunset boulevard

Beetroot | Lemon | Ginger | Orange | Carrot | Apple

Fresh Orange

Wellness Shot \$5

Turmeric | Cavenne Pepper | Ginger | Lemon | Apple

Frozen Blends \$9.50

Berry Crush

Frozen Berries | Mango | Coconut Water | Elderflower

Tropical Crush

Frozen Mango | Passionfruit | Orange Juice | Pineapple Juice

Drinks On The Deck

Serving the Beautiful Mornington Peninsula

Wine

Sauvignon Blanc | Rose | Pinot Gris | Chardonnay

150 ml \$12 | 250ml \$16

Bottle \$40

Mini Mateus 250ml \$12

Red

Mitolo Jester Shiraz McLaren Vale

By the Bottle only \$60

Cocktails \$16

Margarita

Tequila | Triple Sec | Fresh Lemon

Mojito

Fresh Muddled Mint | Fresh Muddled

Lime | Bacardi | Soda Water |

Lemon Mint Ice

Aperol SPRITZ

Mulled Orange | Aperol | Prosecco

| Soda Water | Oj Ice

Donna Delish

Pink Gin | Butterfly Gin | Raspberry

Lemonade

Bloody Mary

Fairy Floss

Blue Vok | Raspberry Vodka |

Raspberry Lemonade

Baileys Espresso Martini

Baileys | Coffee Shot | Caramel

Syrup | Ice Cream

Whiskey Sour

Fresh Lemon | Whiskey | Triple Sec

Espresso Martini

Coffee Shots | Grand Marnier |

Kahlua | Vodka

More cocktails on request

Patron Frozen Margarita \$22

Are You In a Spritzy State of Mind?

Aperol Tower Delivered to your Table \$80

Gin & Tonic

Pick from our Gin Tasting Wall



Beer & Cider

Corona
Philter XPA
Peroni

Ginger Beer
Seltzer
Apple Thief Cider

Sweet Tooth Treats

Cakes \$8

Raspberry Pistachio Bar g/f

Dutch Carrot Cake g/f

Lemon & Coconut Bar g/f

Raspberry & Lemon Bar g/f

Key Lime Tart

Citrus Tart

Passionfruit Tart

Sticky Date Pudding

Salted Caramel Brownie

Portuguese Tart \$6

Biscuits \$3

Almond Short Bread

Pistachio

Melting moment

Flaked Almond

Biscotti

Date Rings

Lemon Biscuit Rounds

Protein Balls \$4

Traditional with Chia Seeds

Biscof & Peanut Butter

Hemp & Spirulina

Breads

Banana

Mango Coconut

Served toasted with
butter \$6

Oregano Bakery Scrolls

- Apple Cinnamon Scroll
- Cinnamon Scroll
- Cookies & Cream
- Fairy Bread Scroll
- Pineapple & Coconut
- Nutella & Banana

Check out our display fridges for more treats to sweeten your day!

But first..... Coffee!

Cappuccino | Latte | Flat White | Macchiato | Ristretto | Doppio | Long Black | Espresso |
Small Batch Brew | Piccolo | Hot Chocolate | Cold Drip | Filter

Small \$4.50 | Large \$5.50

Add an extra shot of coffee 50c

Mocha | Small \$5 | Large \$6

Alternate Milk add 50c

Oat | Almond | Soy | Macadamia | Lactose Free | Coconut

Add Flavour 50c

Vanilla | Caramel | Hazelnut | Chai

Alternative brews \$6

Turmeric Latte | Beetroot Latte | Orange Hot Chocolate
Brew Chai | Turmeric Chai | Biscoff Latte.

Ice Me \$7.50

Iced Latte – 3 shots of The Grounds, milk, ice | Iced Coffee – 3 shots coffee, milk, cream, ice cream & ice |
Iced Mocha | Iced Chai | Iced Long Black | Iced Biscoff | Iced Matcha

Loose Leaf Tea Blends \$5.00

English Breakfast | Earl Grey | Peppermint | Chamomile | Jasmine | Spearmint | Rose | Lavender | Green Tea | Chrysanthemum

Green Tea Me: green tea | corn flower | rose

My Breathe Easy: organically grown lemon grass and ginger root

My Chill: chamomile flower | corn flower

Arthritis Relief: jasmine | devil's claw | nettle | sweet meadow ginger | alfalfa | turmeric

Full Moon: hibiscus | rose | chrysanthemum | rosehip | butterfly pea flower

My time to Sleep: chamomile | peppermint | lemon balm | rosemary cornflower

Menopause Relief: wild yam | chaste tree berry | black cohosh | sage | lavender | spearmint | calendula | valerian |
raspberry leaf | liquorice

Nasheman Chai Tea: black tea | ginger root | peppercorn | star anise | cinnamon | cardamon | clove

Jasmine: organically grown jasmine flower

Rosehip: organically grown rosehip flower

Acai Flow

Australia's Premium Acai

Our acai comes straight from the Amazon jungle and is served untouched and unadulterated

Acai Bowl \$12

Get creative and add toppings:

Banana | Strawberries | Blueberries \$1.50 ea

Granola - includes goji berries | hemp seeds
activated buckini | coconut flakes.

Nutella \$2

Biscof \$2

Coconut Yogurt \$2

Peanut Butter \$2

Honey \$1

Acai Cup \$9.00

Acai Smoothie \$10.00

Grab & Go Menu

Say Cheese to a Toastie Or Bagel

Chicken Pesto Toastie

- Chicken | Pesto | Onion | Tomato | Cheese

Roast Vegi Toastie

- Roast Vegi | Falafel | Cheese | Beetroot Relish

Loaded Caprese Toastie

- Tomato | Mozzarella | Pesto | Onion Jam | Serrano Ham

Cuban Toastie

- Ham | Mustard | Pickles | Roast Pork | Cheese

Lox Bagel

- Smoked Salmon | Spinach | Spanish Onion | Capers | Cream Cheese | Hollandaise Sauce

What a Burger Bagel

- BBQ Beef Brisket | Tomato | Spanish Onion | Green Leaf Cheese | In-House Sauce

\$16

Ham & Cheese Croissants

\$9.50

Pork & Fennel Rolls Spinach & Feta Rolls

\$10

Gozleme Spinach & Feta

\$15

Chia & Overnight Oats

Pots

\$12

Yoghurt Pot

\$10

Fresh Juice

Orange Juice

Green Me

Celery | Spirulina | Apple | Ginger

Sunset Boulevard

Beetroot | Carrot | Apple | Ginger | Orange

\$8.50

Let's eat all day ----- Dine in or Takeaway

Summer Vibes

Thai Crunch Bowl \$19.50

Cucumber | Fried Shallots | Spanish Onion | Carrot | Cherry Tomato | Coriander | Mint | Coconut Coated peanuts | Thai Dressing | Pickled Ginger | Noodles {add Protein}

Poke' Bowl \$19.50

Black Rice | Wombok | Pickled Ginger | Radish Carrot | Beetroot | Turmeric Cauliflower Purple Cabbage | Enoki {add Protein}

➤ Protein

Fresh Prawns | BBQ Beef Brisket | Pork | Poached Chicken | Falafel.

Greek Plate \$26

Lamb Skewer | Greek salad | Hummus | Garlic Dip | Za'atar Pita Bread Pickled Veg. {add extra Skewer \$8}

Moroccan Plate \$26

Moroccan Chicken Skewer | Cheese & Garlic Flatbread | Moroccan Salad | Beetroot Relish

Burrata Bruschetta \$17

Trio Cherry Tomatoes | Burrata Cheese | Basil | Lemon | Olive Oil

Avocado Toast \$14.90 *gfo

Breakfast Guacamole | Feta | Cherry Tomato | Beetroot Relish Omega Seed Mix | Fresh Lemon (add a poached egg \$3)

Breakfast Wrap \$16.90 *gfo *vo

Bacon | Scrambled Eggs | Avocado | Fresh Tomato | Cheese

Dippy Eggs w/ \$23.90 *gfo*vo

Bacon & Haloumi Fries | Asparagus | Sour Dough Toast

Fully Loaded Omelette \$25.90

Feta | Spinach | Cherry Tomato w/ Bacon or Mushroom.

Eggs Benedict \$23.90

Smoked Salmon or Bacon served on Sourdough w/ Hollandaise sauce | 2 poached egg

Kings Big Breakfast \$28.90

Double Smoked Bacon | Poached Eggs | in-house Beans Mushroom | Spinach | Chorizo | Sour Dough | Hash Brown

Kanes Breakfast Burger \$16

Bacon | Egg | Hash Brown | Avo Smash | Relish | Cheese

Bacon & Egg Roll \$12.50

Banh Mi (Vietnamese Style Roll) \$14.50

BBQ Beef Brisket | Poached Chicken | Falafel | Pork w/ pickled carrots | pickled white radish | cucumber | coriander | fried shallots | pate | kewpie mayo | chilli

Toasted Sandwiches

Steak Sandwich \$22

Smoked Steak | Lettuce | Tomato | Onion | Cheese | Pickles | Relish | Beetroot | Bacon

Club Sandwich \$22

Grilled Chicken | Bacon | Lettuce | Mayo | Cheese | Tomato | Ham | Onion

Add Fries \$8

From The Sea

- John Dory Golden Fried | Fresh Lemon | Aioli Sauce | Chips. \$19.50
- Fresh Prawn Roll \$14.90
- Crispy Skin Atlantic Salmon Or Grilled John Dory | Chips | Salad \$29.50
- Seafood Basket {for 2+} \$38
- Prawn Twister X 2 | Chips | Golden Fried Dory x 2 | Tempura Calamari x 2 Fresh Lemon | Tartare | Aioli

Wine O'Clock ... Its 5pm somewhere in the World

Serving the beautiful Mornington Peninsula

Wine

Sauvignon Blanc | Rose Pinot Gris | Chardonnay

150 ml \$12 | 250ml \$16

Bottle \$40

Mini Mateus 250ml \$14

Red

Mitolo Jester Shiraz McLaren Vale By The Bottle Only
\$60

Beer & Cider

Corona
Philter XPA
Peroni

Ginger Beer
Seltzer
Apple Thief Cider

Cocktails \$16

Mojito
Aperol SPRITZ
Donna Delish
Bloody Mary
Fairy Floss
Baileys Espresso Martini
Whiskey Sour
Espresso Martini

More cocktails on request

Patron Frozen Margarita \$22

Gin & Tonic
Pick from our Gin Tasting Wall

Friday Night Vibes

Salt & Pepper Squid \$17

Burrata Bruschetta \$17

Trio of Cherry Tomatoes | Burrata Cheese | Fresh Basil |
Fresh Lemon | Olive Oil

Greek Plate \$26

Lamb Skewer | Greek Salad | Zaatar Bread | Garlic Dip |
Hummus | Pickled Veg {add extra Skewer \$8}

Moroccan Plate \$26

Chicken Skewer | Moroccan Salad | Cheese & Garlic Flat
Bread | Beetroot Relish
{add extra Skewer \$8}

Golden Fried John Dory

or

Grilled John Dory | Crispy Skin Atlantic Salmon
Salad | Chips **\$29.50**

Beef Ragu Linguine \$28

Slow Cooked Beef | Tomato Sugo | Parmesan

Seafood Plate \$35

6 x Fresh Tiger Prawns | Smoke Atlantic Salmon |
Caviar | 2 x Sydney Rock Oysters | Moreton Bay
Bug | Fresh Lemon | Aioli

Japanese Salad \$22

Green Leaf | Wakame | Radish | Cherry Tomatoes |
Spanish Onion | Enoki Mushroom | Red Cabbage |
Carrot | Miso Sesame Dressing
Add Poached Chicken or Prawns



MIO CAPPELLO
PROSECCO
KING VALLEY

**IN A SPRITZY STATE
OF MIND?**

HAVE YOUR MIO CAPPELLO MOMENT!
GET A 1.5L APEROL SPRITZ TOWER WITH
MIO CAPPELLO PROSECCO TO SHARE WITH
YOUR FRIENDS FOR:
M \$80 / NM \$96

LET THE GOOD TIMES APEROL ... CIN CIN!