

# > WELCOME TO PANCHA

# **ALL DAY BREKKY**

# **House Specialties**

### **BREKKY BRUSCHETTA [vg] 19**

A medley of fresh heirloom cherry tomatoes, red onion and aromatic herbs with a drizzle of balsamic glaze on our signature sourdough add a soft poached egg & goat's cheese +8

### WOODLAND MUSHROOMS [v] 25

Sautéed mixed mushrooms made magic, served with a soft poached free-range egg and a swipe of truffle & miso tapenade on our signature sourdough

### **CHILLI EGG & CHORIZO CROISSANT 28**

Decadent cheesy folded free-range eggs with grilled sliced chorizo, oak lettuce, house chilli jam, sriracha mayo, coriander and grated parmesan served in an authentic French croissant

### VEGGIE DELIGHT [vg] [gf] 29

A wholesome dish of sautéed mixed mushrooms, roasted pumpkin, homestyle baked beans, half avo, grilled seasoned tomato and our iconic house-made hashy

#### HOMESTYLE BAKED BEANS [vg] 25

Made in-house with love. Mixed beans simmered in a rich, aromatic tomato sauce, topped with a free-range poached egg. Served with goat's cheese on our signature sourdough add sliced chorizo +7

#### THE MARGARELLA (BREKKY BURGER) 25

The owners' mouth-watering creation: Bacon, fried free-range egg, fresh rocket, cheese, house-made hashy and house hollandaise, served between a delightful brioche bun

### FLAXSEED PANCAKES [vg] 23

Double-stacked flaxseed pancakes, topped with a mixed berry compote, seasonal fresh fruit, chocolate & banana soil with rosewater fairy floss and maple syrup: an absolute treat add vanilla bean gelato or vegan ice cream +5

# Classics, with a Pancha twist

### EGGS ON TOAST [v] 16

Keep it simple with two free-range eggs cooked your way, served on our signature sourdough. [Poached, scrambled or fried] add bacon +7

Two poached free-range eggs, with fresh spinach, house hollandaise and your preferred protein, served on our signature sourdough. [Choose one: Bacon, smoked salmon, ham, mushrooms, halloumi or chicken

### **BIG BREKKY 36**

A proper big brekky: two free-range eggs cooked your way, with sautéed mixed mushrooms, chorizo, homestyle baked beans, bacon, fresh spinach, grilled seasoned Roma tomato and a house-made hashy, served with our signature sourdough

### **CHEESY BAKED OMELETTE 28**

A truly exquisite fluffy, oven-baked cheesy omelette with your favourite fillings, served with our signature sourdough. [Choose two: mushrooms, bacon, tomato, ham, smoked salmon, spinach, chicken

### AVO SMASH [vg] 19

Seasoned smashed avo topped with cherry tomatoes, radish discs, dukkah, a balsamic glaze and a delicious beetroot aioli swipe, served on our signature sourdough add a soft poached egg & goat's cheese +8

### AÇAÍ BOWL [vg] 22

Chilled house açaí blend topped with a mix of seasonal fresh fruit, paired with a toasted mixed seed, nut and dried fruit muesli, finished with a sprinkling of chia seeds add peanut butter +2

# **ALL DAY LUNCH**

# Salad, Pasta & more

### THAI BEEF SALAD [gf] 27

A zingy and refreshing pairing of a tender 150g rib fillet with cherry tomatoes, cucumber, red onion, fresh chilli, coriander, mint and our very own Nam Jim dressing

### GRILLED CHICKEN SALAD [gf] 24

Healthy arilled chicken breast tossed with fresh mixed-leaf lettuce, red onion, cherry tomatoes, cucumber and a dash of balsamic

### ROAST PUMPKIN & QUINOA SALAD [vg] [gf] 23

Nourishing pumpkin and quinoa with mixed-leaf lettuce, red onion, pomegranate bursts and cherry tomatoes with a dash of balsamic

add grilled chicken or halloumi +7

### TRUFFLE MISO PASTA [vg] 26

Deliciously rich rigatoni pasta with mixed mushrooms and truffle miso sauce, sprinkled with a selection of aromatic herbs add grilled chicken +7

Creamy and slightly sweet bacon and mushroom rigatoni pasta, topped with parmesan cheese and a free-range egg yolk to fold in

### PAN ROASTED CHICKEN [gf] 32

Succulent chicken breast served with roast pumpkin, spinach, and house-made hashy, topped with our next-level Beurre Blanc cream

### CHIPPIES [vg] [gf] 10

Seriously crunchy potato chips served with aioli

## **Between Bread & Bun**

On brioche bun or Turkish bread? Includes chippies

### VEGGIE STACK [vg] 26

Grilled eggplant, zucchini, pumpkin, tomato, fresh lettuce, vegan cheese and pesto aioli

### **THE VIP CLUB 28**

Like a club sandwich, but tastier: grilled chicken, bacon, fried freerange egg, smashed avo, lettuce, tomato, cheese and aioli

### **CRISPY CHICKEN 27**

Double-stacked crunchy crumbed chicken fillet, with cheese, veggie slaw and sriracha mayo

### LOADED STEAK 32

A flavour sensation: tender 150g rib fillet, with caramelised red onion, fried free-range egg, bacon, tomato, cheese, lettuce, aioli and our favourite BBQ sauce

# Add Ons

Free-range egg (1) 4.5 Bacon (2) 7 Smoked salmon 7 Mixed mushrooms 6 Grilled halloumi (2) 7 Grilled chicken 7 Chorizo 7 Spinach 5

House-made hashy [gf] [vg] 6 Avo (Sliced or smashed) 6 Homestyle baked beans 5 Grilled tomato 5 House hollandaise 4 Vanilla bean gelato 5 House chilli jam 2 Toast 6 (Sourdough or Turkish) Gluten free Turkish bread +3

GLUTEN FREE? Swap the signature sourdough for our house-made hashy at no extra charge or change to Gluten free Turkish bread +3

SENSITIVITIES OR PREFERENCES? Please let us know what you would like to adjust or swap and we will always do our best to accommodate

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# **BARISTA-MADE**

### Hot

Cup 8oz (Small) | Mug 12oz (Large) Full cream or light milk | Lactose-free, soy, almond or oat +.50

### CAFFEINATED

Espresso 3.5
Double espresso 4
Long black 4
Macchiato 4
Piccolo 4.5
Magic 5
Flat white 5/6
Latte 5/6
Cappuccino 5/6
Mocha 5.5/7
Matcha latte 6/7

Dirty chai latte 6/7

### NON-CAFFEINATED

Hot chocolate 5/6 Chai latte 5/6 Spicy ginger latte 6/7 Golden turmeric latte 6/7 Pupcup 2.5 Babychino 2.5

Decaf +.50 Extra shot +.50 Syrups +.50 [Vanilla, caramel or hazelnut]

### **Iced**

Standard 16oz (One size)
Full cream or light milk | Lactose-free, soy, almond or oat +.50

### CAFFEINATED

Iced long black 5 Iced latte 7 Iced mocha 8 Iced matcha 8 Iced dirty chai 8

### NON-CAFFEINATED

Iced chocolate 7 Iced chai 7 Iced spicy ginger latte 8 Iced golden turmeric latte 8 Milkshake 10 [Chocolate, vanilla or

Make it fancy +5

Elevate your iced drink with a scoop of vanilla bean gelato, topped with whipped cream and a dusting of cocoa

caramell

# **TEAPOT**

Please ask for complimentary milk of your choice (On the side)

### CAFFEINATED

English Breakfast 6 Earl Grey 6 Green Tea Sencha 6

### NON-CAFFEINATED

Lemongrass Ginger 6 Peppermint 6 Chamomile 6

# RETAIL

We choose our suppliers carefully, with a focus on Australian, natural, certified organic, sustainable and/or vegan-friendly products. Have a peek inside for full display.

Coffee by Sacred Grounds (under Campos)
1kg 40 | 500g decaf 30
Norco Full Cream & Skim Milk 2L 5
Bonsoy Soy 1L 6
The Alternative Milk Company Almond 1L 6
The Alternative Milk Company Oat 1L 6
Milklab Lactose Free 1L 6
Matcha, Golden Turmeric & Spicy Ginger
by Real Natural 100g 25
Dried bio-dynamic citrus (local hobby farm) 10
Raw honey (local hobby farm) 15
Hand-cast candles by Light & Life Candles 45
Light & Life Candle refills 25

# FRESH JUICES & SMOOTHIES

### Juices

Standard 16oz (One size)
Freshly made 100% juice served with ice

#### **GREENIE 1**

Apple, celery, kale, ginger & lemon

### **OOMPA LOOMPA 11**

Carrot, orange, ginger, turmeric & lemon

#### **SUMMER DAZE 11**

Orange, apple, lemon & mint leaves

## **S**moothies

Standard 16oz (One size) Coconut water | Full cream or light milk Lactose-free, soy, almond or oat +.50

#### **MANGO LASSI 12**

Mango, banana, cardamom, coconut yoghurt and coconut water or your milk of choice

### **TRIPLE BERRY NANA 12**

Strawberry, blueberry, raspberry, banana and coconut water or your milk of choice

#### **MEAN GREEN 12**

Kale, spinach, avocado, banana, chia seeds and coconut water or your milk of choice

# **BOTTLES & CANS**

### WATER

by Same Same 640ml reusable aluminium bottle | Chilled

Still water 6.5 Sparkling water 6.5

### **BOTTLED JUICE**

by Noah's Creative 260ml glass bottle | 100% juice no added sugar

Crushed apple juice 6
Valencia orange juice 6
Pink juice smoothie (Watermelon, apple, mint) 6
Green juice smoothie (Apple, peach, mint, mango, lime) 6
Yellow juice smoothie (Banana, apple, mango, lychee) 6
Purple veggie juice (Beetroot, apple, orange, carrot, ginger) 6
Orange veggie juice (Carrot, apple, ginger) 6

### SODA

by Simple Organic 330ml glass bottle, organic soft drinks | Served over ice

Vintage cola 7 Lemonade 7 Ginger beer 7

# **Craving something sweet?**

Please check out our cabinet inside for a variety of delicious, locally-sourced pastries, sweets, morsels and treats!

GLUTEN FREE & VEGAN options available

