

Welcome to Foodshack



Breakfast Menu

GFO (2 x slices of GF Bread or GF Roll) an extra	\$4.50
Thick Toast (GFO) {V} 2 slices of thick toast, with a selection of spreads. (Strawberry, Raspberry, Plum, Marmalade, Honey, Vegemite, Peanut Butter)	\$6.00
Fruit Toast {V} 2 slices of buttered thick fruit toast	\$8.50
Crumpets {V} 2 buttered lightly toasted crumpets, with a selection of spreads. (Strawberry, Raspberry, Plum, Marmalade, Honey)	\$9.50
Bacon & Egg Roll (GFO) Served on a toasted bun, with tomato relish, cheese, bacon and egg	\$10.50
Breakfast Burger (GFO) Served on a toasted bun, with tomato relish, cheese, hashbrown, bacon and egg	\$12.00
Waffles {V} Freshly made waffles served with either – (1) Bacon and maple Surup (2) Mascarpone topped with a berry compote, dusted in icing sugar (3) Banana glazed in sweet rum syrup, dusted in icing sugar	\$14.50
Omelette Large 3 egg Omelette folded and drizzled with parmesan cheese Option fillings-	\$15.00
Spinach	\$1.50
Tomatoes	\$1.50
Bacon	\$2.00
Ham	\$2.00
Feta	\$2.50
Mushrooms	\$3.00

French Toast {V} **\$15.50**

Two lightly cooked thick French toast with either –

- (1) Bacon and maple Syrup
- (2) Mascarpone topped with a berry compote, dusted in icing sugar
- (3) Banana glazed in sweet rum syrup, dusted in icing sugar

Breakfast Burrito {V} **\$16.00**

Lightly toasted wrap filled with relish, spinach, tomatoes, scrambled egg, bacon and cheese

Breakfast Your Way (GFO) {V} **\$16.50**

- (1) 2 toasted sour dough toast
- (2) 2 toasted thick toast

With 2 eggs (poached, fried or scrambled) and 2 slices of bacon **optional Extras –**



Spinach	\$1.50
Tomatoes (fried)	\$1.50
Egg (each)	\$2.00
Bacon (per slice)	\$2.00
Hashbrown (each)	\$2.50
Avocado (Half of an avocado sliced)	\$2.50
Feta	\$2.50
Chipolatas x 2	\$3.00
Mushrooms	\$3.00
Hollandaise (House made)	\$3.50
Grilled Halloumi	\$4.00
Baked Beans	\$4.00
Pulled Pork	\$4.50

Granola/Acai Bowl {V} **\$17.00**

Fresh housemade granola, house made berry mixed yoghurt and seasonal fruit

Smashed Avocado Bite (GFO) {V} **\$18.50**

2 toasted buttered sour dough toast, topped with smashed avocado, 2 eggs (poached, fried or scrambled), with Mexican salsa and drizzled in feta

Eggs Benidict (GFO) {V} **\$19.50**

Served on 2 toasted buttered sour dough toast, spinach, either (**bacon, pulled pork, ham**) with 2 poached eggs and drizzled in housemade hollandaise sauce

Big Breakfast (GFO) {V} **\$25.50**

- (1) 2 toasted sour dough toast
- (2) 2 toasted thick toast

With 2 eggs (poached, fried or scrambled) and 2 slices of bacon, spinach, 2 chipolatas, fried tomatoes, mushrooms, hashbrown

Snacks

Potato Cake **\$1.50**

Dim Sim **\$1.50**

Sweet Chilli Tender **\$2.50**

Chicko Roll **\$3.50**

Spring Roll **\$3.50**

Chips Small Bowl **\$5.00**

Small bowl of chips with chicken salt

Chips Big Bowl **\$8.50**

Big bowl of chips with chicken salt

Toasted Sandwiches

GFO (2 x slices of GF Bread) an extra **\$4.50**

Ham, Cheese & Tomato Toastie (GFO) **\$12.50**

(with either sourdough or white bread)

Ham, cheese & tomato sandwich toasted and served with chips

Chicken, Cheese & Aioli Toastie (GFO) **\$13.50**

(with either sourdough or white bread)

Chicken, cheese & aioli sandwich toasted and served with chips

Bacon, Lettuce & Tomato served with chips (GFO) **\$14.50**

(with either sourdough or white bread)

Bacon, lettuce & tomato sandwich toasted and served with chips

Avocado, Halloumi served with chips (GFO) **\$15.50**

(with either sourdough or white bread)

Smashed avocado, halloumi, tomato, red onion, Mexican salsa and toasted and served with chips

Specialty Sandwiches & Burgers

GFO (GF Roll) an extra

\$4.50

Cheeseburger (GFO)

\$15.50

Toasted brioche bun with relish and cheese top and bottom with a beef Pattie served with chips

Club Sandwich (GFO)

\$17.50

Sandwich toasted, filled with smashed avocado, spinach, chicken, drizzled with aioli, bacon, and cheese served with chips

Chicken Schnitzel Burger

\$18.00

Fresh bread roll, with lettuce, tomato, cheese, chicken schnitzel drizzle with aioli, served with chips

Plain Hamburger (GFO)

\$18.50

Toasted brioche bun with caramelised onion, lettuce, tomato, beef Pattie, cheese, served with chips

Pulled Pork Burger (GFO)

\$19.00

Toasted brioche bun drizzled in BBQ Sauce (top and bottom), pulled pork, coleslaw and cheese, served with chips

Rueben Sandwich (GFO)

\$19.50

Served on a Turkish roll, drizzled in our famous Russian dressing and topped with housemade pastrami, with sauerkraut and melted Swiss cheese and served with chips

Chicken & Bacon Burger (GFO)

\$20.00

Toasted brioche bun with smashed avocado, lettuce, tomato, char grilled chicken, bacon, topped with aioli and cheese served with chips

Ski Burger (GFO)

\$20.00

Toasted brioche bun with relish (top and bottom) bacon, cheese, lettuce, beef Pattie, fried pineapple, more bacon and cheese, (yes double bacon and double cheese) served with chips

Steak Sandwich (GFO)

\$22.50

Toasted Sour Dough, caramelised onion, lettuce, tomato, cheese, char grilled porterhouse steak, fried onion, bacon, egg and served with chips

Old School Hamburger (GFO)

\$23.00

Freshly toasted hamburger bun, caramelised onion, lettuce, tomato, beetroot, cheese, beef Pattie topped with fried white onion, bacon and egg served with chips

Pasta & Pizza

Garlic Bread	\$10.50
Sour dough garlic sub lightly toasted	
Spaghetti Bolognese	\$16.50
House made bolognese mixed in with spaghetti pasta and topped with parmesan cheese	
Fettucine Carbonara	\$18.50
House made carbonara with fettucine pasta, garlic, bacon, mushrooms, white wine, and topped with parmesan cheese	
Add Chicken	\$3.50
BBQ Pizza (GFO)	\$20.50
Served on a 12-inch base with BBQ sauce base, mozzarella, bacon, pulled pork, ham, pepperoni	
GFO (Pizza Base) an extra	\$4.50
Hawaiian Pizza (GFO) {V}	\$20.50
Served on a 12-inch base with tomato base, mozzarella, freshly cut pineapple, ham	
GFO (Pizza Base) an extra	\$4.50
Southern Pizza (GFO) {V}	\$20.50
Served on a 12-inch base with tomato base, mozzarella, thinly sliced potato, garlic, thyme, cherry tomato's	
GFO (Pizza Base) an extra	\$4.50
Margherita Pizza (GFO)	\$20.50
Served on a 12-inch base with tomato base, buffalo mozzarella, basil, olive oil, salt	
GFO (Pizza Base) an extra	\$4.50
Garlic Butter Prawns & Chilli Pizza (GFO)	\$23.50
Served on a 12-inch base with tomato base, mozzarella, garlic butter prawns, capsicum, onion, chilli, rocket	
GFO (Pizza Base) an extra	\$4.50
Creamy Garlic Fettucine Prawns	\$24.50
House made carbonara with fettucine pasta, garlic 10 prawns (tails on), white wine	

Meals

Nacho's **\$17.50**

House made chilli con carne, served on toasted corn chips with melted cheese, with sour cream, Mexican salsa

Fish of the Day **\$18.50**

Battered Fish (no bones) served with fresh salad, chips, tartar sauce and a wedge of lemon

Caesar Salad **\$19.00**

Baby cos lettuce, mixed with housemade Caesar dressing, with housemade sour dough croutons, maple glazed prosciutto, with a poach egg and parmesan cheese tossed through.

Add Chicken **\$3.50**

Chicken Schnitzel **\$19.50**

Crumbed chicken schnitzel served with fresh salad and chips, with a wedge of lemon and some aioli on the side

Thai Beef Salad (GFO) **\$20.00**

Mixed with rocket and mix lettuce, cucumber, red onion, fried shallots, cherry tomatoes, beef strips and fried GF noodles and housemade Thai sauce

Chilli Con Carne (GFO) **\$20.50**

House made spicy chilli con carne on a bed of rice, topped with sour cream and cheese, with a fresh garden salad

Chicken Parmigiana **\$22.50**

Chicken schnitzel topped with house made napolitana sauce, ham, cheese served with fresh garden salad and chips.

Garlic Prawns **\$24.50**

10 creamy garlic prawns (tails on) serviced on a bed of jasmine rice and a side of fresh salad

Porterhouse Steak (GFO) **\$35.50**

Approx 400-gram Porterhouse Steak cooked in charcoal oven cooked your way, served with either (salad and chips) or (vegetable and chips)

Choose either plain gravy, pepper gravy or mushroom gravy or mushroom sauce

Children's Menu

(Under 13 years old)

GFO (1 x slice of GF Bread) an extra

\$2.00

Baked Beans or Spaghetti on Toast {V}

\$8.00

2 x toasted thick toast with either baked beans or spaghetti

Little Breakfast (GFO) {V}

\$10.00

2 x toasted thick toast, with 1 slice of bacon and 1 egg (either poached, fried or scrambled)

Nuggets & Chips

\$10.00

6 chicken nuggets served with chips and a choice of BBQ, tomato sauce or aioli

Grilled Toast (GFO) {V}

\$10.00

1 x slice of thick toast with, ham, tomato and cheese grilled served with small chips

Deserts

Pancakes

\$15.00

2 buttermilk pancakes served with either

- (1) Berry compote, ice cream and cream, dusted in icing sugar
- (2) Nutella, ice cream and cream, dusted in icing sugar

Fruit Salad

\$13.50

Fresh seasoned fruit salad

With cream and or Ice cream

\$3.00

See our desert fridge for fresh deserts on display and available to order.

IMPORTANT NOTICE

PLEASE INFORM OUR STAFF OF ANY DIETARY REQUIREMENTS

GFO - Gluten Friendly Option Available

V - Vegetarian

Vegan Options: Please ask our staff for the current available dishes.

Your health and satisfaction are our priority!

Drinks Menu

Hot Beverages

	Small	Medium	Large
Cappuccio	\$5.00	\$5.40	\$5.80
Flat White	\$5.00	\$5.40	\$5.80
Latte	\$5.00	\$5.40	\$5.80
Mocha	\$5.00	\$5.40	\$5.80

Espresso Coffee

Short Black	\$5.00		
Long Black	\$5.00		
Piccolo	\$5.00		

Affogato			\$7.00
Iced Coffee			\$8.50
Iced Chocolate			\$8.50
Iced Chai			\$8.50
Iced Latte			\$8.50

Chai (Spice or Vanilla)

Chai Latte	\$5.20	\$5.50	\$5.90
Dirty Chai	\$5.20	\$5.50	\$5.90
Hot Chocolate (With or Without Marshmallows)	\$5.00	\$5.40	\$5.80

Syrups (Caramel, Vanilla, Hazelnut, Chai)

\$0.50

Milk Options

Full Cream Milk
Skim Milk

Soy, Almond, Oat, Lactose Free

\$0.80



Teas (pot in house) \$5.00

Classic Black. English Breakfast, Earl Grey, Green Tea, Chai, Peppermint, Chamomile

Milkshake \$8.50

Chocolate, Strawberry, Caramel, Vanilla, Banana, Spearmint, Pineapple, Coffee Honeycomb

Malt \$0.50

Banana Smoothie \$9.00

Thickshake \$10.50

Chocolate, Strawberry, Caramel, Vanilla, Banana, Spearmint, Pineapple, Coffee Honeycomb

Cold Drinks (Soft Drink, Energy Drinks, Iced Teas, Water, Sports Drinks, Etc.)

Cold assorted drinks available in take away section to purchase

Fresh Juice

Create your own, choose any of the following

Watermelon, Strawberry, Passionfruit, Pineapple, Oranges, Apple Green, Lemon, Lime, Banana, Spinach, Celery, Beetroot, Carrot, Ginger

Option 1 Pick 1 to 4 fruits \$10.00

Option 2 Pick 4 to 6 fruits \$12.50

Option 3 Pick 6 to 8 fruits \$15.00