



## BREAD SELECTION

choice of raisin toast / sourdough / white - 6  
gluten free +1.  
w // jam, vegemite, peanut butter, Nutella, honey

## ALL DAY BREAKFAST

**TURKISH BREAKFAST** 22  
Thick garlic yoghurt, poached egg, fresh herbs, pomegranate  
Aleppo pepper oil with sourdough

**OMELETTE** [Gf] 19  
Asparagus, smoked mushroom, roast tomato, spinach.  
Mozzarella cheese on Sourdough

**BREAKY PANNA COTTA** 17  
Strawberry panna cotta w/ crunchy granola.  
seasonal fruits & warm custard

**PANCAKE** 20  
w/ lime mascarpone cheese, hazelnut  
praline crumble, fresh fruits & syrup

**SMASHED AVO WITH BEET HUMMUS** [GF] 21  
Heirloom tomato, feta, poached eggs, beetroot  
hummus, dukkha, sliced beet on sourdough

**HERBS SCRAMBLE ON PITA** [GF] 19  
Chorizo, feta & herbs scrambled egg topped with  
crispy chorizo crumb & parsley oil

**BREKKY ROLL** [GF] 15  
Fried egg, bacon, cheese, hashbrown & house made  
sauce on brioche bun

**SPICED EGGPLANT** [GF] 19  
Cumin spiced eggplant, feta, roasted pine nuts,  
roquette, pomegranate, poached egg, sourdough.

**DOUBLE DOSE DEAL** 27  
Two eggs, bacon, roasted tomatoes, hash brown  
spinach, smoked mushroom, chorizo, bean on sourdough

**EGG BENNY** 19  
Double smoke ham / bacon on sourdough with grilled ]  
spinach & hollandaise | with salmon \$21

**EGGS YOUR WAY** 14  
Eggs your likes scramble, fried or poached served with  
sourdough

## LUNCH

**NOURISH BOWL** 22  
Kale, sweet potato, black rice, heirloom tomato,  
pumpkin ,sunflower seeds, sweet potato hummus.

**PROTEIN BOWL** 23  
Cabbage, quinoa, kale grilled chicken poached  
egg, asparagus, avo, beet hummus

**TUNA POCKET** 21  
Creamy herbs mayo tuna, iceberg lettuce, topped with  
fresh cucumber with chips

**CHICKEN BURGER** 23  
Cajun spiced grilled chicken, apple slaw cheese, spicy mayo  
with chips. add bacon +4

**TRUFFEL BEEF BURGER** 24  
Premium beef patty, lettuce, cheese, tomato, pickle  
cucumber truffle mayo with chips add bacon +4.

**PULL LAMB ON PITA** 22  
eggplant, lettuce, lamb ,labnehs sweet potato,  
pomegranate, with chips

**APPLE & HONEY ROASTED WALNUT SALAD** 18  
green apple, candied walnut, roquette eta  
pomegranate +chicken \$5. +salmon\$6

**GRILLED BEEF SANDWICH** 22  
rump beef, tomato & mustard jam, pickle cabbage  
roquette leaf, truffle mayo with chips

**ON THE HOOK** 29  
crispy skin salmon, braised green lentil salad, sumac  
slice fennel tomato, caviar finger lime

## SIDES

chorizo / Avo /smoked salmon \$6 5  
bacon / hashbrown / spinach / mushroom 4  
extra egg / roast tomato | beans 4  
side chips 7

## KIDS CORNER

kids pancake 9  
Ham & cheese toasties. 9  
Egg & toast 9  
chicken nuggets 10

## COFFEE

<b>Regular / Large</b>	<b>4.8 / 5.7</b>
extra shot   decaf   soy   almond   oat.	.80
add on syrup caramel   hazelnut   vanilla	.80
Batch brew	6
Mocha.	5/5.7
Hot chocolate	4.7/5.5
Chai latte	4.7/5.5
Masala chai tea	7
Affogato	6
Ice latte   Ice long black	5.5
Iced mocha, iced chocolate iced chai. (all comes with ice-cream & cream)	8.5

## TEAS

English breakfast tea, Earl grey tea.	6
Green tea   Peppermint tea	6

## Cold Brew

Flavourful, sweet, smooth blend of coffee brewed overnight & served over	6
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## COLD BEVERAGES

soft drinks	3
kombucha	6
still water	3
sparkling water	6

## HEALTHY TIPS

10

**BREAKFAST SMOOTHIE**- Oat, banana, dates,  
flax seed, chia seed & coconut water

**GREEN MACHINE** - kale, banana, Avo, date, coconut water  
Coconut yoghurt.

## FRESH JUICES

9.5

**Straight** - Orange

**Vitamin c**- carrot, orange, turmeric, ginger, lemon

**Antioxidant**- beetroot, apple, ginger, carrot

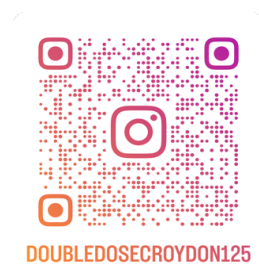
**Energy level**-apple celery, mint, spinach, cucumber

## SHAKES/ SMOOTHIES

Strawberry   Chocolate.	8.5
Banana   Mango   Mixed Berries	

## Frappe

Lychee, Coconut & Pineapple	9
Berry & Grapefruit	8.5
Mocha frappe   Chai frappe   Coffee frappe	8.5



DOUBLEDOSEROYDON125

125 Croydon Road, Croydon 2132

[www.doubledose.com.au](http://www.doubledose.com.au)

ph:0291362274

RECEIPE MAY CONTAIN NUTS & GLUTEN PLEASE CHECK WITH STAFF.