

Menu

Toast Board v gfo dfo **10**
With butter and your choice of two spreads;
vegemite/peanut butter/raspberry jam/honey
Option to substitute sourdough with GF buckwheat
and chia seed bread +4

Fruit Toast Board v gfo dfo **12**
Buckwheat fruit toast with butter

Eggs Your Way gfo dfo **15**
Poached, fried or scrambled [+\$3]
free range eggs on sourdough
On GF buckwheat and chia seed toast +4

Quinoa & Chia Porridge df vg gfo n **18**
Soft quinoa flake & chia porridge with almond
milk topped with banana biscoff crumble &
rhurbarb & raspberry compote

Chilli Scrambled Eggs gfo dfo **23**
With smoked chorizo, mojo verde, soft herbs
and fried shallots on sourdough

Sweet Corn Fritters **24**
With spiced tomato relish & cream cheese,
mojo verde with a poached free range egg
Add bacon +7

Frankie Says Omelette v gfo n **25**
Forest mushroom, whipped Yarra Valley feta,
spinach, roasted pine nut oregano crumb with
grain sourdough.

Smashed Avo vo gfo dfo vgo **25**
With house made pumpkin hummus, Yarra Valley
feta, pickled candied beetroot, dukkha & toasted
seeds on grain sourdough
Add a poached egg +4

Pulled Pork and Chorizo Eggs **26**
Honey glazed pulled pork on sourdough English
muffins, wilted baby spinach, poached eggs,
chorizo butter & paprika oil

Mexican Breakfast v **25**
Roasted mushroom & mozzarella-filled tortillas,
fried eggs, charred corn salsa, chipotle aioli

Shakshuka v gfo dfo **26**
Capsicum pipperrade, poached eggs, chorizo,
mojo verde, dukkah with turkish bread

Sticky Pork & Soba Noodle Salad vo gf df **26**
Sticky pork belly with soba noodles, Asian
vegetables in a sweet & sour chilli dressing
Add extra protein +5

Mr Frankie Crispy Chicken Burger **28**
Deep-fried buttermilk chicken served with
American cheese, Frankie housemade sauce,
lettuce and pickles on a brioche bun with side
of chips and tomato sauce

Bowl of Chips v df gf **12**
Add aioli +2

v - vegetarian gf - gluten free n - contains nuts df - dairy free vg - vegan

Sides

All sides are gluten free

Extra Egg	4	Spinach	4	Mushrooms	6	Bacon	7
Aioli	2	Roasted Tomato	4	Smashed Avo	6	Chorizo	7
Tomato Relish	3	Persian Feta	5	Potato Rosti	7	Smoked Salmon	8

Kids Menu

Available until 2.30pm

Kids Eggs On Toast gfo dfo **11**
Single poached, fried, boiled or scrambled
egg on a single piece of toast

Cheese Toastie vo gfo **10**
Cheese toasted in sourdough
+ vegemite (+1), + tomato (+1)

Belgian Waffle **12**
With fresh strawberries, vanilla ice cream
& maple syrup

Kids Bowl of Chips v df **8**
With tomato sauce

Nuggets & Chips df **13**
With tomato sauce

If you have allergies, please inform the staff when ordering

Display Fridge

Available in counter display

Ham & Cheese Croissant **13**

Ham & Cheese Toastie gfo dfo **13**
+ tomato (+1), + avocado (+4), + spinach (+2)

Egg & Bacon Brioche Roll **15**
Scrambled egg, bacon, cheese and relish
+ spinach (+2)

McFrankie English Muffin **11**
Scrambled egg, ham, cheese, aioli

Brekkie Wrap **14**
Scrambled egg, bacon, feta, spinach, relish

Veggie Wrap **14**
Seasonal vegies, pumpkin hummus, pesto,
spinach and feta

10% surcharge applies on weekends & 15% on public holidays

Hot

			Reg	Lrg
Coffee - Industry Beans	5.0	6.0		
Extra Shot	.8			
Decaf	.8			
Long Black (single origin) extra shot	.8			
Soy - Happy Happy Soy Boy	.8			
Oat / Almond - Alternate Dairy Co	.8			
Lactose Free / Coconut - Milk Lab	.8			
Tiger Milk - Madame Tiger	1.1			
Syrups - Caramel, Hazelnut, Vanilla	.6			
Babycino	2.5	-		
Hot Chocolate - Kali Chocolate	5.5	6.5		
Mocha - Kali Chocolate, Industry Beans	5.5	6.5		

Iced

Iced Latte - Industry Beans	7.5	Iced Chocolate - Kali Chocolate	8.5
Iced Coffee - With ice cream, Industry Beans	8.5	Iced Mocha - Kali Chocolate Industry Beans	8.5
Iced Long Black - Industry Beans	7.5	Iced Chai Latte - Somage Chai	8.5
Iced Matcha Latte - Matcha Maiden	8.5	Iced Dirty Chai Latte - Somage Chai & Industry Beans	8.5
Milks - Soy, almond, oat, coconut lactose free, tiger milk	.8		

Sparkling

Ginger Lime Mint Spritz - Housemade ginger syrup, lime, mint	7	Lemon Lime Bitters - Lemon syrup, lemon, lime, Angostura bitters	7
Lemon Spritz - Lemon syrup, lemon	6	Sparkling Water (750ml) - with free refills	6

Smoothies

Sunshine Smoothie Mango, orange juice, coconut milk, banana, maple syrup	12
Green Machine Pineapple, spinach, kale, mango, lime and coconut water	12
Berry Blast Mixed berry, apple, honey and ice	12

Juices

	Kids	Reg
Orange Juice - Organic Fresh	5	8
Apple Juice - Cloudy Apple	5	8
Tropical Juice - Mango, passionfruit, pear, orange, apple, pineapple, banana	5	8

Milkshakes

	Kids	Reg
Chocolate	5.5	8
Strawberry	5.5	8
Vanilla	5.5	8
Caramel	5.5	8
Coffee Shot - Industry Beans	.8	
Milks - Soy, almond, oat, lactose free	1	

Soft Drink

Jarritos Fruit-flavoured soft drink from Mexico Mexican cola, guava, pineapple, lime	5
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