

BREAKFAST

FRUIT TOAST \$ 10.00

served with butter (GFO)

FREE RANGE EGGS \$ 13.00

poached, scrambled or fried
served on sourdough (GFO)

HOUSE MADE GRANOLA \$ 18.50

toasted seeds, walnuts, cashews,
cranberries, currants, coconut, Greek
yoghurt, fresh fruit, berry coulis

ACAI BOWL \$ 19.50

acai, banana, fresh berries, coconut,
toasted grains

POACHED PEAR PORRIDGE \$ 20.00

chai poached pear, coconut milk oats,
sweet pear syrup, crumble

BREKKY BURGER \$ 19.00

fried egg, bacon, chorizo, hash
brown, relish, aioli, brioche bun (GFO)

add chips +\$5

BERRY BROWNIE BLISS \$ 23.00

house made hot cakes, mixed berry
compote, choc macadamia brownie
crumble, ice cream

EGGS BENEDICT \$ 25.00

poached eggs, potato rosti,
housemade hollandaise, choice of:

- Ham
- Bacon
- Salmon & Spinach



SPRING GREENS \$ 25.00

green beans, broccoli, smashed peas,
chimichurri, soy pepitas, potato
rosti, poached egg (VEG)

SMASHED AVOCADO \$ 23.00

poached eggs, avocado, dukkah,
chimichurri, feta, sourdough (GFO)

TRUFFLED MUSHROOMS \$ 22.00

moroccan spiced mushrooms, spinach,
truffle oil, honey, feta, sourdough (GFO, VEG)
add poached egg \$ 3.00

CORN FRITTERS \$ 24.00

poached eggs, corn fritters,
romesco, rocket, haloumi, dukkah

CHILLI SCRAMBLE \$ 22.00

scrambled eggs, chorizo, fresh
chilli, feta, fried shallots, sriracha,
sourdough (GFO)

BIG BREAKFAST \$ 29.00

poached eggs, bacon, chorizo,
mushrooms, hash brown, grilled
tomato, sourdough (GFO)

EXTRAS

- GF bread / hollandaise +2
- hash brown / tomato / egg +3
- feta / spinach +5
- chorizo / smashed avo / mushrooms +5
- bacon / haloumi / smoked salmon

LUNCH

SOUP OF THE DAY \$ 18.00

served with sourdough toast (GFO)

B.L.A.T \$ 23.00

bacon, lettuce, smashed avocado,
tomato, sourdough, chips, aioli (GFO)

CLUB SANDWICH \$ 26.00

grilled chicken, bacon, lettuce,
tomato, swiss cheese, basil pesto
aioli, sourdough, chips, aioli (GFO)

CALAMARI \$ 24.00

lightly fried and seasoned with
lemon pepper, chips, salad & aioli (GFO)

CHICKEN PARMA \$ 30.00

crumbed chicken breast, napoli,
mozzarella, chips, salad, aioli

NOURISH BOWL \$ 24.00

grilled haloumi, falafel, spinach,
rocket, quinoa, cucumber, carrot
ribbons, smashed pea & mint hummus,
lemon vinaigrette
add grilled calamari / chicken \$ 8.00

BOWL OF CHIPS \$10.00

seasoned, served with house made
aioli

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COFFEE

REG | \$5.00 - LRG | \$5.00
WHITE BLEND | SINGLE ORIGIN

ICED | \$5.00
LATTE | MOCHA | CHOCOLATE | CHAI
MATCHA | TURMERIC

ICED COFFEE | \$8.0
COFFEE, MILK, ICE CREAM

ALT. MILK | 80C
BONSOY | ALMOND | OAT
LACTOSE FREE

EXTRAS | 80C
EXTRA SHOT | HONEY | VANILLA
CARAMEL | HAZELNUT

TEA | \$5.5
ENGLISH BREAKFAST | GREEN
EARL GREY | PEPPERMINT
CHAMOMILE | LEMON & GINGER
FRESH CHAI LATTE



BEER/WINE

CORONA | \$10
PINOT GRIGIO | \$11 | \$40
SANGIOVESE | \$11 | \$40
PROSECCO | \$10.00 | \$35
MIMOSA | \$12

SPECIALS

check out our specials board or
ask our friendly staff whats on
this week

CATERING

Have an upcoming function,
special occasion or just a
casual picnic?
Ask our friendly staff about
our catering packages

COLD

SOFT DRINK | \$4.50
COKE | NO SUGAR | DIET COKE
LEMONADE | SPARKLING WATER

NOAH'S FRESH PRESSED JUICES | \$6.0
APPLE
ORANGE
APPLE CARROT GINGER
GREEN SMOOTHIE

SHAKES | \$9.50
CHOCOLATE | STRAWBERRY | BANANA
CARAMEL

SMOOTHIES | \$10.00
GREEN GOODNESS | APPLE, SPINACH,
CUCUMBER, MINT, HONEY, COCONUT WATER

MANGO MADNESS | MANGO, PASSIONFRUIT,
BANANA, ORANGE, COCONUT MILK

BERRY-LICIOUS | MIXED BERRIES,
WATERMELON, MINT, APPLE, MILK

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