



Nurcha

BODY • MIND • EARTH

MENU

Welcome to our local family run cafe & store
serving 100% plant-based food, made with love!

100% Plant-Based

Smoothies

Green Machine \$10.95

Banana, mango, passionfruit, baby spinach,
Mt. Beerwah natural spring water.

Refresher \$10.95

Pineapple, mango, mint, coconut water, baby
spinach.

Bananarama \$10.95

Banana, dates, ice, coconut milk.

Tropical Nights \$10.95

Mango, pineapple, passionfruit, coconut milk.

Nutty Professor \$10.95

Banana, peanut butter, dates, Mt. Beerwah
natural spring water, ice.

All Good \$10.95

Mango, bananas, strawberry, cold pressed
orange juice.

Choc Peanut Protein \$11.95

Banana, peanut butter, raw cacao, vanilla
protein powder, coconut milk, ice, cacao nibs.

Vanilla Banana Protein \$11.95

Bananas, vanilla protein powder, oat milk.

Strawberry Protein \$11.95

Strawberries, almond milk & vanilla protein
powder

Smoothie Extras

Chia Seeds	\$1.00	Peanut Butter	\$2.00
Ginger	\$1.50	Coyo Yoghurt	\$2.00
Spinach	\$1.50	Espresso Shot	\$1.00
Cacao Nibs	\$2.00	Protein	\$2.50

Frappes + Iced Drinks

Choc-Hazelnut Frappe \$9.95

Cacao mix, almond milk, hazelnut syrup, banana, ice,
topped with chocolate syrup and vanilla coconut
soft serve ADD Espresso shot +\$1.00

Coffee Frappe \$9.95

Oat milk blended with maple syrup, 2 espresso shots,
ice and topped with vanilla coconut soft serve

Iced Latte or Chocolate S \$5.95 L \$6.95

Milk of choice, 2 espresso shots or chocolate over ice

Iced Long Black S \$4.50 L \$5.50

Long Island Iced Black S \$5.95 L \$6.95

2 espresso shots and coconut water over ice.

Specialty Iced Drinks S \$6.95 L \$7.95

Dirty Chai • Energy Brew • Chai • Choc Chai
Hummable Awaken • Matcha • Mocha •
Biscoff Latte • Gingerbread Latte

ADD a Syrup \$0.80c

Vanilla • Hazelnut • Caramel • Maple

ADD Vanilla Coconut Soft Serve \$3.00

Shakes

Kids \$5.95 • Reg \$9.95

Made on oat milk and vanilla coconut soft serve.

Chocolate • Strawberry • Caramel

Banana • Vanilla • Mango • Biscoff

Sundaes

Vanilla Coconut Soft Serve

Plain (no topping) \$6.55

Chocolate, Strawberry or Caramel \$6.95

Coconut & Acai Blend Cup \$7.55

KITCHEN CLOSSES AT 2:30PM

• CAFE CLOSSES AT 3:30PM

Acai Bowls

Classic Acai \$17.95

Acai, house-made granola, fresh fruit and coconut flakes.

Health Nut \$19.95

Acai, house-made granola, Coyo coconut yoghurt, fresh fruit, buckinis, apricot goodness bar and coconut flakes.

Choc Lovers \$19.95

Acai, house-made granola, fresh fruit, chocolate brownie, cacao nibs, coconut flakes and chocolate drizzle.

Kids Acai Cup \$9.95

Swirl of Acai, banana and strawberry.

Acai Extras

Peanut Butter \$2.00

Coyo Coconut Yoghurt \$2.00

Extra Fruit \$3.00

Extra Granola \$3.00

Kids Menu

8:00am-2:30pm

All kids meals come with juice box of choice.

Kids Smashed Avocado \$11.95

Toasted farmhouse sourdough, smashed avocado and almond feta.

Kids Pancakes \$13.95

Two wholemeal pancakes, ice cream and maple syrup.

Kids Cheeseburger \$14.95

Plant-based burger patty with melted cheese, aioli and tomato sauce on a toasted bun with a side of wedges.

GLUTEN FREE BUN AVAILABLE +\$2.50

All Day Breakfast

8:00am-2:30pm

Smashed Avocado \$20.95

Smashed avocado on toasted farmhouse sourdough with carrot relish, house-made almond feta, pickled onions, rocket and sunflower dukkha.

GLUTEN FREE TOAST AVAILABLE +\$2.00

Breakfast Burrito \$20.95

Scrambled tofu, nacho beans, basmati rice, fresh salsa and spinach in a grilled tortilla. Served with chipotle aioli, fried garlic shallots and a side of smashed avocado.

Wholemeal Pancakes \$21.95

Three wholemeal pancakes with blueberry chia jam and macadamia quinoa granola. Served with a side of maple syrup and a scoop of vanilla ice-cream.

Rosti Benny \$22.95

Two house-made rosti, smashed avocado, rocket, roasted mushrooms, baked tomato, pickled onions, hollandaise sauce and sunflower dukkha.

Nourish Breakfast \$23.95

Toasted farmhouse sourdough, roasted mushrooms, house-made rosti, baked tomato, smashed avocado, scrambled tofu, and fresh salsa.

GLUTEN FREE TOAST AVAILABLE +\$2.00

Burgers

8:00am-2:30pm

GLUTEN FREE BUN AVAILABLE +\$2.50

Classic Cheeseburger \$22.95

Plant-based burger patty, melted cheese, smoky BBQ sauce, mixed leaves, fresh tomato, dill pickles and aioli on a toasted bun. Served with wedges & aioli.

Satay Burger \$22.95

Smoked tofu, satay sauce, smashed avocado, fresh tomato, mixed leaves, bean sprouts, fresh herbs and fried garlic shallots on a toasted bun. Served with wedges and aioli.

A NOTE ABOUT ALLERGENS

We take great care, but traces of allergens may be present. Please let our staff know if you have any allergies — many meals can be modified.



= Gluten Free



= Nut Free



= Contains Chilli

All Day Lunch

8:00am-2:30pm

Nurcha's Seasoned Wedges    **\$13.95**
Hand cut, twice baked, served with aioli and chilli jam.

Cheese Tomato Toastie  **\$14.95**
Tomato, red onion, mozzarella, sliced cheddar and aioli on toasted farmhouse sourdough.
GLUTEN FREE TOAST AVAILABLE +\$2.00
ADD A SIDE OF WEDGES & AIOLI + \$7.95

Clean Green Salad  **\$20.95**
Kale, rocket, walnuts, cranberries, and broccoli tossed with basil cashew pesto, topped with pickled onions, smashed avocado, sunflower dukkha and a side of chilli jam.
Served with **your choice** of one of the following:
house-made rosti OR smoked tofu

Satay Soba Noodle Salad   **NEW!** **\$20.95**
Soba noodles with rainbow slaw, rocket, and satay dressing topped with smoked tofu, bean sprouts, fresh herbs, fried garlic shallots and pickled chillies.

Coconut Red Lentil Dahl   **\$20.95**
Served with basmati rice, spinach, mango chilli chutney, sour cream, bean sprouts, fresh herbs, fried garlic shallots and grilled roti bread.

GLUTEN-FREE OPTION: REMOVE CHUTNEY & BREAD
GLUTEN FREE TOAST AVAILABLE +\$2.00

Thai Yellow Curry    **\$21.95**
Stir-fried vegetables and tofu in Nurcha's Thai Yellow Curry sauce, basmati rice, bean sprouts, fresh herbs, pickled chillies and fried garlic shallots.
ADD ROTI BREAD +\$2.00

Nacho Bowl   **IMPROVED!** **\$19.95**
Nacho beans, basmati rice, spinach, scrambled tofu, rainbow slaw, smashed avocado, fresh salsa, sour cream and a side of corn chips.

Nachos   **\$22.95**
Toasted corn chips topped with nacho beans, chilli jam, almond cheese, rainbow slaw, smashed avocado, fresh salsa and sour cream.

Nurcha Plate  **\$22.95**
Mixed roast vegetables, smoked tofu, citrus side salad, pickled onions, dill pickles, smashed avocado, a side of grilled bread. *GLUTEN FREE TOAST AVAILABLE +\$2.00*

Fable Tacos  
2 Tacos \$17.95
3 Tacos \$21.95
Fable mushroom meat, rocket, rainbow slaw, smashed avocado, chipotle aioli, pickled onions, fresh herbs, pickled chillies and fried garlic shallots in soft tacos.
GLUTEN FREE TACOS AVAILABLE +\$2.50

Pizza

GLUTEN FREE BASE +\$4

Cheesy Garlic **\$17.95**
Garlic parsley butter with almond cheese and mozzarella on a baked pizza base.

Peace Lovers **\$21.95**
Pizza sauce, mixed roast vegetables, spinach, sundried tomatoes, black olives, and almond cheese topped with fresh rocket and basil cashew pesto on a baked pizza base.

Fable Mushroom **NEW!**  **\$21.95**
Garlic parsley butter, Fable mushroom meat, red onion, mozzarella cheese, fresh rocket and chilli jam on a baked pizza base.

Sides + Sauces

All Sauces **\$2**

All Pickles **\$2**

Baked Tomato half **\$2**

Roti (1 pc) **\$2**

Smashed Avocado **\$3**

Smoked Tofu **\$3**

Corn Chips **\$4**

BBQ Fable **\$6**

Potato Rosti **\$4**

Field Mushrooms **\$4**

Scrambled Tofu **\$5**

Steamed Rice **\$4**

Sourdough Toast (2 pcs) **\$5**

Gluten-Free Toast (2 pcs) **\$5**

Side of Wedges   **\$7.95**
Served with aioli.

Side Salad   **\$7.95**
Mixed leaves and rainbow slaw with a sweet citrus dressing, pickled onions and micro herbs.

Breakfast Muffins & Cheese Tomato Croissants available at front counter until sold out.

Rice Paper Rolls, Wraps and quick takeaway meals available in Grab & Go fridge until sold out.

Coffee

Signature

Flat white on oat milk with a dash of maple

Flat White	Sml \$5.75	Lg \$6.25
Cappuccino	Sml \$5.75	Lg \$6.25
Latte	Sml \$5.75	Lg \$6.25
Espresso	Sgl \$4.50	Dbl \$5.00
Macchiato	Sgl \$4.50	Dbl \$5.00
Long Black	Sml \$4.50	Lg \$5.00
Piccolo	Sml \$4.50	Lg \$5.00
Babychino w/ marshmallow	\$3.00	
Affogato	\$7.95	

1 or 2 Espresso shots over a scoop of vanilla ice-cream.

Milk Choices

Oat
Bonsoy
Activated Almond
Almond
Organic Coconut
Macadamia
Tiger Milk

Coffee Extras

Espresso Shot \$1.00
Sweetener: Maple
Mason's Mushrooms \$1.50
Syrups .80c
Vanilla • Hazelnut
Caramel

Specialty Lattes

Sml \$6.50 • Lg \$7.50

Mocha
Dirty Chai
Masala Spiced Chai
Organic Ceremonial Grade Matcha
Golden Turmeric Latte

Biscoff Latte Biscoff & coffee

Gingerbread Latte

Aromatic blend of ginger, spices, maple and coffee.

Organic Energy Brew

Yerba Mate, guarana, raw cacao and maca root.

Choc Chai

Organic cacao powder, coconut sugar and chai spices.

Hot Chocolate

A blend of organic cacao powder and coconut sugar.

Hummable Awaken

Lifting blend of activated maca, astragalus, cordyceps, turkey tail and masala spices with Peruvian sourced cacao.



MT BEERWAH NATURAL SPRING WATER

Our coffee & ice machines all utilise Mt. Beerwah natural spring water - ensuring **all your drinks** are made with one of the purest waters on the planet!

Teas

Pot of Tea \$5.00

"I need a moment" by Little Wildling Co.

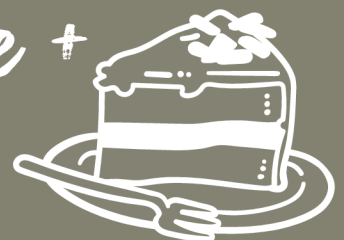
Chamomile, passionflower, lavender, hyssops, valerian.

"I am a Goddess" by Little Wildling Co.

Calendula, nettle, dandelion, burdock, liquorice root, lemon myrtle, red clover, St. Mary's thistle, stevia leaf.

- English Breakfast
- Earl Grey
- Masala Chai
- Lemon & Ginger
- Green Tea
- Jasmine, Green Tea, Mint & Rose
- Peppermint, Lemon Myrtle & Lavender

Coffee + Cake



A match made in heaven!

Choose from our range of gluten-free, dairy-free and egg-free cakes & slices. Refined sugar-free options also available.

Excludes banana bread & croissants

Sml coffee \$11.45 Lrg coffee \$11.95