

Birthday & Speciality Cakes

Cakes for any occasion and in various flavours can be organized on your behalf. Please call us to discuss the options and ensure your order is placed at least 3 days in advance

Soups

Assorted soups are available upon request (includes serving of bread).

Our soup menu includes vegetarian & vegan options \$7.90 per serve

Beverages

Assorted Juices	2lt	\$6.00
Assorted Juices	300ml	\$4.00
Sparkling Mineral Water	1.25lt	\$6.00
Sparkling Mineral Water	600ml	\$4.00
Still Water	620ml	\$2.50
Nutrient Water (Assorted)	575ml	\$4.00
Iced Tea - Peach or Lemon	500ml	\$4.00
Soft Drinks (Assorted Cans)	375ml	\$2.00
Bundaberg - Lemon, Lime & Bitters	340ml	\$3.00
Bundaberg - Guava	340ml	\$3.00
Bundaberg - Blood Orange	340ml	\$3.00
Bundaberg - Pink Grapefruit	340ml	\$3.00
Bundaberg - Gingerbeer	375ml	\$3.00
Bundaberg - Sarsparilla	375ml	\$3.00

At Soul Soup, we like to keep things simple - good food and great service

If there is anything on our menu that may not suit your requirements, please do not hesitate to contact us

Terms & Conditions

Business Hours

Our hours of operation are Monday to Friday, 7am - 4pm. We are closed on all public holidays and for the month of January

Catering Orders

All catering orders must be received before 12 noon for next day service.

Please order by either:

Email: soulsoup1@hotmail.com

Phone: Peter 0403 254 358

Maggie 0425 706 059

Due to the busy nature of our business during lunch, any catering requirements between the hours of 12pm and 1.30pm must be picked up

Cancellation

Cancellation charges of 60% of the total order will apply should your order not be cancelled prior to 12 noon the day before it is required.

48 hours notice is required for any changes

Goods & Services Tax (GST)

The quoted prices are inclusive of all applicable GST charges

Dietary Requirements

Individual dietary requirements can also be catered for. Feel free to contact us at anytime to discuss your catering and special function requirements.

All items marked with a (V) are a vegetarian option

Terms of Trade

5 Days

How to Pay

By Credit Card

To pay by VISA or MasterCard, phone 0403 254 358 or 0425 706 059

By Mail

Send cheque to:

Soul Soup Café 55 Cardigan Street CARLTON VIC 3053

Direct Deposit

Bendigo Bank

Account Number: 137673471

BSB Number: 633-000

Account Name: DAPA International Pty Ltd



Soul Soup Café Catering Menu

55 Cardigan Street CARLTON VIC 3053
www.soulsoup.com.au
0403 254 358 or 0425 706 059



Savoury Items

Mini Gourmet Rolls	\$3.90 each
Available in white or wholemeal	
Sandwiches (cut in half)	\$7.90 each
Available in white, wholemeal, light & dark rye	
Ribbon Sandwiches	\$5.90 each
Available in white, wholemeal, light & dark rye	
Health wraps (cut in half)	\$5.90 each
Pides (oven baked Turkish Bread)	\$7.90 each
Mini Croissants (savoury)	\$3.90 each

Fillings

Cheese & Salad (V)
Falafel & Salad (V)
Roasted Vegetable (V)
Bocconcini & Tomato (V) - available in rolls only
Ham, Cheese & Tomato
Ham, Cheese, Pickles & Salad
Walnut Chicken
Chicken Pesto
Egg & Lettuce
Curried Egg
Chicken Schnitzel
Roast Beef, Cheese & Salad
BLT (Bacon, Lettuce & Tomato)

Sushi Rolls

Individual Sushi Rolls cut in quarters	\$2.50 each
Prawn & Avocado	
Cooked Tuna & Avocado	
Crab California	
Chicken Avocado	
Chicken Teriyaki	
Vegetarian California (V)	
Smoked Salmon & Avocado	
Deluxe Sushi Pack	\$9.90 per pack

Vietnamese Rice Paper Rolls

Pack of 2 Vietnamese Rice Paper Rolls cut in half
Noodle filled & accompanied with dipping sauce

Vegetarian (V)
Prawn
Chicken
\$4.90 per pack

Cheese & Fruit Platters

Fresh Fruit Platter

A selection of segmented seasonal fruit	\$4.00 per serve
Shared seasonal fruit salad	\$4.00 per serve

Gourmet Cheese Platter

An array of farmhouse cheeses, including brie, creamy blue and a flavoured vintage, accompanied by dried fruits, nuts and water crackers

Each platter caters for approximately 10 serves	\$65.00 per platter
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Gourmet Cheese & Fruit Platter

A selection of farmhouse cheeses, including brie and a flavoured vintage accompanied by water crackers and seasonal fresh fruit

Each platter caters for approximately 10 serves	\$60.00 per platter
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Gourmet Food Platters

Dips & Turkish Bread (V)

A trio of homemade dips accompanied by fresh Turkish Bread

Each platter caters for approximately 10 serves	\$40.00 per platter
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Vegetarian Mezze Platter (V)

A selection of bocconcini cheese balls, roasted red capsicum, kalamata olives, roasted eggplant, roasted pumpkin, falafels, dips & turkish bread

Each platter caters for approximately 10 serves	\$60.00 per platter
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Antipasto Platter

A selection of cold meats accompanied by kalamata olives, roasted red capsicum, roasted eggplant, dips & Turkish Bread

Each platter caters for approximately 10 serves	\$60.00 per platter
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Salads

Caesar Salad	
Pasta Salad (V)	
Roasted Vegetable Salad (V)	
Thai Beef Salad	
Greek Salad (V)	\$6.90 per serve

Sweets

All sweets are served and portioned according to your requirements

Slices

Lemon	
Hedgehog	
Caramel	
Peppermint	\$3.00 each

Friands

Muesli	
White Chocolate & Macadamia	
Chocolate Chip	\$3.00 each

Muffins

Double Chocolate	
Blueberry	
Raspberry & White Chocolate	
Apple & Cinnamon	
Banana & Walnut	\$3.80 each

Cakes

Carrot Cake	
Chocolate Cake	
Jaffa Cake	
Banana Bread	\$3.00 per slice
Cupcakes	\$3.50 each

Cookies

Yo Yo's	
Queen of Hearts	
Kingsley Creams	
Nature's Harvest	\$2.50 each

Danishes & Croissants

Mini Danishes	\$2.90 each
Mini Chocolate Croissant	\$2.90 each
Mini Plain Croissant (with jam)	\$2.50 each

Gluten Free

Walnut & Pear Tart	
Gluten Free Muffins	\$4.50 each

